



# NEWSLETTER

SEPTEMBER 1998

ISSUE:162

## ASA CHILD PROTECTION POLICY

The ASA have issued guidelines to every club advising them to keep a register of all spectators who wish to either photograph or video swimmers during their sessions or at galas held at the pool. We would, therefore, ask parents to see Pam or Allan Bedford, who will keep the register, to seek their permission to use such equipment during our sessions or galas. This is for your own protection.

## KENT CHAMPIONSHIPS HELD FEBRUARY AND MARCH

This year we only entered a few swimmers who had qualified for the Championships and most of them had never swum at this level before.

Our only finalist was Philip Brown in the 12yrs and under Freestyle. Congratulations to Philip who swam a personal best and came 6th in the final. Philip also swum in the 12yrs Backstroke, see separate report for further details.

Congratulations also to Ryan Carver who competed in the 13yrs Butterfly and Freestyle and made 1st reserve for the final in the Butterfly.

The following swimmers competed in the Championships:-

Stephen Kihara	13yrs	Breaststroke
Louise Hoyne-Butler	12yrs	Breaststroke
Luke Dewey	15yrs	Freestyle
Peter Gravell	15yrs	IM & Butterfly

## KENT CHAMPIONSHIPS - RELAYS HELD AT CRYSTAL PALACE

This year we again entered teams in the relays for the age groups 12/U, 13/14yrs and 15/16yrs. Our results this year were better than last year. We had four teams that made the finals and the boys 12/U Medley Philip Brown, Luke Fuller, Terry Ponton and Steven Hartley came 5th, missing a medal by .65. The 12/U Boys Freestyle Philip Brown, Luke Fuller, Terry Ponton and George Warnes came 8th in the final.

The other two finalists were Boys 15/16yrs Freestyle team Chris Goater, James Parker, Luke Dewey and Gary Richards finished 6th and the Girls 15/16yrs Freestyle Leanne Peile, Clare Greenaway, Sarah McCook and Heather Wallington came 7th in the final. WELL DONE ALL SWIMMERS!

Results of remainder of teams:

		Result
Girls 12/U Medley	Tiffany Brown Susan Murray Louise Hoyne-Butler Shelley Carver	11th
Girls 12/U F/S	Tiffany Brown Louise Hoyne-Butler Shelley Carver Rikki Ferguson	14th
Girls 13/14yrs Medley	Elizabeth Hayes Tracey Thomas Hayley Gough Helen Shepherd	10th
Girls 13/14yrs F/S	Elizabeth Haynes Hayley Gough Helen Shepherd Helen Smith	9th
Girls 15/16yrs Medley	Leanne Peile Clare Greenaway Sarah McCook Heather Wallington	12th

Boys 13/14yrs F/S	Ryan Carver Stephen Kihara Mark Nicholls Daniel Richards	10th	3.
Boys 13/14yrs Medley	Ryan Carver Stephen Kihara Mark Nicholls Philip Brown	12th	
Boys 15/16yrs Medley	Chris Goater James Parker Luke Dewey Gary Richards	10th	

My thanks to everyone who supported our swimmers at these events.

CHRIS CASE

### WINTER CUP - RIVERSIDE - 21st FEBRUARY 1998

This was our first home gala that myself, Penny and Dave had organised and we decided to hold a 'B' gala as many of these swimmers do not have the chance to swim in a gala in their own pool. We picked a programme of all one length swims for all ages from 11/U upwards which gave us 69 events altogether. We had a good response from other clubs and had no problem getting 5 other clubs to compete.

The gala ran very smoothly and although we were lying last for most of the gala, towards the end, we overtook GBM and finished 4th one point ahead of Eltham Stingrays.

Well done to all swimmers and especially to those 21 swimmers who got P.B.'s and congratulations to the following swimmers who all won their individual events:- Chris Boyle 12/U Back, David Case 18/U Freestyle, Daniel Richards 14/U Back, Tracey Thomas 14/U Breast, Tony Lawrence 18/U Fly and Mark Holmes Open Breast. The boys butterfly relay team Lee Smith, Chris Boyle, Luke Fuller, Christopher Howard, Peter Gravell, James Parker, David Case and Tony Lawrence swam brilliantly to get first place.

