



# Erith & District Swimming Club

Affiliated to: A.S.A. London and Kent Regions, R.L.S.S.

Club Secretary: Mrs. S. Sproston

E-mail (for all enquiries): [secretary@edsc.org.uk](mailto:secretary@edsc.org.uk)

Website: [www.edsc.org.uk](http://www.edsc.org.uk)

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## **Club Championships 2018**

**(To be held under ASA Laws and ASA Technical Rules of Swimming, licensed level 4)**

The EDSC Club Championships are an excellent opportunity for swimmers to compete and reward themselves for all of their hard work throughout the year. As a member of a competitive swimming club it goes without saying that we expect **all** swimmers to participate in **all** events that are open to them in these Championships.

We will be running 2 competitions throughout the Championships and all events are to be swum as Heat Declared Winner. Note that ages are based on age as at 31<sup>st</sup> December 2018.

### **Age Group Championships.**

Age Group Championship events are confirmed in the table on page 4. The events open to swimmers are dependent on age and squad. Medals presented 1<sup>st</sup> – 6<sup>th</sup> in the age groups listed below, on the day of swim. Swimmers will also be awarded points for each successfully completed swim. The top scoring girls and boys will be presented with Age Group Champions trophies at our Presentation Evening in January.

8yrs and under / 10yrs and under / 11-12yrs / 13-14yrs / 15yrs+

### **Sprint Championships.**

Swimmers need to successfully compete all 4 of the 25m events (without disqualification) to qualify for an award. Swimmers will be awarded points for each swim which will be added together and medals will be presented to the fastest 3 swimmers in each of the 5 age groups listed below, on the day of the last race. Fastest overall aggregate boy and girl sprinter will also be awarded with the Sprint trophy at the Presentation Evening in January to be returned the following year.

8yrs and under / 9-10yrs / 11-12yrs / 13-14yrs / 15yrs +

There are no Entry Forms for the Club Championships. Swimmers will be entered into the events that are open to them by Squad.

**Swimmers entries will be e-mailed out and published on the Club website** ([www.edsc.org.uk](http://www.edsc.org.uk)) in advance of the start of the first session. After they have been published, I encourage everyone to check their entries. If there are any errors then please advise either John Burdett ([john@edsc.org.uk](mailto:john@edsc.org.uk)) or myself ([swimmingmanager@edsc.org.uk](mailto:swimmingmanager@edsc.org.uk)) as soon as you can so that any mistakes can be rectified in advance of the start of the Championships.



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Warm up and swimmer registration times are on the event schedule on the following page. Please make a note of what events you are due to compete in and at which session they are. Warm up will start at the designated time and swimmers will be required to sign in for events that they have entered by the close of registration. Swimmers who turn up after registration closes will be refused the opportunity to take part.

Finally may I take this opportunity to remind you that all the Club Championship costs are covered as part of your memberships of E.D.S.C. There will be a small charge for spectators at the main sessions at Crook Log. All events are licensed and times gained can be used for entry into the County Championships. With everyone's support, our Club Championships should be one of the highlights of our swimming year.

If you have any questions please speak to anyone on poolside or myself at any time. I hope you all swim well in the Championships and that we see lots of personal best times. Good luck to you all!!

Sally Ghatauray

**EDSC Competitive Swimming Manager**



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## Club Championships Programme 2018

**Sunday 14<sup>th</sup> October @ Crook Log. Register by 5.20pm. Warm Up 5.30pm. End Time 8.00pm – 4LR182465**

Event 101	Girls 25m Freestyle (Academy+)
Event 102	Boys 25m Freestyle (Academy+)
Event 103	Girls 50m Backstroke (Bronze+)
Event 104	Boys 50m Backstroke (Bronze+)
Event 105	Girls 100m Individual Medley (Silver+)
Event 106	Boys 100m Individual Medley (Silver+)
Event 107	Girls 200m Freestyle (Gold+)
Event 108	Boys 200m Freestyle (Gold+)

**Thursday 18<sup>th</sup> October @ Erith. Register by 6.50pm. Warm Up 7pm. End Time 9.00pm – 4LR182466**

Event 201	Boys 200m Butterfly (Regional+)
Event 202	Girls 400m Individual Medley (Regional+)

