



Nicholls

NEWSLETTER



April 1993
No. 142.

SECRETARY'S NOTES

B. S. C. A. Sprint Awards

These incentive speed award badges are a popular way to aim for improvement in your times. All younger swimmers should first achieve the Bronze Times in all strokes, progressing on to the Silver and Gold Times as the years pass.

All times are recorded both in club competitions and individual swims at galas, and you can compare your times with the qualifying times that are displayed on the notice board at all times.

The Oval Badges cost 95p and the flashes for each stroke cost 35p and are always available from the 'Ladies on the door'.

B. L. D. S. A. 1 Hour Postal Swims

Our entries in this ever popular event were up by 28 on 1992, with 21 Masters in the total of 89, with age ranges from 6 year old Ashleigh Starbuck to good OLD Buck Ryan.

<u>Name</u>	<u>Age at 1.1.93</u>	<u>1991</u>	<u>1992</u>	<u>1993</u>
Keiron Phillips	7	-	1299	1586
Ashleigh Starbuck	6	-	-	1657
Tom Goode	7	-	-	1676
Jon Light	8	-	-	1718
Gemma Merridan	8	-	-	1753
Daniel Young	8	-	-	1969
James Rayner	11	-	-	1998
Joanne Montague	9	-	-	2017
Rosemary Watkins	51	1792	2026	2017
Ross Jenner	9	-	2078	2117
Laura Moseley	8	-	-	2122
Zoe Hubbard	9	1572	2098	2127
Matthew Whitmore	8	-	-	2212
Paul Wallage	9	-	2100	2222
Gemma Sadler	9	1686	2070	2266
Emma Catterall	10	-	-	2271
Samantha Peach	8	-	-	2279
Rory Jenner	8	-	2083	2284
Norah Norris	44	-	-	2327
Laura Tatton	10	-	-	2351
Amit Hinocha	10	-	-	2372
Gary Richards	10	-	-	2414
Sam Humhreys	10	-	-	2424
Sarah McCook	10	-	-	2443

Laura Goode	9	-	-	2452
Laura Dorney	10	-	-	2491
Pam Bedford	45	2457	2518	2496
Lee Scott	9	-	-	2539
Matthew Carpenter	10	-	-	2548
Lauren Coward	11	-	-	2563
Kelly Dudley	9	-	2070	2568
Mick Case	14	-	-	2581
John Lawrence	35	-	-	2600
Roy Parker	39	2462	2601	2623
Tanya Chapman	10	1825	2338	2635
Kevin Jones	9	2029	2222	2645
Martin West	8	-	2189	2663
Joanne Frost	11	-	-	2663
Gemma Ford	10	-	2481	2673
Pat Griffiths	47	-	2663	2682
Laura Woodroof	12	-	-	2682
Georgina Light	11	2024	2462	2692
John Colmer	9	2264	2271	2702
Neil Wakerell	10	-	-	2702
Christopher Goater	10	-	2178	2754
Steven Lawrence	10	2395	2591	2788
Marc Merridan	9	-	2117	2798
Laura Belcher	10	1962	2447	2815
Laim Whitmore	10	-	-	2820
Nicola Shepherd	10	-	-	2826
Leanne Peile	9	1670	2313	2841
Robert Keehan	9	1988	2481	2846
Frank Rider	47	2774	2792	2858
Jon Feddon	40	-	2970	2868
Peter Day	35	-	-	2868
Dave Walker	40	2625	3008	2925
Luke Dewey	9	-	2400	2946
Christine Case	41	-	-	2946
Kirsteen Fedden	10	1924	2155	2975
Tim Bedford	13	2782	2846	2994
Kris Carpenter	10	2159	2668	2994
Sarah Hubbard	12	2601	2883	3009
Chris Partlett	9	-	-	3017
Claire Colmer	12	2854	3027	3132
Ian Goode	12	-	-	3151
Glen Scarley	11	2983	3215	3181
Dennis Watson	34	-	-	3185
Keith Affection	33	-	-	3199
Andrew Bates	10	2436	2888	3205
Peter Frost	35	3243	3324	3210
Matthew Walker	10	2456	2921	3218
Natalie Walker	12	2916	3151	3222
David Case	12	-	-	3252
Toby Larkman	13	-	-	3285
Mark Dudley	13	-	-	3401
Lorraine Coward	37	-	-	3424
Buck Ryan	55	3218	-	3428
Sean Norris	15	-	-	3453
Lauren Peile	12	3128	3252	3550
Tony Lawrence	12	2883	-	3530
Keith Walker	17	-	-	3562
Christine Ryan	25	-	-	3596

John Murray	29	3855	4023	3703
Ian Magness	13		-	3798
Paul Nicholls	12	3697	3754	3919
Jennie Newton	29	3989	4066	3922
Robert Poultney	30	-	-	3956
Robin Parkhurst	18	4090	-	4191
Trevor Jones	13	3692	3904	4195

Thank you, all those who helped in this year's count.

ALLAN BEDFORD

COMPETITION RESULTS

OCTOPUS LEAGUE - GALA WEST WICKHAM 23.1.93

Saturday, 23rd January saw the introduction of Erith into the 'Octopus' Sprint League. This league has been created to provide the opportunity for those swimmers aged between 9 and 16 who do not get, or often get, a chance to swim competitively in galas against other Clubs.

