

ERITH & DISTRICT SWIMMING CLUB

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No.106

FEBRUARY, 1984

SECRETARY'S NOTES

SPRINT TROPHY

After a very closely contested series our eventual winners were 9 year old Kay Bloomfield and 13 year old Graham Byers.

Well done top placings:-

<u>Boys</u>		<u>Girls</u>	
Graham Byers	28	Kay Bloomfield	33
Robin Parkhurst	24	Lynn Phillips	30
Jeffrey Hayes	21	Karen Phillips	24
Phillip Rush	21	Julia Croft	23
Andrew Stevenson	20	Abigail Bruce	23
Sammy Hayes	20	Helen Coulson	23

BRITISH LONG DISTANCE SWIMMING ASSOCIATION POSTAL CHAMPIONSHIPS

Your last chance to participate is on Tuesday, 21st February between 8.30 & 9.30, so put your name down now.

ANNUAL SUBSCRIPTIONS

Our Annual Subscriptions fall due on the 1st April and following notification from the Council of a further steep rise of 15% on top of a similar rise last year we regret that fees must be increased.

The Club Management after much thought consider that the fairest way to levy charges is to consolidate 50% of the present door money into the subscription paid and make the Annual Membership Fee £20 with 10p only paid at the door each swim. For regular Members this will only mean a small rise in annual costs. It is proposed that the subscription can be paid on request quarterly or half yearly if preferred, particularly for those families with a number of children in the Club. Whilst this proposal is similar to previous suggestions made in the past, our Club will still offer good value for money. Please bear in mind that Door Money has been held at 20p for four years and Subscriptions have remained stable since 1982.

For the record the pool will cost us £12.20 per hour to hire for Club Sessions and approx. £36.50 per hour for Saturday Galas.

Our A.G.M. is being held on Monday 5th March at the ERITH SQUASH CLUB - Club Room, so please make sure you come along. Your Notice of A.G.M. may be collected at the door.

(We have changed the venue this year owing to the Club Room at the Pool being fully booked).

'B' MATCH - SATURDAY 21st JANUARY

Although this was the Gala in which we were not competing, it was felt that owing to a sad lack of competition at this time of year we would enter some swimmers in a mixed A/B team for the evening, when everyone swam well.

Our next swim at Eltham will be for real and is on Saturday 18th February.

FRIENDLY GALA - FRIDAY, 10th FEBRUARY

The object of this competition was to involve as many swimmers as possible in our four teams and at the same time enjoy an exciting tussle with Greenwich S.C. Many very close races were held and the times in our four lanes were often very close, proving invaluable for future Gala selection.

Unfortunately the clock got the better of us resulting in five races having to be cancelled and I would like to apologise to Robert Williams, Andrew Eastaugh, Neil Young, Glen Thackray and Sarah Robb for not getting a swim

Result:-	Erith (A)	192
	Greenwich (A)	164
	Erith (B)	138
	Erith (C)	81
	Greenwich (B)	56
	Erith (D)	39

A.B. Bedford

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MAINLY FOR THE 8.30 - 9.30 SWIMMERS

I would like to take this opportunity to set out the path that our training will take for the coming months. It can be quite 'soul destroying' to be asked to flog up and down the pool week after week without knowing where it is all heading.

We have now entered the period of the year which we should think of as the most important from the point of view of quality of competition.

We have a few swimmers entered in the Kent County A.S.A. Championships which are being held from 28th January until 25th February.

On March 3rd and 24th and May 19th the Kent Schools Swimming Association Championships will be held, we would like to see our swimmers chosen by their schools to enter these events. We have White Horse League galas in March and May, the opposition will be of high quality and we do not want any disasters due to lack of training. Added to these events, we have our usual run of gala commitments so there should be something for everyone to aim at. We know that we can produce winners on our small amount of training, but this can only be done by using each hour to the maximum advantage - starting on time, completing the training schedule and sticking to the rest times indicated, no more and no less.

Our gala swims are won or lost in the training pool. Our top swimmers are completing 4000 metres a week at the moment and we must try to increase this to around 5000 in the next couple of months, which is still not all that much.

Keep an eye on the distance total at the end of the schedule and accept the challenge of completing it without dropping out.

Around the end of April we will start to ease up and concentrate a little more on stroke technique.

With a bit of luck this will put you in good shape for the Annual Club Championship Gala in October.

