



No. 11.

April, 1970.

SECRETARY'S NOTES.

I am very pleased with the response by our members to help with the sponsored Swim organized by the British Heart Foundation at Riverside Baths on 7th March. Many of our swimmers took part and over £400 was raised by our Club members alone out of a total of £845. Thank you very much swimmers for such magnificent response. Special congratulations to Mr. Barry Magness who swam 25 lengths and raised £46. Well done Barry!

At a four-Club match held at Beckenham on 21st March, our team swam well against stiff opposition by Bromley Swimming Club, but only finished in third place. Total points were, Bromley 125½, Orpington 108, Erith 100 and Lamorbey 57½. Several of our usual team members were unable to swim at this match owing to previous engagements but their reserves made a very good effort to keep the side up.

The team is chosen from the swimmers with the fastest time in each stroke, in each age group. Age groups vary slightly with different Swimming Clubs. Most Clubs have races in the under 12, 14 and 16 groups but some have races for swimmers born in certain years. Therefore, our team varies at each match. The second or third fastest swimmer in each group is called on as a reserve and his position is just as important as being in the team. We must always have reserves in case of illness or last minute accident.

Most of you will have had your times checked recently on the different strokes to see if you can compete with the "team's" times. You will all have the chance again during the Points Cup Races to show what you can do and if any of you put up better times than the members of the team, then you will be chosen to represent the Club at future matches. We cannot take your times every week as we would get nothing else done, but the teachers are always watching for "team possibilities", so it's up to you to improve your speed.

D. S. Firmin.

1970 SUBSCRIPTIONS.

Your 1970 subscriptions are due on the 1st May (10/- juniors and 15/- seniors). If present members do not re-join by the end of May, I shall presume that you no longer wish to belong to the Club and will cross your name off the Register. Your place will then be taken by the next person on the Waiting List. All new members who have joined us since January of this year have paid part subscription (5/- juniors and 7/6d. seniors) for the financial year 1969 to the end of this month (April). Our financial year commences 1st May so you are all liable to pay full subscriptions (10/- juniors or 15/- seniors) for the coming year to the end of April 1971.

M. Firmin.

We are now the proud possessors of a magnificent Club banner, made and presented to the Club by Mrs. McConnell (Mandy's Mum). This is a beautiful work of art and we shall be pleased to display it at future matches. A short unveiling ceremony was held on Friday, 10th April and to show the Club's appreciation, a bouquet of flowers was presented to Mrs. McConnell and a gift of cigarettes to Mr. Brian McCabe who designed the banner.

At the Annual General Meeting, Bill Selfe and Mandy McConnell were elected as Boys and Girls Captains respectively. Two new members were elected to the Committee, Mr. S. Fitnum and Mr. A. Jones.

Races for Boys and Girls and Ladies and Men's Points Cups will be held during the summer months, commencing in May. Races are divided into four groups - Under 12's (that is for all members who are not 12 years old by 31st December 1970), Under 14's (for members who are 12 and 13 years old this year), Under 16's (members who are 14 and 15 this year) and over 16's, which are the Ladies' and Men's Groups. All members who can swim a length are expected to take part. Points are awarded for the fastest in each group. 5 Points for first place, 3 for second place, 2 for third place and everyone who takes part will receive one point. Cups are awarded to the boy and girl who obtain the most points, so all age groups stand an equal chance. Races will commence at 7.30 p.m. on the following dates, so there will be no classes after 7.30 p.m. on these nights :-

8th May	Breaststroke
12th June	Back crawl
10th July	Front crawl.

WE have arranged a match with Sevenoaks Swimming Club, at Riverside Pool, for 24th April. The match will start at 8.00 p.m. as usual so there will be normal classes up to 7.55p.m. There will be NO Adult swimming on this evening.

ON the 25th April at Riverside Pool, the Kent Amateur Swimming Association Championships will be held.

WE hope to have a six-way match in June at Riverside baths. The teams will be Gravesend, Bromley, Lewisham, Lamorbey, Orpington and Erith. The match will start at 7.30p.m. and the date will be announced as soon as possible.

WE think it advisable for swimmers to wear gym shoes or sandals (the flip flap type are ideal) on the pool side at any match, especially at Beckenham where, as the team knows, feet get very cold indeed.

OUR Gala this year will probably be on the 19th September but this will be confirmed as soon as it is arranged.

IF enough interest is shown, distance swimming will be arranged, that is 1 mile (48 lengths at Riverside Pool) and $\frac{1}{2}$ mile (24 lengths). If you are interested, please put your name on the list on the Notice Board. The swim must be done in one type of stroke only - no switching strokes half way.

ACHIEVEMENTS.

The following achievements have been made since our last Newsletter :-

Joint National Award.

Stage I	Patricia Mount	Malcolm Sanders.
Stage II	Alan Broad David Gee Sandra Dent	Jayne Hamilton Jane Cole Christine Jones.

A.S.A. Personal Survival.

Bronze	Geoffrey Betts Richard Simmonds Paul Matthews	Benjamin Offner Paul Fruen Jennifer Phillips.
Silver.	Peter Frost Susan Bloss Shirley Barton Janet Duffield	David Arnall Yvonne Blakemore Paul Matthews Jennifer Phillips.
<u>One Length.</u>	Nicola Renshaw	Julie Frost
<u>One Width.</u>	Stephen Parratt Keith M...	Christine Jeeves

ACHIEVEMENTS (OUTSIDE THE CLUB)

Gillian Watling	Silver Personal Survival
Julie O'Brien	Silver Personal Survival
Diane Tindall	Bronze Personal Survival
Kathryn Harvey	Bronze Personal Survival & $\frac{1}{2}$ mile
Christine Harvey	Bronze Personal Survival & $\frac{1}{2}$ mile.
Christine Parker	Bronze Personal Survival.

SOCIAL SECTION.

The discotheque which we had hoped to have in April has unfortunately been cancelled.

Mandy & Bill.

Attention all stamp collectors! (Philatelists sounds too posh). I already know of five other collectors within the Club and I would welcome a chat with any boy or girl, Mum or Dad regarding their interests and wants. Who knows, we might even start our own section one day.

Peter Mount.

The Social held on the 14th March in the Club Room was the most successful one held so far - more people than before turned up, which shows that the popularity of this type of evening is increasing. Some new games were played, with hilarious results, and suggestions for any new group party games are always welcome.

Social & Film Show.

We are holding a Social and Film Show on the 2nd May in the Club Room. The first half of the Social, which will start at 8.00 p.m. will consist of films of all sorts, and the second half will be one of our usual Socials.

Summer Outing.

We are this year holding our first summer outing - to Clacton - on 6th June. Anybody wishing to go on the outing should please put name and number of tickets required on the Notice Board. The cost will be 11/- each.

Dinner and Dance - A date for your diary.

This year's Annual Dinner and Dance has been booked for the 12th December at the Corinthian Restaurant, Erith. We are hoping to book the same band as we had last year and the tickets will be 30/- per person. I hope it will be as much of a success as last years.

Pam Bedford.

REMINDERS.

- | | |
|--------------|--|
| * 24th April | Match with Sevenoaks S.C. at Riverside Baths - NO swimming for adults. |
| * 25th April | Kent A.S.A. Championships at Erith. |
| * 2nd May | Social & Film Show in the Club Room. |
| * 8th May | Points Cup Races - Breaststroke. |
| * 6th June | Outing to Clacton. |
| * 12th June | Points Cup Races - Back crawl. |
| * June | Six-Way Match at Erith. |
| * 10th July | Points Cup Races - Front Crawl. |
| * September | Gala |
| * December | Dinner & Dance. |