All swimmers that took part were a credit to our Club, with a number of personal best times, and no disqualifications. 1st places were achieved by Peter Webb (16U Fly), James Parker (11U Fly), Sara Case (16U Backstroke), Johnathan Baker, Sara Case, Sean Norris and Claire Smith (Mixed 16U Medley Relay).

My thanks go to Sara Case and Sean Norris for agreeing to be Team Captains and ably organising the swimmers on pool side.

Result:-

- 1st Barracuda
- 2nd Erith
- 3rd Croydon
- 4th Bromley
- 5th Streatham
- 6th Piranha

DAVE LAWRENCE

TUDOR GALA ELTHAM 20.2.93

This was a much better performance than the last gala, with our younger swimmers looking a little more sure of themselves, and our 15/U boys who have always been weak really coming into their own.

Mark Dudley did very well, winning both the Breaststroke and Backcrawl and his sister Kelly won the 10 years Frontcrawl. Well done to them both. Our relays were excellent as usual. Well done to everybody.

Result:

1st Bromley	214
2nd Erith	177
3rd Greenwich	165
3rd Rochester	165
5th Ojay's	112
6th Eltham	29

MICK THACKRAY

DIDDY LEAGUE - ROUND 1 - RIVERSIDE - 14.3.93

This was the first gala of the new league season and as always there were some younger swimmers taking part in their first gala, and quite naturally a little nervous, (but still not quite as nervous as I get).

The relays were as usual excellent, with nearly all 1st and 2nd places, showing our strength across all age ranges. Our 9 year boys were excellent winning both their relays in fine style. Well done Martin West, Lee Scott, Mark Nicholls and Rory Jenner. Solo winners were Lyndsay Smith, Emma Lawrence, Eleanor Lawrence and Liam Whitmore.

It was touch and go all the way through with Romford Town who are a very strong club, but were weakened somewhat because of swimmers away at the Essex Championships.

We almost lost it right at the end, because of a disqualification on the last relay, but managed to retain our first place. This shows the importance of concentration right to the end.

Well done everybody.

Result:

1st Erith	203
2nd Romford	197
3rd Hatfield	132
4th St. Albans	130
5th Griffin	107

MICK THACKRAY

WHITE HORSE LEAGUE GALA - RIVERSIDE - 20.3.93

The 3rd gala in this series was our 'host' gala being swum at our own pool.

The age groups this year seem to suit us a little better and we looked to have a fairly strong team swimming.

We had some excellent solo swims, with club records by Emma Lawrence in the 11/U 2 L Backstroke and our big newcomer Patrick Newsham who took the 100m Backstroke in the Open age group. Outstanding through was Paul Nicholls with 3 solo swims, including the 1/M and three 2nd places. Well done Paul. We also had some good relay results.

We usually do fairly well up to halfway in White Horse gala's and then draw away, and true to form at halfway we went into the lead. In the end we were a little disappointed to come second to Bexley, but soundly beat Dartford, Greenwich Borough Mariners and White Oak.

Result:

League points to date:

1st	Bexley	139	G. B. M.	33
2nd	Erith	147	Bexley	32
3rd	G. B. M.	155	Erith	29
4th	White Oaks	175.5	Dartford	28
5th	Dartford	182	White Oaks	27
6th	Bromley	227.5	Bromley	21

MICK THACKRAY

OCTOPUS GALA - WEST WICKHAM 20.3.93

This was the second round of the 'Octopus' League and Dave and I were much less nervous, and the swimmers acted like old hands. We were meeting the rest of the league teams at this gala and have now swum against all the competing clubs. Apart from a few minor changes the team was the same as the first round and as before did us proud. We finished an excellent 2nd to OJAYS who (dare I say it) seem to be putting in rather superior swimmers for this type of competition.

No less than 23 Personal Best Times were recorded and we had 4 1st places: Amit Hindocha, Nicola Shepherd, Peter Webb and Tony Lawrence.

The Team Captain's Sara Case and Sean Norris were a great help, doubling up as whips and general minders. One word here, it can get boring and tiring sitting on the side so bring a book or small game etc. It helps the boredom and prevents anyone getting into trouble.

The next round is on April 24th, any parent who can help please see myself or Dave Lawrence. Well done to all swimmers.

Result:

1st	Ojays	229	4th	Bromley	138
2nd	Erith	164	5th	Woodside	100
3rd	Addington	152	6th	Piranha	84

PENNY SPENCER

KENT COUNTY SWIMMING CHAMPIONSHIPS

TUNBRIDGE - 13.2.93

Only 4 swimmers took part in this event. they were Natalie Walker, Lyndsay Smith, Rebecca Russell and Paul Graimes. Rebecca made 2nd Reserve in the gruelling 4 x 2 I/M against strong opposition, there was only 1 second separating 5th, 6th, 1st and 2nd Reserve places. perhaps she will make it next year.

BLACK LION GILLINGHAM - 20.2.93

We had quite a few swimmers at the above meet and once again all swam magnificently. The swimmers were Trevor Jones, Ian Magness, Katie Attridge, Paul Nicholls, Lyndsay Smith, Andrew Bates, Matthew Walker, Gemma Ford, Emma Lawrence, Rebecca Russell and Glen Scarley.