Our President Trevor Holmes presented the 'Winter' Cup to the winners Gravesend & Northfleet after an exciting gala.

**Results:**

1st	GRAVESEND & NORTHFLEET	278
2nd	CLACTON	259
3rd	WITHAM DOLPHINS	236
4th	ERITH	227
5th	ELTHAM STINGRAYS	226
6th	GBM	220

**CHRIS CASE, PENNY SPENCER AND DAVE LAWRENCE**

**TUDOR LEAGUE GALA No 5 - ELTHAM - 18TH APRIL 1998**

**RED TEAM**

This was our first taste of a Tudor Gala, which nearly didn't start due to the starter and his dodgy gun. He even fired it in the middle of the Girls Open Butterfly race, which had to be raced again.

Our first impression was that, although there were three other teams in the gala, the only thing that mattered was the rivalry between Erith Red and Erith White teams.

Although we are inexperienced in this at the moment we were impressed with the performances of 12/U Luke Fuller in all his races. Also the girls 12/U Freestyle Relay team who were:- Amy Glasscock, Kerry Dewey, Jodie Tye and Emma Wallace.

A mention to two new swimmers Jade Barclay and Kelly Bealing. Congratulations to all swimmers who obtained P.B.'s, some obtained more than one. They were:-

10/U

RACHEL ASHBY  
STUART RUSSELL  
JADE BARCLAY  
MATTHEW SHEAD  
WAYNE SLOUGH  
KATIE GLASSCOCK  
KELLY BEALING

12/U

LAUREN THOROGOOD  
LUKE FULLER  
JODIE TYE  
EMMA WALLACE  
LEE SMITH  
DARREN ABBOTT  
AMY GLASSCOCK  
KERRY DEWEY

14/U  
 HAYLEY GOUGH  
 MARK NICHOLLS  
 PHILIP POWER  
 SIMON BARRET  
 TRACEY THOMAS  
 AMY SHARP

OPEN  
 SARAH HUBBARD  
 STEVEN LAWRENCE  
 DAVID ELLINGFORD  
 JOANNE FROST  
 PAUL WALLACE

We must say well done to all the swimmers of the red team after all everyone is important in a winning team.

JO BARCLAY AND VANESSA BEALING

### WHITE TEAM

This was another excellent performance by the White team. Where we came second by a very small margin.

There were some excellent individual and team performances which had all the Erith contingency on the edge of their seats, as many races were very close.

There were some great swims, particularly by the 10 & Under boys relay teams and the Open swimmers. Rikki Ferguson and Rory Jenner also had some excellent races.

The result was:-

1st	ERITH RED	225.5
2nd	ERITH WHITE	223
3rd	ELTHAM	218
4th	LARKFIELD	182.5
5th	ORPINGTON	

Well done Erith White Team!!!!

SIMONE RIDER  
 TEAM MANAGER

### ROUND 2 - JUNIOR SPEEDO M11-19TH APRIL 1998

After a very uneventful journey (we didn't get lost) we arrived at the newly built Hoddesdon pool (where once again the designer hadn't heard of spectators.)

We started brilliantly with 1st in both the mixed 9 years Freestyle relay and the boys 10 years 2L freestyle. Hoddesdon, Harlow and Bishops Stortford all proved to be very stiff competition and at halfway we were in 4th place.

However, despite being quite a few swimmers missing the children pulled out all the stops obtaining 60 P.B.'s and 11 first places, enough to bring us up to 3rd place at the end.

Worthy of individual mentions are the seemingly unbeatable relay teams of the under 9's and the under 10 boys Wayne Slough, Michael Redpath, Joe Carroll and Stuart Russell who achieved 1st place in all their relays.

