

ANNUAL GALA (Continued)

Our guests for the evening, Club President Mr. Derrick Firmin, Mrs. Firmin and this year's Kent A.S.A. President, Mrs. June Piper presented the medals and annual awards.

I hope all trophy holders will have their name engraved where appropriate as it is nice to have a record through the years.

A VERY BIG THANK YOU TO ALL WHO SOLD A RECORD NUMBER OF RAFFLE TICKETS TO HELP THE CLUB.

RAFFLE PRIZES

- 1st Prize No.001217 - J. Briggs, Belmont Road, Erith
- 2nd " 004783 - K. Holland, Cornelia Place, Erith
- 3rd " 000333 - Phone number only - c/o Mr. Byers
- 4th " 002254 - J. Jeeves, Chesworth Close, Erith
- 5th " 005669 - Sands (Phone number) Crayford
- 6th " 004923 - S. Higgins, Halcot Avenue, Bexleyheath
- 7th " 000026 - K. Affection, Ingram Road, Dartford.

CHANGING ROOM HELPER (BOYS)

If anyone knows of perhaps an Old Age Pensioner who would be willing to spend approximately 1½ - 2 hours on Fridays keeping an eye for us. A remuneration will, of course be paid for this.

SPRINT TROPHY

The Breaststroke races held on Friday, 7th October were somewhat poorly attended particularly in the younger age groups. Some excellent time improvements were recorded, however and these are a great help to us in Gala selection and this has already led to some new faces in the team for recent events.

I would like to see all of you from the 7-8 year olds up compete in the remaining races.

Dates:	4th November	Backstroke
	25th November	Frontcrawl
	9th December	Butterfly
	16th December	Winners Presentation

All races start at 8.00 p.m. - Be there.

TOP TWENTY GALA SCORES - SEPTEMBER 1982 - JULY 1983

1.	Lynn Phillips	203	13.	Suzanne Groce	107
2.	Michelle Sartain	201	14.	Marnie Thackray	105
3.	Graham Byers	170	15.	Jeffrey Hayes	95
4.	Andrew Callard	152	16.	Joanne White	87
5.	Mark Bragg	140	17.	Katie Knight	86
6.	Lynn Young	132	18.	Nicola Ormes	84
7.	Georgina Brooks	127	19.	Sammy Hayes	79
8.	Robin Parkhurst	115	20.	Kevin Hurley	75
9.	Stephen Arnott	113			
10.	Martin Eastaugh	111			
11.	Christine Ryan	111			
12.	Elizabeth Watkins	111			

Lynn holds the Anderson Trophy as winner until next year - WELL DONE!

LONDON INTER-BOROUGH SWIMMING CHAMPIONSHIPS

Well Done to Mark Bragg who, was selected as a member of the Bexley Borough swimming team and swam at Richmond on 8th October. He came second in the 100m Backstroke and first in a Mixed Medley Relay. Bexley Borough won the heat beating the much-favoured Barnet team by 7 points and now go forward to the final on 26th November at Barnet Copthall, with Mark again competing.

NEW SEASON GALA RESULTS

BROMLEY SWIMMING CLUB AT WEST WICKHAM on 17th SEPTEMBER

<u>Age Groups</u>	10 and Under	Boys & Girls
	11 " "	Boys
	12 " "	Boys & Girls
	13 " "	Boys & Girls
	15 " "	Boys & Girls
	16 " "	Boys
	Open	Boys & Girls

<u>Results</u> -	1st	St Andrews, Eastbourne	95	Points
	2nd	E.D.S.C.	151	"
	3rd	Whiteoak 'B'	201	"
	4th	Bromley	211	"
	5th	Sevenoaks	221	"
	6th	Westminster	231	"

WITHAM DOLPHINS AT WITHAM on 8th OCTOBER

<u>Age Groups</u>	Under 10
	" 12
	" 14
	" 16

<u>Results</u>	1st	Witham Dolphins	137	Points
	2nd	Braintree	135	"
	3rd	E.D.S.C.	132	"
	4th	Epping	104	"
	4th	Rochford	104	"

Erith were presented with a very nice Shield after a pleasant evening.