W. Lovett

ACHIEVEMENTS (Beginners)

Widths

Karen Bohee  
Robert Buscombe  
Kevin Clarke  
Sarah Campbell  
Timothy Dewsall  
Martin Fryer  
Matthew Gaster  
Lee Gilbert  
David Hunt  
Cassie Picket  
Phillip Porter  
Nicola Smith  
Joanna Stevens  
Amanda Stevens  
Stephen Williams

Lengths

Lee Aldridge  
Claire Conner  
Iain Fort  
Martin Garrett  
Paul Gurr  
Deborah Weston

Water Skills  
Grade I

Lee Aldridge  
Laura Allison  
Scott Bolton  
Matthew Byers  
Robert Buscombe  
Sarah Campbell  
Daniel Carter  
Kevin Clarke  
Claire Conner  
Timothy Dewsall  
Nigel Durrant  
Juliette Dewsall  
Iain Fort  
Martin Fryer  
Lee Gilbert  
Martyn Garrett  
Claire Garrett  
Joanne Greenaway  
Paul Gurr  
Malcolm Graves  
Matthew Gaster  
David Hunt  
Phillip Porter  
Cassie Pickett  
Andrew Smith  
Samantha Smith  
Nicola Smith  
Emma Sullivan  
Brian Tarling  
Kelly Taylor  
Alison Walker  
Mark Weston  
Elizabeth Watkins!!!!

Water Skills  
Grade II

Lee Aldridge  
Claire Conner  
Timothy Dewsall  
Iain Fort  
David Hunt  
Phillip Porter  
Andrew Smith  
Brian Tarling  
Deborah Weston  
Alison Walker

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.....AND ON THE SOCIAL FRONT

Once again another fun-filled year is taking shape. Some events have yet to be finalised, but we hope that there will be something for everyone to look forward too.

For starters, during the school half-term (Wednesday 22nd February), we have an ever-popular Ramble in the Kent countryside near Canterbury, so if you're at a loose end why not come along and join in the fun. (Mums and Dads welcome too!) There will be two other Rambles this year, one on the South Downs during the Easter Holidays and the other during the school Autumn Half-term.

Just before Easter, (Wednesday, 18th April) we are hoping to run an Ice Skating trip to the new Lea Valley Ice centre. (The mid-week date is an attempt to avoid the week-end crowds).

In May, we hope to run a Coach Outing to the Leisure complex at Thorpe Park, Surrey and if confirmed, a family event not to be missed'. May should also see our annual visit to the Biggin Hill Air Display, another event full of excitement.

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SOCIAL FRONT (Cont'd)

On Saturday, 2nd June, there will be an Outing to Portsmouth to see the 40th Anniversary D-Day celebrations involving many military vehicles, displays, etc. in addition, if time permits for visits to H.M.S. Victory, the 'Mary Rose' Exhibition or the Dolphin Submarine museum.

On Saturday, 23rd June, we will be holding a Family Barbecue & Disco at the 4th Barnehurst Scout Hall, Erith Road and later in the year there will be another Family Christmas Party & Disco at the same venue, on Saturday 24th November.

Although no details have officially been released, I expect Dartford Borough Council to be organising another Annual Carnival, (probably late July). If so, we shall certainly be entering another float in the parade to follow on from last years' hilarious romp! Also at the end of July, (Sunday 22nd July) we have our Annual Outing to the seaside at Westbrook, (near Margate), another family event not to be missed.

During the Summer Holidays we hope to run two differing Outings, one to the new Leisure swimming pool at Larkfield (with waves, slides, etc.) and the other, on a more educational, but fun, note to London (Guy's Hospital, Wembley Stadium - as yet to be decided .....

On the fund-raising side we will be holding Mini-Bazaars, Jumble Sales (keep on saving the old unwanted clobber for us) and will have a stall at Bexley's Donkey Derby on August Bank Holiday Monday.

To make a note of the above in your diary, please refer to the summary in the 'Forthcoming Events' column in this Newsletter. As already stated some of these events are still in their formative stages, so the best way to keep track of developments is to listen-out for announcements and to regularly check for further details on the Club Noticeboard.

THANK YOU

May I take this opportunity to thank all Mums, Dads and Swimmers for donating Persil tokens etc. Your response has been wonderful and I now have sufficient tokens to exchange for FREE Rail Tickets to be used on forthcoming Outings. Consequently, several swimmers will be going on the half-term Ramble for FREE. Once again, thank you.