Paul Nicholls gained our first points for us in the Championship by coming 2nd in Kent in the 100m Breaststroke in a P.B. time of 1.22.42 and a new club record. (lets hope that the County call on him to swim for them). Paul then continued in the evening by coming 5th in the 100m Fly. Rebecca Russell made 1st reserve in the 17/18 years 100m Breaststroke, and Trevor Jones narrowly missed 2nd Reserve by just 1/100th of a second.

SEVENOAKS 27.2.93

This was the last 2 gala's in this series of 8, and as usual each one of our swimmers swam magnificently (but we could still do even better if we could master the turns better). Andrew Bates came 6th in the 10/11 years 100m Backstroke with a time of 1.23.72. Trevor Jones knocked nearly 3 seconds of his time and recorded a P.B. time of 1.03.63 in the 14 years 100m Freestyle. Ian Magness came 4th in the 100m Freestyle with a P.B. time of 1.00.13 (watch out all you older swimmers) and he came 6th in the 100m Backstroke in a P.B. time of 1.12.20. Joanne Mays made 1st reserve in the 16 years 100m Breaststroke and Rebecca Russell made 2nd Reserve in the 17/18 year old 100m Backstroke. Philip Rush and Kris Carpenter were first time swimmers to these events, lets hope that they swim next year for us. Also swimming were Matthew Walker, Glen Scarley and Paul Nicholls. (Note in the finals of the Mens Open 1x2 I/M a swimmer was disqualified for a one handed touch on Breaststroke. it happens to the best). I look forward to next year, and hope that we have even more entries.

Well done to everyone that has swum over the past weeks, and a big 'Thank You' to all the parents who have come down to watch them swim week after week, it does help the morale to have some support.

CAROL RUSSELL

KENT SCHOOLS BLACK LION GILLINGHAM -GIRLS-27.3.93

Lauren Peile, Hannah Spencer, Lyndsay Smith, Heidi Green, Helen Parkhurst and Rebecca Russell all swam at the above event representing their own individual schools.

Finals were made by:

Rebecca Russell	Senior Freestyle	3rd
Helen Parkhurst	Senior Backstroke	4th
Hannah Spencer	Intermediate Backstroke	5th

CAROL RUSSELL

MASTERS SECTION.

SOUTHERN COUNTIES OPEN LONG COURSE MASTERS-CRYSTAL PALACE
27th & 28th February, 1993.

Sixteen of our Masters took part in this two day competition at Crystal Palace. The competition was extremely tough with several British, European and World records broken by swimmers from all over the Southern Counties. So for Erith Masters to come away winning six medals was a great achievement.

Some of our Masters were swimming in a 50m pool for the first time, and Carol Eastaugh and Sean Enright were swimming their first Open Gala. Everyone swam extremely well. Congratulations to you all, especially our medal winners who were:-

Jenny Newton	Bronze 200 I/M
Jenny Newton	Silver 100 Fly
Luch Cowell	Gold 50m Breaststroke
Rosemary Watkins	Bronze 50m Backstroke

Paul Graimes	Bronze 50m Backstroke
Sean Enright	Bronze 200 I/M

B.L.D.S.A. - MASTERS 1 HOUR POSTAL SWIM

Seventeen of our Masters Swimmers took part in this 1 hour swim, some for the first time. All completed the hour with brilliant results.

Robert Foultney was our best Master, he completed 118 lengths in the hour. Well Done!! Buck Ryan, the most senior male member of our Masters to take part completed an amazing 102 lengths. Lorraine Coward also completed 102 lengths in 1 hour (was this because Buck was tickling her feet or because the ladies room was calling), only kidding Lorraine. Well done!!

Robert Foultney	118 Lengths	Lorraine Coward	102 Lengths
Buck Ryan	102 "	Chris Case	87 "
Keith Affection	95 "	Pat Griffiths	80 "
Dave Walker	87 "	Pam Bedford	74 "
Peter Day	85 "	Nora Norris	69 "

Jon Feddon	85	"	Rosemary Watkins	60	"
Frank Rider	85	"			
Roy Parker	78	"			
Mick Case	77	"			
John Lawrence	77	"			
Dennis Watson	75	"			

The overall results of this nationwide postal swim should be with us in late summer, and of course a badge for all who have taken part.

Keep up the good work all of you. the training is obviously paying off.

MOYA RIDER

CHELMSFORD 20.3.93

19 of our masters swimmers took part in the 5th masters tournament, at Chelmsford on Saturday 20th March. Everyone swam well with brilliant results: 17 (1st places), 19 (2nd places) and 15 (3rd places). Jenny Newton won the award for best lady in the (A) age group overall, as did Rosemary Watkins in the (G) age group, and Buck Ryan in the (G) age group. Brenda McAloon swimming in her first open gala achieved a 2nd place in the 1 length backstroke. Well done everyone!!!!



Our Gold Medal Winning Ladies Team:
Pat Griffiths, Lorraine Coward, Christine Ryan and Jenny Newton.

MOYA RIDER

Re-Open Meet at White Oaks in December, 1992

My apologies to Lorraine Stevens. I omitted from the last newsletter that she won 2 medals for Fly and Backstroke in the above meet.

CAROL RUSSELL

PAST EVENTS

B. I. NATIONAL SWIMATHON 1993

Congratulations to our swimmers who took part in the 5000m swim at Eltham and Erith Swimming Pools. Trevor Jones completed it in 1 hour 18 min. and was the fastest at Eltham with John Murray close behind. The other individuals at Erith were Robin Parkhurst, Tony Lawrence, Tim Bedford, Peter Frost and Georgina Light. Relay teams were Pam Bedford and Pat Griffiths, Liam and Matthew Whitmore, Anushka and Sara McCook and Heather and Constance Wallington.