WHITE HORSE LEAGUE AT WEST WICKHAM (Hosts Bromley S.C.) - 15th OCTOBER

<u>Age Groups</u>	10 & Under
	12 "
	14 "
	16 "
	Open

<u>Results</u>	1st	Greenwich 'B'	194	Points
	2nd	Maidstone	171	"
	3rd	Dartford	168½	"
	4th	Bromley	167½	"
	5th	Erith	140	"
	6th	Addington	71	"

A. Bedford

LONG DISTANCE SWIMMING

Each year the British Long Distance Swimming Association hold a series of eleven Championship Swims at locations as varied as Bala in Wales with a course distance of three miles, Loch Lomond Twenty-three miles, Torbay eight miles.

For the past two years I have participated in one held in Surrey, last year at Thorpe Park and this year at Mercers Park near Redhill on 17th September with a course distance of three miles, it was too good to miss.

The Lake is an old gravel pit that is being turned into a recreation centre, very deep and at the end of the warm weather - a water temperature of no more than 60°F. It has high banks all round which makes it ideal for spectating Mums and Dads and other assorted relations. The weather was dull and windy and it seemed that all the local wasps were making a day of it around the Officials' Tent.

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LONG DISTANCE SWIMMING (Continued)

The organisation was very good even to the extent of supplying an ambulance from the local St. John's Service. Half an hour from the start there was a briefing for the swimmers explaining that the course consisted of four laps for seniors and two for juniors around a section of the lake marked out by coloured floats. Then there was just time for those who wanted to put on some grease or olive oil to keep some of the cold out and after a final roll call it was down into the water and away.

Laps one and two went by without trouble, though it's a bit discouraging for the tail enders to be lapped by the leaders after one circuit and by the start of their third circuit the leaders were climbing out having completed the course in around one hour.

By the end of the third lap the cold was getting in and the stroke was getting a bit ragged and it was a great feeling to negotiate the small island for the last time and get the finish in sight, even better to climb out of the water, into some clothes and make use of the hot tea provided by the Officials. The winner was Stephen Dockery of Warrington Dolphins L.D.S.C.

There had been around fifty starters from all over the country. A few of whom had retired. Certificates were awarded to all finishers.

The youngest swimmers were junior entrants of twelve and thirteen and the oldest was someone who should have known better from the Erith and District Swimming Club.

W. Lovett

SPARE A THOUGHT FOR THE MORE SENIOR SWIMMER

How times have changed since I first became a spectator at the Club? That was 11 years ago in 1972 when my daughter - still an occasional swimmer - was 9. In those days the Club was only allocated swimming time on a Friday night and for a good number of years each swimmer only trained for half an hour a week. There was no 'Under 10' age group and young swimmers had to swim in the 'Under 12' age group. My son joined the Club 3 years later in 1975 and in those days you went from a widths class to a three-quarter length class before joining the length class - still only half-an-hour a week.

Galas were as exciting in those days for both swimmers and parents as they are now, but not in quite the same way. We didn't win many galas or even come second many times because our children didn't train as often as other Clubs but the satisfaction of seeing them better their own time was wonderful.

It was really good news when we were allocated Tuesday nights for training in November, 1977; still half an hour sessions though, but how the swimming times started improving? We also began to do better at galas.

As you all know the young swimmers at the Club today get at least one hour of training a week, rapidly increasing to two hours as they progress. Hence they are doing well in galas, whilst the older swimmers, through lack of training in earlier years, find the opposition very tough - often standing on the blocks against County swimmers and other competitors with frightening times due to longer training periods during their years of swimming. It still pleases them when they come in third or fourth with a personal best time. So folks, please spare a thought for the small group of older swimmers who have maintained an interest in the Club and given it their support and loyalty for many years. Without this group there would be no galas with Under 16 and Open age groups!

P. Hurley

NEWSLETTER SNIPPETS

Commiserations go to Abigail and Elizabeth Bruse and Nina Walton who lost their Metropolitan Police five-a-side Area Football final held recently at the Midland Bank Sports Ground, Beckenham. Having reported their medal-winning success in the earlier divisional final. I discovered that Catherine and Tina Bennett were members of another team who were also successful in their respective divisional final. Alas, they also lost their Area football final, but nevertheless well done to all the girls in their achievements. It's good to know that we have swimmers who are not only good at their own sport, but also at Athletics and now Football!

FREE RAIL TICKETS

Thank you to the parents who have already given me sufficient washing powder tokens to exchange for Free Rail Tickets. Keep 'em coming! As a result a few lucky people will be going on the Outing to the Isle of Grain on Wednesday 26th October for free!