Well done everyone who took part.

JILL CARROLL

## M11 JUNIOR SPEEDO LEAGUE SWIMMERS POINTS & POSITIONS 1998

Pos'n		Points	Pos'n		Points	Pos'n		Points
1st	Matthew Shead	76	15th	Shelley Carver	36	29th	Amy Glasscock	19
2nd	Kelly Bealing	72	16th	Kerry Dewey	34		Sam Piibeam	19
3rd	Michael Redpath	64	17th	Jade Baclay	33	31st	Lauren Thorogood	17
4th	Andrew Unwin	63	18th	Terry Ponton	32		Judith Goodey	17
5th	George Warnes	53	19th	Daniel Byskup	29		Charles Kibisu	17
6th	Georgina Campbell	51	20th	Danny Bayne	28	34th	Susan Murray	16
	Stuart Russell	51	21st	Lisa Dyer	27		Natalina Semedo	16
8th	Luke Fuller	48		Louise Hoyne Butler	27	36th	Lucy Craggs	14
9th	Wayne Slough	47	23rd	Katie Glasscock	25	37th	Hollie Ferguson	13
10th	Adele Howard	45	24th	Tiffany Brown	24	38th	Scott Ponton	12
	Joe Carroll	45		Lee Smith	24	39th	Lauren Mahoney	7
12th	Rachael Ashby	40	26th	Sherie Silver	23		Christine Nye	7
13th	Steven Hartley	39	27th	Rikki Ferguson	22		Shelley Georgiou	7
14th	Phillip Brown	37	28th	Fred Kibisu	21	42nd	Jodie Tye	5

## TUDOR LEAGUE RED TEAM

### SWIMMERS POSITIONS AND POINTS 1997/98

7.

Pos'n		Points	Pos'n		Points	Pos'n		Points
1st	Mark Nicholls	130	21st	Wayne Slough	54	41st	Steven Lawrence	26
2nd	Luke Fuller	121	22nd	Joanne Mays	53		Kelly Bealing	26
3rd	Mark Holmes	103	23rd	Trevor Holmes	51	43rd	Katie Glasscock	25
4th	Hayley Gough	101	24th	Jennifer Still	48	44th	Jodie Tye	24
5th	Joanne Frost	94	25th	Lauren Mahoney	47	45th	Jenny Newton	23
6th	David Ellingford	93	26th	Matthew Shead	44	46th	Sammie Jo Pease	21
7th	Paul Wallace	89	27th	Darren Cooper	40	47th	Shelley Georgiou	20
8th	Simon Barrett	84	28th	Hollie Ferguson	39	48th	Jade Barclay	18
	Tracey Thomas	84	29th	Emma Wallace	37	49th	Marnie Thackray	16
	Heather Wallington	84	30th	Louise Hoyne Butler	36		Gary Lansdale	16
11th	Rachael Ashby	82		Philip Power	36	51st	Laura Cummings	12
12th	Lee Smith	75		Glenn Thackray	36		Emma Hoyne-Butle	12
13th	Christopher Gladw	75	33rd	Darren Abbott	35	53rd	Daniel Caulfield	11
14th	Stuart Russell	74	34th	Sarah Jefferson	34	54th	Jessica Chan	10
	Amy Sharp	74	35th	Zoe Hubbard	33		Rebecca Amato	10
16th	Amy Glasscock	71	36th	Tiffany Brown	32	56th	Leanne Thorogood	9
17th	Kerry Dewey	66		Christopher Howard	32		Keir Ratcliff	9
	Sarah Hubbard	66	38th	Simon Facer	30	58th	Philip Cuningham	5
19th	Lauren Thorogood	65		Michelle Thorogood	30			
20th	Mark Power	56	40th	Richard Morrison	29			