DEE JONES

RAMBLE IN NORTH KENT 18.2.93

A dull, cold February day welcomed our mixed group of experienced/novice ramblers at an equally uninspiring Dartford station.

Following a short rail journey, we alighted at Cuxton station, an altogether more pleasing structure with its 'old signal box, semaphore signals and traditional level crossing' adjoining the local Medway boatyard.

With views of the motorway bridge to the south and Rochester Castle to the north, our ramble was set to take us from the River Medway to the Thames at Gravesend. However, less than a mile into our journey, a farmer dissuaded us from taking a clearly marked footpath through his land, possibly another instance where local landowners are increasingly denying access to more and more rights of way. We therefore retraced our steps and encircled his land by a longer route through woodland and across ploughed fields. We climbed to Cobham Woods, once an imposing broad leaved woodland but still bearing the ravages of the 1987 hurricane. As part of the once extensive Cobham estate, in the midst of the wood stood an intriguing 18th century building, sadly much vandalised, but originally intended to be used as the Darnley family mausoleum. I subsequently learnt that it was never used for its designed purpose and current plans are for it to be turned into a house!

Eventually finding our way out of the woods, we came to the historic village of Cobham. This was history in more ways than one as both Carole Eastaugh and Carol Russell had lived there in the 1950's and they proceeded to recount how their paths could have crossed in their teenage years. However, it was time for a welcome breather and a pint, in the relative warmth of 'The Ship'

public house.

Suitable refreshed, surprise was shown at the fact that we still had another 5 miles to cover and after a brief pause for a photocall outside 'The Leather Bottle', immortalised in Dickens 'Pickwick Papers', we turned north to cross the A2, close the newly formed Stone Country Park. The decision to route the ramble through this former chalk pit avoided the notorious Thong Lane but with poor waymarking and no landmarks or sun to orientate us, I eventually led everybody astray in a big way, finding ourselves at the rear of 'The Inn of the Lake', some 400 yards from the point where we had crossed the A2 an hour or so earlier! What embarrassment, but it wouldn't have been a proper ramble if we hadn't got ourselves lost!. Having retraced our steps, we found the correct footpath and soon found ourselves on the road to Higham with views across Shorne marshes to the River Thames.

The ramble concluded in the streets of Gravesend - not quite how I had planned it, but it was still daylight and our short train journey back to Dartford was on cue.

Ramble No. 39 will surely go down as a particularly memorable one.

Footnote: If you would like to join me on the next club ramble on Thursday, 3rd June, (and I guarantee we won't get lost!), we'll be heading, somewhere a little more 'exotic' - Berkshire or Hampshire perhaps? Please watch the notice board for more information.....'

PETER FROST

FORTHCOMING EVENTS

LONDON MINI - MARATHON 18. 4. 93

Good luck to Claire Colmer and Sarah Hubbard who will be representing the London Borough of Bexley in this years London Mini - Marathon on Sunday 18th April. Claire and Sarah will be hoping to help Bexley to a repeat of it's overall victory in last year's event which follows part of the London Marathon course and immediately proceeds it.

NORTH KENT DUALTHON 1. 5. 93

I am pleased that a number of swimmers have accepted the challenge to compete in their first Dualthon at Cooper's School, Chislehurst on Saturday 1st May.

Whilst we have competed in swim/run events before, (Biathlon) Dualthon is different in the extended distances to be covered and the fact that the run commences immediately the competitor has completed the swimming discipline! Yes, no time to change, just don a pair of running shoes and you're off! Although entries have closed, we wish good luck to Claire Colmer, Sarah Hubbard, Samantha Peach, Trevor Jones and Stephen Whybrew who will be tackling this event that has jointly been organised by the North

Kent Triathlon Club and Ojays Swimming Club.

LONDON TO BRIGHTON BIKE RIDE 20.6.93

By the time these words are read, I hope to have received and distributed Rider packs to each of our 41 intrepid cyclist. Remember to retain all the information, especially your rider number in the envelope in which you received it. We don't want you losing anything!

Again, I remind you to take heed of 'The Rules of the Road', especially if you are intending to train in the weeks leading up to the ride. For your own safety, I would advise you to seriously consider purchasing a cycling helmet before 'hitting the road' for the first time.

Full details regarding Bike Ride arrangements e.g. how we get to Clapham; the support coach; will be issued shortly!

Finally, whilst many of us entered this ride on the pretext that we would be raising money for the British Heart Foundation. (B.H.F), I would remind you that our own 24 hour Charity Relay Swim should take precedence, although the decision on sponsorship obligations remain entirely yours. (don't forget that we've raised over £7,000 for the B.H.F from our 5 previous rides in the London to Brighton...)

If you have any questions, please do not hesitate to see me.

PETER FROST

SOCIAL SECTION NEWS

VALENTINE'S DISCO 13.2.93

The decision to combine this event with a presentation to all our conquering 'Speedo' swimmers added another facet to a thoroughly enjoyable evening with 'Powerful Pierre' Disco again on song. We are eternally grateful to Peter Ellingford who again turned down lucrative offers to play elsewhere, preferring to perform for the Club free of charge.