P.A. Frost

FORTHCOMING EVENTS

<u>FEBRUARY</u>	Saturday 18th	Tudor 'B' Gala at Eltham 5.45 for 6 p.m. start Hosts Greenwich S.C.
	Wednesday 22nd	(School Half-term) - East Kent Ramble (details on Club Noticeboard)
	Saturday 25th	Away Gala at Hythe (Folkestone). Coach from Riverside 4.00 p.m.
<u>MARCH</u>	Saturday 3rd	Tudor 'B' Gala at Eltham 5.45 for 6 p.m. start Hosts Dartford S.C.
	Monday 5th	Club A.G.M. (Please collect a letter from entrance)
	Friday 9th	Points Cup Races - Frontcrawl 8.00 p.m.
	Saturday 10th	Home Gala at Riverside 7.00 p.m. Teams from Halstead, Hackney Central, Redhill & Reigate, Crowborough Beacon and Rochester.

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FORTHCOMING EVENTS (CONTINUED)

<u>MARCH</u>	Saturday 17th	White Horse League Gala at West Wickham. Hosts GEM (Note change of venue)
	Saturday 24th	Away Gala at Northfleet Pool Hosts Gravesend & Northfleet. Age Groups (8, 9, 10, 12 & 14 years) (omitted from last Newsletter)
<u>APRIL</u>	Friday 13th	Points Cup Races - Breaststroke 8.00 p.m.
	Saturday 14th	1) Tudor 'B' Gala, Eltham. 5.45 for 6.00 p.m. Hosts Erith. 2) BSCA Bronze & Silver Standard Gala, Crook Log Hosts Bexley S.C. (Age Groups 11 - 14)
	Wednesday 18th	Ice Skating Trip (details to follow)
<u>MAY</u>	Friday 11th	{ Mini Bazaar - Riverside Clubroom from 7.00 p.m. { Points Cup - Backstroke 8.00 p.m.
	Saturday 12th	White Horse League at Riverside commencing 7.00 p.m. Hosts E.D.S.C.
	Saturday 19th	Away Gala at Fairfield Pool, Dartford
<u>JUNE</u>	Saturday 2nd	Outing to Portsmouth for D-Day military vehicle rally, H.M.S. Victory, 'Mary Rose' Exhibition etc.
	Friday 8th	Points Cup - Butterfly 8.00 p.m.
	Saturday 9th	Away Relay Gala at Burgh Heath, Banstead Pool (25M) Hosts Redhill & Reigate S.C. (Age Group U.11 to Open)
	Saturday 16th	White Horse League at Maidstone, time to be advised.
	Saturday 23rd	Proposed Morning Jumble Sale & evening Family Barbecue and Disco. at Scout Hall, Erith Road, Barnehurst.
<u>JULY</u>	Saturday 21st	Annual Dolphin Trophy Gala at Faversham Open Pool.
	Sunday 22nd	Annual Club Outing to Westbrook (Margate)
<u>AUGUST</u>	Monday 27th	Club Fund Raising Stall at Annual Round Table Donkey Derby, Bexley. (Rugby/Cricket Ground opposite Black Prince).
<u>SEPTEMBER</u>	Friday 14th	Frontcrawl & Backstroke Annual Gala Heats Riverside at 7.30 p.m.
	" 21st	Butterfly and Breaststroke Gala Heats Riverside at 7.30 p.m.
	Saturday 22nd	Away Gala at Witham Dolphin S.C., Essex
	Friday 28th	Diving, Individual Medley Heats and Breaststroke Style at Riverside from 7.00 p.m.
<u>OCTOBER</u>	Saturday 6th	E.D.S.C. ANNUAL GALA - Finals Night commencing 5.30
	Wednesday 31st	School Half-term. Ramble (details to be confirmed)
<u>NOVEMBER</u>	Saturday 3rd	Away Gala at Wimbledon. Hosts Merton Swordfish S.C.
	" 10th	Tudor 'B' Gala at Eltham commencing 6.00 p.m.
	Friday 16th	Mini Bazaar at Riverside Clubroom from 7.00 p.m.

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FORTHCOMING EVENTS (Continued)

<u>NOVEMBER</u>	Saturday 17th	Home Gala at Riverside. commencing 7.00 p.m.
	" 24th	Proposed Morning Jumble Sale and evening Disco at Scout Hall, St. Martins Church, Erith Road, Barnehurst.
<u>DECEMBER</u>	Saturday 1st	Away Match at Streatham Pool, High Road, Streatham (All Relays)
	Saturday 8th	Tudor 'B' Gala at Eltham. Commencing 6.00 p.m.

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A D V E R T I S E M E N T

REPAIRS OR RENEWALS TO DAMAGED OR LEAKING ROOFS, CHIMNEY STACKS & GUTTERING

JOHN PRYOR

TELEPHONE: 01-301-0677

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Space permitting advertisements can be included. Will anyone interested in placing an advert please contact the Hon. Secretary.