## TUDOR LEAGUE WHITE TEAM

### SWIMMERS POSITIONS AND POINTS 1997/98

Pos'n		Points	Pos'n		Points	Pos'n		Points
1st	Gemma Merridan	119	21st	Laura Carroll	52	41st	Ian Facer	20
2nd	George Warnes	104	22nd	Lisa Dyer	50		Tracey Cooper	20
3rd	Clare Greenaway	103		Lucy Craggs	50	43rd	Adele Howard	20
4th	Christopher Boyle	90	24th	Daniel Richards	46	44th	Warren Jones	18
5th	Helen Smith	89	25th	Sherie Silver	44	45th	Beth Keech	16
6th	Mark Still	80	26th	Susan Murray	42		Christine Nye	16
7th	Emma Phillips	76		Gary Richards	42	47th	Rebecca Morgan	14
	Danny Bayne	76	28th	David Peach	37	48th	Frank Rider	12
	James Parker	76		Heidi Green	37	49th	Stuart Redpath	11
	John Murray	76	30th	Louise Morgan	34	50th	Martin Jenner	10
11th	Rikki Ferguson	72		Luke Hoare	34		Hannah Mitchelson	10
12th	Katie Jefferson	71	32nd	Kevin Jones	33	52nd	Alana Fitch	9
13th	Rory Jenner	69		Andrew Unwin	33	53rd	Grace Broadhurst	8
14th	Helen Shepherd	68	34th	Samantha Peach	32		Emma Prior	8
15th	Fred Kibisu	67	35th	Simone Rider	31	55th	Amy Robinson	7
16th	Michael Redpath	61	36th	Ben Wallace	30		Christopher Partlett	7
17th	Matthew Kirk	60	37th	Natasha Jelly	28	57th	Georgina Campbell	5
18th	Hannah Timberlake	59	38th	Miranda Newitt	27	58th	Charles Kibisu	4
19th	Joe Carroll	58	39th	Judith Goodey	23			
20th	Sarah McCook	55	40th	Stephen Howard	21			

**ORPINGTON GALA – 2<sup>ND</sup> MAY 1998**

Result :-

1 <sup>st</sup>	ERITH	274
2 <sup>nd</sup>	LEATHERHEAD	263
3 <sup>rd</sup>	EDENBRIDGE	230
4 <sup>th</sup>	ORPINGTON	228
5 <sup>TH</sup>	REDHILL	208
6 <sup>TH</sup>	BEAVER	163

**LUKE LAWLESS SHIELD B GALA – 16<sup>TH</sup> MAY 1998**

Result :-

1 <sup>st</sup>	REDHILL & REIGATE	100
2 <sup>nd</sup>	BARRACUDA	98
3 <sup>rd</sup>	DORKING	85
4 <sup>th</sup>	ERITH	79

**WHITE HORSE LEAGUE GALA NO 5 – 16<sup>TH</sup> MAY 1998**

Result :-

1 <sup>st</sup>	WHITE DARTS	89
2 <sup>nd</sup>	CROYDON	126
3 <sup>rd</sup>	GBM	160
4 <sup>th</sup>	BROMLEY	167
5 <sup>th</sup>	ERITH	183
6 <sup>th</sup>	ROCHESTER	225



**WHITE HORSE LEAGUE GALA No.6 - 13th JUNE 1998**

**Results:-**

1st	GBM	111
2nd	WHITE DART	113
3rd	CROYDON	125
4th	ERITH	176
5th	BROMLEY	194
6th	ROCHESTER	210

**WHITE HORSE LEAGUE 1997 - 1998**

**Final League Positions:-**

1st	WHITE DART	71 points
2nd	GBM	65 points
3rd	CROYDON	62 points
4th	ERITH	53 points
5th	BROMLEY	49 points
6th	ROCHESTER	35 points

**Top Ten Point Scorers:-**

1st	NIKKI BRANDSTETTER	75 points
2nd	ELIZABETH HAYNES	66 points
3rd	IAN MAGNESS	57 points
4th	ALISON NYE	52 points
	LEANNE PEILE	52 points
6th	PAUL NICHOLLS	45 points
7th	GEORGE WARNES	45 points
8th	PHILIP BROWN	39 points
9th	MARC MERRIDAN	38 points
	LOUISE HOYNE-BUTLER	38 points

The past season in the White Horse League was one of the toughest experiences and we believe that we can be proud of our overall placing. Many thanks to those

of you that have competed over the past year (some 68 of you in all), and congratulations to those of you who achieved top 10 placings.