For your diaries, we have provisionally booked Carlton Hall for Saturday 17th July as our Presentation Disco for all Tudor and Diddy League swimmers.

PETER FROST

SOCIAL SECTION - FINANCIAL REPORT 1992

It occurred to the committee that many of you, especially those unable to attend the A.G.M. might benefit from an informal guide to the 1992 Accounts circulated recently. If so, read on....

The Social Section made an excess of income over expenditure during the year of £2,500 which equates to our performance in

1991. Proceeds from raffles held steady as did those from events, such as the Barn Dance, Presentation Disco, Valentine Disco and New Year's Eve Disco. Thankyou to all those people who help on the raffle tables, provide prizes, sell tickets both at poolside and at discos and many thanks to 'Powerful Pierre' who donates his disco services free on every occasion, contributing highly towards their financial success.

There was also a notable increase in the proceeds from the hire of horse and table cloth stalls and we would like to thank Mick Thackray, Dave Lawrence and Arthur Peile for their hard work. The increased income from the sale of crisps, drinks and sweets has been a bonus this year, so again, thankyou to all the ladies who work so hard there and to all of you who purchase.

Another valuable source of income during 1992 was from the sale of photos and we'd like to thank Ian Bulmer for his time and effort in this field, providing us with welcome memories for the future.

Expenditure on coaches was approximately £1,000 less than in 1991 and Peter Frost who organizes this services hope to maintain this saving in 1993. Thanks Pete.

Our main item of expenditure in 1992 was on the purchase of a computer to run the accounts for the club and to provide Desk Top publishing facilities for all our forms and artwork. We should reap the benefits of this 1993, both financially and in time saved.

The net worth of the Social Section at 31st December was £12,000 In the light of the continued recession we are hoping to pass on to our members the benefits of our past success and our aim is to break - even in 1993 whilst maintaining our social atmosphere at the same level. Certain charges will be reviewed and raffles reduced in number to ease the burden on your pockets!

We are very grateful for your support in 1992 and would appreciate your continued help in the coming year. If you have any suggestions you feel we should consider, or can provide help in any way, we'd love to hear from you. Just contact Jill or Maureen at the door or write to the Social Committee via Peter Frost or myself.

LIN WILLCOCKS-TREASURER

MANAGEMENT COMMITTEE - HON TREASURER'S REPORT 1992

We have had a good year financially despite the pool hire increase of £1,000 created by increases at both Riverside and Dartford College. A slight increase is again expected during 1993 but we have decided to keep yearly subscription's at the same level despite this. The amount of subscriptions collected has increased by 4% and door money by 17% creating an extra £2,000 overall.

This was achieved by the increase in membership.

The bank interest figure has dropped substantially due to the low interest rates over the year as well as the introduction of bank charges by our bank, who previously ran club accounts without charges.

When studying your Income and Expenditure Account you will notice some dashes appear under some 1991 items. These items were not easily identifiable on last year's accounts which were not computerised and therefore a comparison was not possible.

An increase in Trophies and Medals of £250 is due mainly to the recognition of more swimmers not only in the various leagues we swim, but also by awarding trophies to the swimmers gaining the most points in each age group in the Sprint Trophy and Points Cup series. Presentations were also increased due mainly to the exchange of visits to and from Holland during the year. Computer equipment was bought which totalled £1,000 but this was offset by a grant from Bexley Borough of £500. A depreciation policy has been agreed based on Residual Value of all items over £250 and a register is being set up of such assets.

The Balance Sheet which has now been audited has a net worth of £16,000 with £5,000 worth of stock, £8,000 on the Reserve Account and £1,500 balance on Current Account.

My thanks go once again to Lin Willcocks especially this year for sharing the ever increasing workload on the financial aspects of the Club and also to Don Murray and Dave Lawrence who took on the tasks of auditing our accounts.

FAM BEDFORD

STOP PRESS

GERMANY

Many of you are wondering what is happening regarding the trip to 'Neihem Husten' Germany in May. Well we can tell you that the team has been selected and parent's permission given, the transport and ferry details have been settled. We are awaiting final details on the number of swimmers that can actually be accommodated and where.

If anyone has any question or requires any further information please speak to either Maureen and Trevor Holmes or Jill and Mick Thackray, who will only be too pleased to answer them on the information that we have so far.

TREVOR HOLMES

LAST DATE FOR NEXT NEWSLETTER 31st MAY 1993.

1994
MARCH Sunday 13th M11 Diddy League Gala Round 1
APRIL Sunday 24th M11 Diddy League Gala Round 2
MAY Sunday 15th M11 Diddy League Gala Round 3

STOP PRESS

ERITH RIVERSIDE FESTIVAL 6.6.1993

After last years succesful Waterside Festival, you will be pleased to learn that the event is to be held again, albeit with a slight name change, on the Riverside Gardens site, on Sunday 6th June.

Those of you on-the-ball will have noticed that the event coincides with our 24hr Charity Relay Swim, or should I say, the swim has been arranged to coincide with it. Why? Well, with 5000 people again expected to attend, we are taking every opportunity to promote the Charity Relay Swim and the Club.

We also aim to raise money for the club Social Section funds. As such, we have hired 3 plots opposite the pool where we will be selling bric-a-brac and operating the Rodeo Horse and Table Cloth Trick sideshows.