P. Frost

ACHIEVEMENTS

1 Width

Steven Humphries
Lee Cumberland
Amanda Allen
Tracy Avent
Rosemarie Dickinson
Deborah Weston
Rachel Marsh

1 Length

Louise Quinn
Andrew Cornelius
James Tindall
Kirsty Morrison
William Bell

Water Skills Grade I

Rosemarie Dickinson
Samantha Weaver
Carly Cella
Paul Keall
Graham Rackstraw
Antony Johnson
Karen Bohee
Rachel Marsh
Tracy Handy

Water Skills Grade II

Christopher Blackie
Zoe Draper
Claire Foster
James Tindall
Herbert Appleby
Leonard Appleby
Katrina Ciplinski
Stuart Connolly
James Cornelius
Paul Manning
Claire Rice
Joanne Isherwood
Julie Botley
Rebecca Russell
Christian Cook

WELL DONE!

FORTHCOMING EVENTS

<u>OCTOBER</u>	Saturday 29th	Gala at Sevenoaks Pool, Eardley Road. Doors open 6.30 p.m.
<u>NOVEMBER</u>	Friday 4th	SPRINT TROPHY - Backstroke - 8.00 p.m.
	Saturday 12th	TUDOR 'B' Gala, Eltham commencing 6.00 p.m.
	" 12th	White Horse League at Fairfield Pool, Dartford Hosts Dartford S.C.

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FORTHCOMING EVENTS (Continued)

<u>NOVEMBER</u>	Saturday 19th	Gala at Wimbledon Pool. Hosts Merton Swordfish Coach from Riverside 5.00 p.m.
	Friday 25th	MINI BAZAAR IN RIVERSIDE CLUBROOM commencing 7.00 p.m. Followed at 8.00 p.m. by SPRINT TROPHY - Frontcrawl
	Saturday 26th	Home Gala at Riverside. Teams from Beacon (Crowborough), Faversham, Streatham, Tonbridge & Margate.
<u>DECEMBER</u>	Saturday 3rd	DISCO at St. Martins Church Hall, Erith Road (Nr. Bus Depot)
	Friday 9th	SPRINT TROPHY - Butterfly - 8.00 p.m.
	Saturday 10th	TUDOR 'B' Gala, Eltham. commencing 6.00 p.m.
	Friday 16th	SPRINT TROPHY WINNERS PRESENTATION at 8.00 p.m.
<u>1984</u>		
<u>JANUARY</u>	Saturday 21st	TUDOR 'B' GALA at Eltham. Commencing 6.00 p.m.
<u>FEBRUARY</u>	Saturday 18th	TUDOR 'B' GALA, Eltham. Commencing 6.00 p.m.
	" 25th	Gala at Hythe S.C. (Kent)
<u>MARCH</u>	Saturday 3rd	TUDOR 'B' GALA, Eltham. Commencing 6.00 p.m.
	Saturday 10th	HOME GALA, Riverside Pool. Commencing 7.00 p.m.
	" 24th	GALA AT Gravesend & Northfleet.at Northfleet Pool
<u>APRIL</u>	Saturday 14th	TUDOR 'B' GALA at Eltham. commencing 6.00 p.m. B.S.C.A. 'Standard Time' Gala at Crook Log Baths. Hosts Bexley S.C.
<u>MAY</u>	Friday 11th	MINI BAZAAR in Riverside Clubroom at 7.00 p.m.
	Saturday 12th	White Horse 'A' League Gala at 'Home' (Riverside Pool) Commencing 7.00 p.m.
	" 19th	GALA AT DARTFORD S.C.
<u>JULY</u>	Saturday 21st	'DOLPHIN TROPHY' Gala at Faversham Open Pool
<u>SEPTEMBER</u>	Friday 14th	Frontcrawl & Backstroke - Gala Heats. From 7.30 p.m.
	Friday 21st	Butterfly & Breaststroke Gala Heats From 7.30 p.m.
	Friday 28th	Diving, Individual Medley Heats and Breaststroke Style. From 7.00 p.m.
<u>OCTOBER</u>	Saturday 6th	E.D.S.C. ANNUAL GALA. Commences 5.30 p.m.
<u>NOVEMBER</u>	Saturday 10th	TUDOR 'B' GALA at Eltham Pool Commencing .00 p.m.
	" 17th	Home Gala at Riverside Pool. Commencing 7.00 p.m.
<u>DECEMBER</u>	Saturday 8th	TUDOR 'B' GALA at Eltham Pool Commencing 6.00 p.m.

JUMBLE SALE

As we are shortly holding a Jumble Sale we will be pleased to receive any items of jumble or bric-a-brac which you want to dispose of. Please hand them in at the pool on Club nights.