The level of competition is extremely high in this league, but it is so important that we do persevere in order for our club to be able to compete at even higher levels. Sadly, Rochester Swimming Club have decided that they will not be competing in the 1998-99 season, but, every effort is being made to find a new member.

Lisa & I will be continuing with the league secretary role for the next year, so please do all you can to make our lives as easy as possible! The 1998-99 dates have not yet been finalised, but as soon as they are, please slip them into your diary as we will need to field the strongest team possible to achieve an even better place in this following year. Hopefully, you will also see some changes to the programme of events in the coming season.

A quick reminder that Lisa & I deal with Speedo and White Horse League galas. If you have any questions please speak to us at any training session or give us a call at home on 01322-351414.

Once again, thank you for all your hard work this season.

JOHN BURDETT  
LEAGUE SECRETARY

### MASTERS SECTION

#### 7TH GUERNSEY MASTERS MEET - 27th to 29th MARCH 1998

This Master meet was the most enjoyable I have done so far. The ambience was relaxed, friendly and the organisation was superb. Definitely one to be put in the diary for next year.

The weekend started on a note of panic, with frantic phone calls hours before, to sort out flights; but thanks go to Keith Russell who ran us down to Gatwick 5 hours earlier than necessary! (Things could only get better). This gave Dennis Vick the chance to renew acquaintances at the airport and he soon managed to spot Glen Thackray amongst the crowd.

Eventually, having been upgraded to Business Class, we departed on our short flight to Guernsey.

Friday night started well with Dennis swimming a good 200m Freestyle and a P.B. for Carol Goodey in the 50m Backstroke. Alison Nye swam a superb 100m breaststroke and, unexpectedly, broke the British Record, which was ratified on Saturday. Jenny Newton swam a good 400m Freestyle to win her age group.

Afterwards we all departed for the bar and then down to the harbour for an excellent meal.

Saturday morning we were all feeling sluggish and bloated, but Jenny won the 100m Freestyle in her age group and Alison won the 50m Fly and 100m I.M. Dennis, unfortunately, has a vivid imagination when it comes to entry times!!! We could all relax in the afternoon because there was no swimming.

The meet continued in the same 'jolly' atmosphere having befriended the Wavney Otters. Jenny was still on winning form with good performances in the 200m Freestyle, 100m Fly and 200m I.M. Dennis swam 50m Breaststroke, 50m Fly and the 100m Freestyle, where he was disqualified, but after causing a fuss, was the first person I have ever known to be reinstated. Carol swam 50m Fly, 100m Freestyle and 100m Backstroke after which she did nothing for the rest of the evening.

Sunday morning culminated in the 50m Freestyle and good swims for Dennis and a P.B. for Carol, with Jenny doing the splits and a new British record for Alison, for which she was presented with a Carriage clock. A magnanimous gesture she felt.

Everyone departed for a Championship lunch and presentation of awards. I recommend this event for anyone embarking on Master's swimming.

ALISON NYE

**SOUTHERN COUNTIES MASTERS COMPETITION**  
**SATURDAY 18TH APRIL AND SUNDAY 19TH APRIL 1998**

This competition took place over a very long weekend, with 18 people turning up gaining us 29 individual medals. We came 1st in 8 relays, 2nd in 1 relay and 3rd in two more relays. Alison Nye won 6 golds, one for each individual race she entered.

Jenny Newton and Rosemary Watkins were the only mad ones to stay on Saturday evening to swim in the 400m Freestyle race.

Erith came 1st on Saturday with 133 points, Bromley 2nd with 125 points and 2nd on Sunday with 131 points to Haywards Heath with 133 points.