Well, at least we intend to, for whilst we hope every club member/Parent will either be taking part or officiating at the swim, we sincerely hope that you will also find a little extra time to pop along and help out with our stall/sideshows. With the Riverside Festival commencing at 10.00 a.m and finishing at 5.00 p.m as many hands as possible will be needed for the tasks involved. No experience is necessary and we'll show you what you have to do. Yes, I know it's going to be exhaustive after maybe swimming in the early hours, but we really want this to be a successful and memorable weekend and an extra hour of your time will make all the difference.

A rota list to which you can add your name/preference of stall or sideshows will be appearing on the noticeboard soon. Thanks in anticipation.....

PETER FROST

STOP-STOP PRESS !!!

BEVERLEY GULL, well known Para Olympic Swimming Champion and World Record Holder, has provisionally accepted our invitation to visit Riverside in May to talk to us about her achievements and the British Sports Wheelchair Foundation which will be one of the 3 beneficiaries of our 24 hour Charity Relay Swim.

Even better news is that Beverley also wishes to be present at the start of our Charity Relay Swim on Saturday 5th June. Listen out for more exciting news.

PETER FROST

ERITH AND DISTRICT SWIMMING CLUB RECORDS 3RD APRIL 1993
Based on 36 2/3rd Yards or 33m Pool

LADIES MASTERS

AGE GROUP	DIST	STROKE	TIME	NAME	VENUE	KEY	DATE
A	1L	F/C	18.82	LUCIANA COWELL	RIVERSIDE	AG	10/11/91
A	2L	F/C	46.05	CHRISTINE RYAN	RIVERSIDE	AG	08/11/92
A	2L	B/S	1.00.91	CHRISTINE RYAN	RIVERSIDE	AG	08/11/92
A	2L	B/C					
A	2L	FLY					
A	4x1	I.M	1.45.63	LUCIANA COWELL	RIVERSIDE	AG	10/11/91
B	1L	F/C	21.41	JENNY NEWTON	RIVERSIDE	S/T	08/01/93
B	2L	F/C	47.46	JENNY NEWTON	RIVERSIDE	P/C	26/03/93
B	2L	B/S	1.00.70	CAROLINE WHITMORE	RIVERSIDE	AG	08/11/92
B	2L	B/C					
B	2L	FLY					
B	4x1	I.M	1.52.80	JENNY NEWTON	RIVERSIDE	S/T	12/03/93
C	1L	F/C	21.81	ANNE JONES	RIVERSIDE	AGH	18/10/92
C	2L	F/C	48.27	LARRAINE COWARD	RIVERSIDE	AGH	11/11/92
C	2L	B/S	1.01.66	ANNE JONES	RIVERSIDE	P/C	01/05/92
C	2L	B/C	52.61	LARRAINE COWARD	RIVERSIDE	AGH	18/10/92
C	2L	FLY	55.67	ANNE JONES	RIVERSIDE	T/T	12/06/92
C	4x1	I.M					
D	1L	F/C	22.96	CHRISTINE CASE	RIVERSIDE	AGH	18/10/92
D	2L	F/C	52.66	ANNE BURT	RIVERSIDE	S/T	27/03/92
D	2L	B/S	1.03.70	CHRISTINE CASE	RIVERSIDE	P/C	01/05/92
D	2L	B/C	1.05.81	CHRISTINE CASE	RIVERSIDE	AGH	18/10/92
D	2L	FLY					
D	4x1	I.M	2.13.99	CHRISTINE CASE	RIVERSIDE	S/T	12/03/93
E	1L	F/C	26.08	PAT GRIFFITHS	RIVERSIDE	T/T	09/02/92
E	2L	F/C	1.00.95	PAT GRIFFITHS	RIVERSIDE	AG	08/11/92
E	2L	B/S	1.14.20	PAT GRIFFITHS	RIVERSIDE	AG	08/11/92
E	2L	B/C	1.24.51	PAM BEDFORD	RIVERSIDE	AGH	08/11/92
E	2L	FLY					
E	4x1	I.M					
F	1L	F/C	20.45	BERYL COSHALL	RIVERSIDE	AGH	18/10/92
F	2L	F/C	48.68	BERYL COSHALL	RIVERSIDE	AGH	11/11/92
F	2L	B/S	1.29.63	ROSEMARY WATKINS	RIVERSIDE	P/C	01/05/92
F	2L	B/C	1.02.03	BERYL COSHALL	RIVERSIDE	AGH	18/10/92
F	2L	FLY					
F	4x1	I.M					
G	1L	F/C	37.25	ROSEMARY WATKINS	RIVERSIDE	S/T	08/01/93
G	2L	F/C	1.27.64	ROSEMARY WATKINS	RIVERSIDE	P/C	26/03/93
G	2L	B/S					
G	2L	B/C					
G	2L	FLY					
G	4x1	I.M					

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AGE GROUP A - 25yrs to 29yrs B - 30yrs to 34yrs
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ERITH AND DISTRICT SWIMMING CLUB RECORDS 3RD APRIL 1993
Based on 36 2/3rd Yards or 33m Pool

