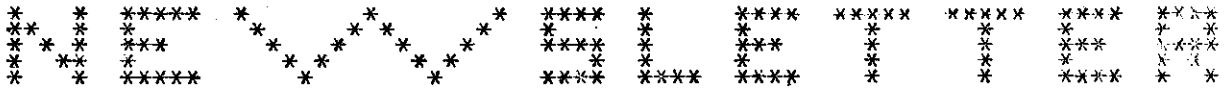


ERITH & DISTRICT SWIMMING CLUB



No. 41

May 1974

OUR first Match of the year was held on Saturday last, 18th May, at Riverside Baths when Erith S.C. were hosts to five other Clubs. Our team made a good start to the evening by winning the first two events and averaged second place throughout the evening. Only a few points separated Erith and Northfleet most of the way through the Gala but Erith went into the lead during the last relays by gaining four 2nd's and three 1st's. All our swimmers put up a tremendous fight and many personal best records were broken. Most teams were disqualified in their breaststroke events which shows that all swimmers must pay far more attention to correcting this stroke. It was disappointing to have so many disqualifications amongst the teams (especially for us when in two out of three events in which we were disqualified, we would have come first). Positions and points were as follows :-

1st Erith	215 points	4th Black Lions	160 points
2nd Northfleet	212 points	5th Beavers	79 points
3rd Gravesend	162 points	6th Downham	44 points

POINTS CUP RACES

RACES for Boys, Girls, Ladies and Men's Points Cups are held during the summer months and commenced on Friday 17th May. Races are divided into four groups - Under 12 (up to 11 years old this year), Under 14 (12 and 13 years old), Under 16 (14 and 15 years old) and Over 16, and all members who can swim a length or more must take part. Points are awarded for the three fastest in each group (not each race): 5 points for 1st, 3 points for 2nd, 2 points for 3rd place. Everyone who takes part in the races will receive 1 point for entering. Cups are awarded at the Annual Gala (this year 5th OCTOBER) to the boy and girl who obtain the most points; so all age groups stand an equal chance. Races commence at 8.00 p.m. starting with the Under 12's, so please warn your parents that you will be home later on the following dates :-

7th June	Back Crawl
5th July	Front Crawl

There will be no classes after 8.00 p.m. on these dates. We expect all members to take part so that we can get your times as this helps us a great deal when we are choosing members to represent the Club at matches throughout the year.

Results of the breaststroke and butterfly events held on 17th May are on the Notice Board. You will notice that against some names we have made comments about 'incorrect stroke' or 'screw kick'. Will the members concerned please discuss this with their teacher so that their faults can be corrected. No disqualifications were made, or will be made, during the Points Cup Races, or at our Annual Gala because of these faults but we must make it clear that if these were seen at an Inter-Club Gala you would be disqualified immediately, so we are telling you now for your own benefit. No member with a 'screw kick' or 'incorrect stroke' can therefore be chosen to represent the Club at matches, no matter how fast their speed.

## ANNUAL GALA 5th OCTOBER 1974

WE are sending out Gala entry forms earlier this year because medals have to be ordered so much in advance. All members will receive an entry form next month and this must be returned by 19th July, that is before you all go away for school holidays. All members are expected to take part in this Gala regardless of speed as it is part of the Club activities. We do not want to hear you say 'we are not good enough to enter'. You all work hard during classes and this gives you a chance to show your teachers and parents just what you have achieved through the year.

As usual, we are asking all members to sell one book of raffle tickets each (5 tickets at 5p each) to help towards the cost of the Gala, which will amount to approximately £100 this year. If you can sell more tickets we shall be very grateful, so please ask the officials for more if you require them. We have some very nice raffle prizes - an Electric Food Mixer, Electric Toaster, Bottle of Whisky, Box of Fruit and Tin of Biscuits.

For the benefit of some of our newer members and parents who may wonder why a Gala costs so much, the hire of the Pool for a Gala on a Saturday evening is £7.00 per hour (£3.00 per hour during the week) and we hire it for four hours. Medals and prizes cost about £45, plus the cost of raffle prizes, printing, stationery and advertising.

### MEMBERSHIP CARDS

WILL all members please hand in their Membership Cards as quickly as possible so that the new set of Rules may be inserted.

### ACHIEVEMENTS

1 Width	Christine Ryan Dawn Tyler	Mark McKenzie Theresa Woods	Andrew Harvey (at school)
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1 Length	Christine Ryan Gary Roose	Christopher Adby Jane Barron
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At School - Bronze Personal Survival

Andrew Scott	Jonathon Rose	Kim Cooper
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Silver Personal Survival

Kim Cooper

Gold Personal Survival

Pamela Walker	Nicola Harvey
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A.S.A. Personal Survival Test      SILVER AWARD

The following swimmers have passed the above test and will receive badges and certificates in due course :-

Ian Friend	Kim Cooper
Stacy Chilton	Stephen Callard
Terry Mortimer	Alison Sutton
Suzanne Fitnum	John Sanders

Survival tests are held on the first Friday of each month. Those swimmers wishing to take any of these tests should give their names to Mr. Bardell or Mr. Davison.

FORTHCOMING EVENTS

- Friday 7th June Points Cup Races - Back Crawl. 8.00 p.m.
- Saturday 15th June Inter-Club match at Greenwich Baths,  
hosts Greenwich S.C.
- Saturday 22nd June Inter-Club Match at Riverside Baths,  
hosts Bexley S.C.
- Friday 5th July Points Cup Races - Front Crawl 8.00 p.m.
- August Swimming for distance certificates,  
Quarter, Half and One Mile, if sufficient  
members interested.
- Saturday 14th September Inter-Club match at Sevenoaks Baths at 6.30 p.m.  
hosts Sevenoaks S.C.
- Friday 27th September Diving and Breaststroke Style heats for  
Annual Gala at Riverside Baths at 8.30 p.m.  
Classes as usual.
- Saturday 5th October ANNUAL GALA, Riverside Baths 6.00 p.m.  
for all members of Erith & District Swimming Club
- Saturday 19th October Inter-Club Match at Maidstone Baths,  
hosts Maidstone.
- Saturday 9th November Inter-Club Match at Riverside Baths,  
hosts Erith S.C.
- Saturday 16th November ANNUAL BAZAAR 2.00 p.m. St. Paul's Hall,  
Mill Road, Northumberland Heath
- Saturday 23rd November Inter-Club Match at Downham Baths,  
hosts Lewisham Ladies & Ladywell S.C.

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- Saturday 1st February ANNUAL DINNER & DANCE, Falconwood Social  
Club, Welling

Further invitations to matches will be posted on the Notice Board.