It was a very good weekend and it would be nice to see more Masters taking part in this event.

C age group	J.NEWTON	200m I/M 200m F/S	Silver Silver	400m F/S 100m B/F	Gold Bronze
C age group	C.ROSS	100m F/S 100m B/F	Gold Silver	50m B/F 50m F/S	Silver Gold
C age group	C.CASE	50m B/S	Bronze		
D age group	A.NYE	200m I/M 50m B/S 100m B/S	Gold Gold Gold	100m F/S 50m B/F 50m F/S	Gold Gold Gold
B age group	L.COWELL	50m B/S 50m F/S	Gold Gold	100m B/S	Gold
E age group	K.SMITH	100m F/S 200m F/S	Silver Bronze	50m B/F	Bronze
H age group	R.WATKINS	100m B/S	Bronze		
B age group	P.GRAIMES	100m B/S	Bronze		
C age group	T.WILKES	100m B/S	Gold	50m B/S	Silver
A age group	M.RUSSELL	100m B/F 100m F/S	Silver Silver	50m F/S 50m B/F	Silver Gold
F age group	T.HOLMES	100m B/S	Bronze		

We came first in the following relays:-

Ladies 120 years F/S

Ladies 160 years Medley

Ladies 160 years F/S

Mens 100 years Medley

Ladies 120 years Medley

Ladies 100 years Medley

Ladies 100 years F/S

Mens 120 years Medley

We had a second in the Mens 100 years F/S relay and thirds in the Mens 100 years Medley relay and 120 years relay.

Other relays and individuals were swum. The competition was very good and all swam very well making this our best year, so far, at the Southern Counties.

ROSEMARY WATKINS

**CANTERBURY OPEN MASTERS MEET**  
**SATURDAY 11TH JULY 1998**

10 ladies and 12 men turned up for this event, which was an afternoon and evening gala. Shaun Smith and Andrew West swam their first gala.

Tim Wilks and Mark Russell won golds in 5 individual races, Alison Nye won 6 individual golds, Clair Ross 5 individual golds and Freda Gardener 3 individual golds.

Clair Sweeney, who has just joined Erith, won 3 gold and 1 silver, Luch Cowell won 3 gold, 1 silver and 1 bronze. Jason Schulz won a gold, 3 silver and a bronze. Keith Russell won 1 gold and 2 silver, Jenny Newton 1 gold and 3 silver, Rosemary Watkins 2 gold, 2 silver and 3 bronze. Carol Goodey 1 gold and 2 bronze, Carol Estaugh 2 bronze, Dennis Vick 3 silver, Frank Rider 1 silver and 2 bronze. Trevor Holmes 2 silver and 2 bronze, Andrew West 2 bronze and Dean Greenaway and Shaun Smith a bronze each.

Overall we were in 8 relays and came 1st in 5, 2nd in 2 and 3rd in 1.

We won the trophy for the best club with 159 points followed by Canterbury with 130 points.

This was a very good gala which was finished off with a very good meal and coach ride home.

**ROSEMARY WATKINS**

**KENT MASTERS**  
**SATURDAY 5TH SEPTEMBER 1998**

A record number of people turned up for the Kent Masters, 15 ladies and 16 men. Susan Wilding, Miranda Newitt and John Burdett have reached the grown up world of the masters and found it is not easy, there are some very fast swimmers in the masters group.

The following medals are for individual races only:-

Clair Ross and Freda Gardener won 4 golds each, Buck Ryan and Tim Wilks had 2 gold and 2 silver, Mark Russell won 2 gold 2 silver and 1 bronze, Jenny Newton won 2 gold, 2 silver and 2 bronze, Jason Schulz had 1 gold, 2 silver and 1 bronze, Luch Cowell won 2 gold and 1 silver, Claire Sweeney 2 gold 2 silver and 1 bronze, Kathy Smith 1 gold 2 bronze, Rosemary Watkins and Elizabeth Wilding 2 silver and 2 bronze each. Yvonne Berry 2 silver and 1 bronze. Susan Wilding, Chris Case, Carol Estaugh, Dean Greenaway and Michael Case all won a silver

medal. Dennis Vick won 2 silver and 1 bronze, David Buck had 2 silvers and Richard Wilding and John Burdett both had a bronze medal each. Out of 16 relays raced we won 10 gold medals, 4 silver and 1 bronze. The only relays we cannot enter are the 240 years as we do not have enough "really" old swimmers.