MENS MASTERS

AGE GROUP	DIST	STROKE	TIME	NAME	VENUE	KEY	DATE
A	1L	F/C	17.22	DAVID BUCK	RIVERSIDE	S/T	08/01/93
A	2L	F/C					
A	2L	B/S					
A	2L	B/C					
A	2L	FLY					
A	4x1	I.M	1.44.70	JOHN MURRAY	RIVERSIDE	AGH	01/11/91
B	1L	F/C	18.18	JOHN MURRAY	RIVERSIDE	T/T	08/01/93
B	2L	F/C	41.38	JOHN MURRAY	RIVERSIDE	P/C	26/03/93
B	2L	B/S	57.31	PETER FROST	RIVERSIDE	AG	10/11/91
B	2L	B/C					
B	2L	FLY					
B	4x1	I.M	2.13.48	PETER FROST	RIVERSIDE	AGH	01/11/91
C	1L	F/C	22.36	PETER FROST	RIVERSIDE	AGH	18/10/92
C	2L	F/C	50.13	DAVID WALKER	RIVERSIDE	AG	10/11/91
C	2L	B/S	56.57	PETER FROST	RIVERSIDE	P/C	01/05/92
C	2L	B/C	1.05.36	PETER FROST	RIVERSIDE	P/C	15/05/92
C	2L	FLY					
C	4x1	I.M	2.04.45	PETER FROST	RIVERSIDE	S/T	13/03/92
D	1L	F/C	20.35	TREVOR HOLMES	RIVERSIDE	AGH	13/11/91
D	2L	F/C	45.15	TREVOR HOLMES	RIVERSIDE	AG	10/11/91
D	2L	B/S	54.66	TREVOR HOLMES	RIVERSIDE	AG	10/11/91
D	2L	B/C	1.02.70	DAVID WALKER	RIVERSIDE	AGH	18/10/92
D	2L	FLY					
D	4x1	I.M	1.57.81	TREVOR HOLMES	RIVERSIDE	AGH	01/11/91
E	1L	F/C	20.03	TREVOR HOLMES	RIVERSIDE	S/T	10/01/92
E	2L	F/C	44.94	TREVOR HOLMES	RIVERSIDE	AG	08/11/92
E	2L	B/S	53.63	TREVOR HOLMES	RIVERSIDE	AG	08/11/92
E	2L	B/C	56.68	TREVOR HOLMES	RIVERSIDE	AG	08/11/92
E	2L	FLY					
E	4x1	I.M	1.57.52	TREVOR HOLMES	RIVERSIDE	S/T	13/03/92
F	1L	F/C	22.38	MICHAEL RYAN	RIVERSIDE	AGH	03/11/91
F	2L	F/C	50.54	MICHAEL RYAN	RIVERSIDE	AG	10/11/91
F	2L	B/S					
F	2L	B/C					
F	2L	FLY					
F	4x1	I.M	2.10.25	MICHAEL RYAN	RIVERSIDE	AGH	01/11/91
G	1L	F/C	22.42	MICHAEL RYAN	RIVERSIDE	S/T	13/03/92
G	2L	F/C	50.56	MICHAEL RYAN	RIVERSIDE	P/C	27/03/92
G	2L	B/S					
G	2L	B/C	57.55	MICHAEL RYAN	RIVERSIDE	AG	08/11/92
G	2L	FLY					
G	4X1	I.M	2.06.46	MICHAEL RYAN	RIVERSIDE	S/T	13/03/92

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ERITH AND DISTRICT SWIMMING CLUB RECORDS 3RD APRIL 1993
Based on 25m Pool

LADIES MASTERS

AGE GROUP	DIST	STROKE	TIME	NAME	VENUE	KEY	DATE
A	50M	F/C	30.67	LUCIANA COWELL	T. WELLS	KCMC	12/09/92
A	100M	F/C	1.08.02	LUCIANA COWELL	T. WELLS	KCMC	12/09/92
A	50M	B/S	39.09	LUCIANA COWELL	T. WELLS	KCMC	12/09/92
A	50M	B/C					
A	50M	FLY	35.50	JENNY NEWTON	T. WELLS	KCMC	23/11/91
A	4x1	I.M	1.17.58	LUCIANA COWELL	T. WELLS	KCMC	12/09/92
B	50M	F/C	39.60	CAROL DUDLEY	T. WELLS	KCMC	23/11/91
B	100M	F/C	1.22.11	CAROLINE WHITMORE	T. WELLS	KCMC	23/11/91
B	50M	B/S	46.05	CAROLINE WHITMORE	T. WELLS	KCMC	23/11/91
B	50M	B/C	49.04	CAROL DUDLEY	T. WELLS	KCMC	23/11/91
B	50M	FLY					
B	4x1	I.M	1.30.43	CAROLINE WHITMORE	T. WELLS	KCMC	23/11/91
C	50M	F/C	34.97	LARRAINE COWARD	T. WELLS	KCMC	12/09/92
C	100M	F/C					
C	50M	B/S	43.67	ANNE JONES	T. WELLS	KCMC	12/09/92
C	50M	B/C	37.88	LARRAINE COWARD	T. WELLS	KCMC	12/09/92
C	50M	FLY	37.64	ANNE JONES	T. WELLS	KCMC	12/09/92
C	4x1	I.M	1.25.71	LARRAINE COWARD	T. WELLS	KCMC	12/09/92
D	50M	F/C	37.87	CHRISTINE CASE	T. WELLS	KCMC	23/11/91
D	100M	F/C					
D	50M	B/S	45.06	CHRISTINE CASE	T. WELLS	KCMC	12/09/92
D	50M	B/C	56.07	PAM BEDFORD	T. WELLS	KCMC	23/11/91
D	50M	FLY	43.16	CHRISTINE CASE	T. WELLS	KCMC	12/09/92
D	4x1	I.M	1.35.15	CHRISTINE CASE	T. WELLS	KCMC	12/09/92
E	50M	F/C	42.39	PAT GRIFFITHS	T. WELLS	KCMC	23/11/91
E	100M	F/C	1.36.71	PAT GRIFFITHS	T. WELLS	KCMC	23/11/91
E	50M	B/S	53.91	PAT GRIFFITHS	T. WELLS	KCMC	23/11/91
E	50M	B/C	51.20	PAT GRIFFITHS	T. WELLS	KCMC	23/11/91
E	50M	FLY					
E	4x1	I.M	1.52.50	PAT GRIFFITHS	T. WELLS	KCMC	23/11/91
F	50M	F/C	34.66	BERYL COSHALL	T. WELLS	KCMC	12/09/92
F	100M	F/C	1.18.02	BERYL COSHALL	T. WELLS	KCMC	12/09/92
F	50M	B/S	1.03.59	ROSEMARY WATKINS	T. WELLS	KCMC	12/09/92
F	50M	B/C	42.68	BERYL COSHALL	T. WELLS	KCMC	12/09/92
F	50M	FLY					
F	4x1	I.M					