**Sunday 11<sup>th</sup> November @ Crook Log. Register by 5.20pm. Warm Up 5.30pm. End Time 8.00pm – 4LR182467**

Event 301	Girls 25m Backstroke (Academy+)
Event 302	Boys 25m Backstroke (Academy+)
Event 303	Girls 50m Breaststroke (Bronze+)
Event 304	Boys 50m Breaststroke (Bronze+)
Event 305	Girls 50m Butterfly (Silver+)
Event 306	Boys 50m Butterfly (Silver+)
Event 307	Girls 100m Backstroke (Gold+)
Event 308	Boys 100m Backstroke (Gold+)
Event 309	Girls 200m Individual Medley (County+)
Event 310	Boys 200m Individual Medley (County+)

**Thursday 22<sup>nd</sup> November @ Erith. Register by 6.50pm. Warm Up 7pm. End Time 9.00pm – 4LR182468**

Event 401	Girls 200m Butterfly (Regional+)
Event 402	Boys 400m Individual Medley (Regional+)

**Saturday 24<sup>th</sup> November @ Crook Log. Register by 5.20pm. Warm up 5.30pm. End Time 8.00pm – 4LR182469**

Event 501	Girls 25m Breaststroke (Academy+)
Event 502	Boys 25m Breaststroke (Academy+)
Event 503	Girls 25m Butterfly (Academy+)
Event 504	Boys 25m Butterfly (Academy+)
Event 505	Girls 100m Freestyle (Silver+)
Event 506	Boys 100m Freestyle (Silver+)
Event 507	Girls 200m Breaststroke (County+)
Event 508	Boys 200m Breaststroke (County+)

**Sunday 25<sup>th</sup> November @ Crook Log. Register by 5.20pm. Warm up 5.30pm. End Time 8.00pm – 4LR182469**

Event 601	Girls 50m Freestyle (Academy+)
Event 602	Boys 50m Freestyle (Academy+)
Event 603	Girls 100m Breaststroke (Gold+)
Event 604	Boys 100m Breaststroke (Gold+)
Event 605	Girls 100m Butterfly (County+)
Event 606	Boys 100m Butterfly (County+)
Event 607	Girls 200m Backstroke
Event 608	Boys 200m Backstroke

**Thursday 13<sup>th</sup> December @ Erith. Register by 6.50pm. Warm up 7.00pm. End Time 9.00pm – 4LR182470**

Event 701	Girls 400m Freestyle
Event 702	Boys 400m Freestyle



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## Event breakdown by Squad.

	Academy	Bronze	Silver	Gold	County	Fitness	Regional	Top
25m BA	X	X	X	X	X	X	X	X
25m BS	X	X	X	X	X	X	X	X
25m FLY	X	X	X	X	X	X	X	X
25m FS	X	X	X	X	X	X	X	X
50m BA		X	X	X	X	X	X	X
50m BS		X	X	X	X	X	X	X
50m FLY			X	X	X	X	X	X
50m FS	X	X	X	X	X	X	X	X
100m BA				X	X	X	X	X
100m BS				X	X	X	X	X
100m FLY					X	X	X	X
100m FS			X	X	X	X	X	X
100m IM			X	X	X	X	X	X
200m BA					X		X	X
200m BS					X		X	X
200m FLY							X	X
200m FS				X	X	X	X	X
200m IM					X	X	X	X
400m FS							X	X
400m IM							X	X



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## Age Group Championship Events

	8 & under	9 -10yrs	11 - 12yrs	13 - 14yrs	15yrs+
25m BA	X				
25m BS	X				
25m FLY	X				
25m FS	X				
50m BA		X	X	X	X
50m BS		X	X	X	X
50m FLY		X	X	X	X
50m FS		X	X	X	X
100m BA		X	X	X	X
100m BS		X	X	X	X
100m FLY		X	X	X	X
100m FS		X	X	X	X
100m IM		X	X	X	X
200m BA		X	X	X	X
200m BS		X	X	X	X
200m FLY		X	X	X	X
200m FS		X	X	X	X
200m IM		X	X	X	X
400m FS			X	X	X
400m IM			X	X	X