Overall, out of 19 clubs that entered, Erith came first with 137 points. Bromley were second with 93 points. This is the second year we have won the trophy and this time our leader went on holiday!

The talking point of the gala was a gentleman from Bromley S.C. who swam all his races in a ladies costume.

ROSEMARY WATKINS

### SOCIAL SECTION

#### LONDON MARATHON SPONSORSHIP

For thousands participating in this years London Marathon, their efforts did not end when they crossed the finish line in the Mall as there was sponsorship to collect for their chosen charities. For Peter Frost, the Imperial Cancer Research Fund, (I.C.R.F.) was the sole beneficiary and he would like to take this opportunity to again thank all club members and parents who pledged sponsorship, helping him to raise a total of £1568.00 for the I.C.R.F.

#### CHARITY FUND RAISING

For those of you who witnessed the antics of the E.D.S.C. "Spicey Girls" last year, there was always a serious side to our performances, and in addition to boosting monies raised in the 24 hour charity swim, a further £60.00 was recently presented to "Tommy's Campaign" for Mothers and Babies, from the sale of "Spicey Girl's" calendars.

A big thank you to the members and parents who purchased a copy of the calendar - don't worry, once we get to the end of October, you won't have to put up with my ugly mug any longer.....!

## SWIM CLINIC 14th JUNE 1998

15.

Our recent Swim Clinic gave swimmers, young and old, the opportunity to rub shoulders with 2 of the U.K's top internationals, 4 times Olympian and British 100 metres Breaststroke record holder, Suki Brownsdon and European Gold and World Bronze 200 metres Freestyle medallist, Andy Clayton.

Suki and Andy's advice on diet and stroke technique were just two of the topics on the Swim Clinic agenda and a successful afternoon ended with the obligatory autographs and photos.

From feedback received, we shall certainly consider organising another Swim Clinic next year.

## PRESENTATION DISCO 18TH JULY 1998

The spacious hall of Trinity School, Erith provided us with a new venue for our Summer Presentation Disco. Joining us to honour our White Horse, Tudor and Junior Speedo League swimmers was former U.K. Butterfly and Backstroke champion, Helen Slatter. With Peter and Chris Ellingford providing a winning mix of music, an enjoyable evening was had by all.

Our thanks to the parents and swimmers who had helped put the hall back into 'as found' condition. Such help is always welcome and encourages good relations with those in charge of a facility - especially important whilst we continue our search for somewhere to hold our New Year's Eve Family Celebration.

Footnote: Both Andy Clayton and Helen Slatter qualified for the Commonwealth Games in Kuala Lumpur. We wish them every success and will follow their exploits on the 'Beeb'.

## AUTUMN 2 DAY RAMBLE IN SOMERSET

If you haven't yet decided to join us on this exciting event during October half term, (Thursday 29th and Friday 30th October), there are 7 places available at the time of writing. During a packed 2 day programme, our route will take us across the Somerset Levels and up to the Mendip Hills and includes visits to Cheddar Gorge, it's famous caves, Glastonbury and Wells Cathedral.

If you are interested, fees are £35.00/£40.00 for under 18's/Adult respectively, which includes all travel by coach, overnight accommodation and food in Cheddar Youth Hostel and a personal guide of the caves. Alternatively, please see Peter Frost for further details...

PETER FROST

## SWIM SHOP

The 'Swim Shop' will be available every Friday between 7 and 8 o'clock with Jenny Newton selling costumes, trunks and goggles etc. If you require any 'Club' items please see Peter Bealing or Jenny Newton.