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ERITH AND DISTRICT SWIMMING CLUB RECORDS 3RD APRIL 1993
Based on 25m Pool

MENS MASTERS

AGE GROUP	DIST	STROKE	TIME	NAME	VENUE	KEY	DATE
A	50M	F/C	28.03	PAUL GRAIMES	T. WELLS	KCMC	12/09/92
A	100M	F/C	1.02.03	PAUL GRAIMES	T. WELLS	KCMC	12/09/92
A	50M	B/S	37.47	JOHN MURRAY	T. WELLS	KCMC	12/09/92
A	50M	B/C	33.08	PAUL GRAIMES	T. WELLS	KCMC	12/09/92
A	50M	FLY	33.10	JOHN MURRAY	T. WELLS	KCMC	23/11/91
A	4x1	I.M	1.15.09	JOHN MURRAY	T. WELLS	KCMC	23/11/91
B	50M	F/C	37.23	PETER FROST	T. WELLS	KCMC	23/11/91
B	100M	F/C	1.13.78	ROBERT POULTNEY	T. WELLS	KCMC	12/09/92
B	50M	B/S	40.47	PETER FROST	T. WELLS	KCMC	23/11/91
B	50M	B/C					
B	50M	FLY					
B	4x1	I.M	1.29.34	PETER FROST	T. WELLS	KCMC	23/11/91
C	50M	F/C	36.24	DAVID WALKER	T. WELLS	KCMC	23/11/91
C	100M	F/C	1.20.68	DAVID WALKER	T. WELLS	KCMC	23/11/91
C	50M	B/S	40.98	PETER FROST	T. WELLS	KCMC	12/09/92
C	50M	B/C	44.76	DAVID WALKER	T. WELLS	KCMC	23/11/91
C	50M	FLY					
C	4x1	I.M	1.30.38	PETER FROST	T. WELLS	KCMC	12/09/92
D	50M	F/C	32.44	TREVOR HOLMES	T. WELLS	KCMC	23/11/91
D	100M	F/C	1.12.78	TREVOR HOLMES	T. WELLS	KCMC	23/11/91
D	50M	B/S	38.36	TREVOR HOLMES	T. WELLS	KCMC	23/11/91
D	50M	B/C	45.26	DANIEL DONOVAN	T. WELLS	KCMC	12/09/92
D	50M	FLY	37.65	TREVOR HOLMES	T. WELLS	KCMC	23/11/91
D	4x1	I.M	1.21.55	TREVOR HOLMES	T. WELLS	KCMC	23/11/91
E	50M	F/C	37.34	BARRY MAGNESS	T. WELLS	KCMC	12/09/92
E	100M	F/C	1.27.21	BARRY MAGNESS	T. WELLS	KCMC	12/09/92
E	50M	B/S	38.44	TREVOR HOLMES	T. WELLS	KCMC	12/09/92
E	50M	B/C	42.87	FRANK RIDER	T. WELLS	KCMC	12/09/92
E	50M	FLY	38.18	TREVOR HOLMES	T. WELLS	KCMC	12/09/92
E	4x1	I.M	1.31.71	FRANK RIDER	OTTERS	OM	3/10/92
F	50M	F/C	35.29	MICHAEL RYAN	T. WELLS	KCMC	23/11/91
F	100M	F/C					
F	50M	B/S					
F	50M	B/C	41.13	MICHAEL RYAN	T. WELLS	KCMC	23/11/91
F	50M	FLY	44.21	MICHAEL RYAN	T. WELLS	KCMC	23/11/91
F	4x1	I.M	1.29.81	MICHAEL RYAN	T. WELLS	KCMC	23/11/91
G	50M	F/C	36.70	MICHAEL RYAN	T. WELLS	KCMC	12/09/92
G	100M	F/C					
G	50M	B/S					
G	50M	B/C	41.47	MICHAEL RYAN	T. WELLS	KCMC	12/09/92
G	50M	FLY					
G	4x1	I.M	1.29.27	MICHAEL RYAN	T. WELLS	KCMC	12/09/92

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Methodists Church Hall, Picardy Road,
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