## FORTHCOMING EVENTS

1998

<b>OCTOBER</b>	Saturday	3 <sup>rd</sup>	Away Gala Orpington SC "C" Gala <b>And</b> Interborough Gala
	Saturday	10 <sup>th</sup>	Speedo League Gala Round 1
	Saturday	17 <sup>th</sup>	Octopus League Gala <b>And</b>
	Saturday	31 <sup>st</sup>	Away Gala Gravesend & Northfleet SC Tudor League Gala – White Team only <b>And</b> Enfield "A" Team Gala
<b>NOVEMBER</b>	Saturday	7 <sup>th</sup>	Speedo League Gala Round 2
	Saturday	14 <sup>th</sup>	Away Gala Croydon A & B Teams
	Sunday	15 <sup>th</sup>	Sprint Trophy Races
	Saturday	28 <sup>th</sup>	Tudor League Gala <b>And</b> Gravesend & Northfleet Gala
	Sunday	29 <sup>th</sup>	Sprint Trophy Races
<b>DECEMBER</b>	Saturday	5 <sup>th</sup>	Speedo League Gala Round 3
	<b>Saturday</b>	<b>12<sup>th</sup></b>	<b>Family Xmas Party – Carlton Hall</b>
	<b>Thursday</b>	<b>31<sup>st</sup></b>	<b>Family News Years Eve Party – Trinity School</b>

1999

<b>JANUARY</b>	Saturday	9 <sup>th</sup>	Tudor League Gala
	Friday	15 <sup>th</sup>	Points Cup Freestyle
	Saturday	16 <sup>th</sup>	White Horse League Gala - Erith Host
	Saturday	23 <sup>rd</sup>	Octopus League Gala
	Friday	29 <sup>th</sup>	Points Cup Backstroke
<b>FEBRUARY</b>	Saturday	6 <sup>th</sup>	Tudor League Gala – Red Team Only
	Friday	12 <sup>th</sup>	Points Cup Breaststroke
	Saturday	20 <sup>th</sup>	Home B Gala
	Friday	26 <sup>th</sup>	Points Cup Butterfly
	Saturday	27 <sup>th</sup>	Octopus League Gala
<b>MARCH</b>	Saturday	6 <sup>th</sup>	Tudor League Gala – White Team Only
<b>APRIL</b>	Saturday	10 <sup>th</sup>	White Horse League Gala GBM Host
	Saturday	17 <sup>th</sup>	Octopus League Gala
	Saturday	24 <sup>th</sup>	Tudor League Gala
<b>MAY</b>	Saturday	15 <sup>th</sup>	White Horse League Gala – Bromley Host <b>And</b>
	Saturday	22 <sup>nd</sup>	Octopus League Gala Tudor League Gala
<b>JUNE</b>	Saturday	12 <sup>th</sup>	Tudor League Gala
	Saturday	19 <sup>th</sup>	Home Relay Gala
<b>JULY</b>	Saturday	3 <sup>rd</sup>	White Horse League Gala – White Dart Host
	Saturday	17 <sup>th</sup>	Away Gala Woking



<b>SEPT</b>	Saturday	11 <sup>th</sup>	Octopus League Gala
	Saturday	18 <sup>th</sup>	Away Gala Redhill & Reigate
	Saturday	25 <sup>th</sup>	Speedo Warm Up Gala (Home)
<b>OCTOBER</b>	Saturday	9 <sup>th</sup>	Speedo League Gala Round 1
	Saturday	16 <sup>th</sup>	Octopus League Gala
<b>NOVEMBER</b>	Saturday	6 <sup>th</sup>	Speedo League Gala Round 2
	Saturday	13 <sup>th</sup>	White Horse League Gala
<b>DECEMBER</b>	Saturday	4 <sup>th</sup>	Speedo League Gala Round 3
	Saturday	11 <sup>th</sup>	White Horse League Gala