



INSIDE ISSUE 180

- 2 – Gala Results
- 5 – Other Results
- 6 – Tudor and Junior Speedo League Top 10's
- 6 – London-Brighton 2004
- 7 – Germany Report
- 8 – Halloween Weekend
- 9 – Masters Section
- 10 – Forthcoming Events

USEFUL TELEPHONE NUMBERS

Speedo / White Horse / Junior
Speedo / North Kent Leagues:

- John Burdett
(xxxx) xxxxxx

Tudor League – Red Team:

- Carol Goodey
(xxxx) xxxxxx

Tudor League – White Team:

- Julie Craggs
(xxxx) xxxxxx

Octopus League:

- Paul Byskup
(xxx) xxxx xxxx

Friendly Galas:

- Julie Craggs
(xxxx) xxxxxx

Internal Competitions (Points Cup, Sprint Trophy, Annual Gala) and all other enquiries:

- Pam Bedford
(xxxx) xxxxxx

Newsletter (comments, articles) & Swimmers' Representative:

- Paul Nicholls
(xxxx) xxxxxx
xxxxx xxxxxx

E-mail: xxxxxxxx@xxxxxxx.xxx

Secretary's News

Club Secretary

As many of you already know it is my intention to step down from the above position at the AGM in October. Allan and I have carried out the duties of the Club Secretary for the past 25 years and as we are moving away from the area it is not possible for us to carry on.

A notice has been placed on the board for at least two months and so far not one person has shown any interest in taking up the position. It is an important role within the club but anyone with good administration skills would be able to do it.

Job Description

Skills Required: Admin skills, Tact and discretion, Organisational skills, Communication skills;

Main Duties: Responsible for most of the club admin., call Management Committee Meetings, AGMs, EGMs on an agreed date and produce Agendas, take minutes of the meetings, duplicate and distribute the minutes, attend all sub committee meetings, keep a database of all members in conjunction with the Membership Secretary, responsible for pool hire agreements, responsible for completing ASA affiliation forms and questionnaires, in conjunction with the Chairman and Treasurer have responsibility for the running of the Club.

I am sure you will agree that this would not take up too much time.

Very shortly a notice requesting nominations for the Management Committee will be on the board. Not only do we need a new Secretary but we will also need a Chairman as Karen Hubbard has decided to step down from this role.

IF WE CANNOT FILL THESE POSITIONS THEN THE CLUB WILL HAVE TO BE DISSOLVED SO UNLESS YOU WISH THIS TO HAPPEN, SOMEBODY NEEDS TO VOLUNTEER.

Pam Bedford, Club Secretary

PLEASE NOTE:

As from Wednesday 4th August training at North West Kent College will be from **7-8 and 8-9pm**

Gala Results

All the latest League and Friendly Gala Results

White Horse League 2004

ROUND 2 – TRINITY SCHOOL, CROYDON – SATURDAY 24th APRIL 2004

Gala Results

Pos	Club	Points
1	Beckenham	81
2	Erith	131
3	Croydon	140
4	White Darts	146
5	Bromley	180
6	Eltham	234

We had a great start to this gala with the 8x1 fly squadron team winning their race. This was followed by a further 7 wins throughout the gala, which helped us to a comfortable victory over Croydon and White Darts. Individual winners included **Michael Cook (2)**, **James Stear**, **Freda Ross (2)**, and **Shane Hume**.

ROUND 3 – BLACK LION, GILLINGHAM – SATURDAY 19th JUNE 2004

Gala Results

Pos	Club	Points
1	Erith	101
2	White Darts	123
3	Croydon	124
4	Beckenham	139
5	Bromley	150
6	Eltham	245

We had a convincing win in the third round of the White Horse League held at Black Lion pool, Gillingham on Saturday. Erith won 12 out of the 41 races, with individual wins by **Emma Coppen**, **Laura Porritt** and **Michael Cook**, each with 2, plus **James Willey**, **Joe Thorogood**, **James Stear** and **Shane Hume**. Four club records were also broken. These included **Michael Cook** in the 13 and Under backstroke, **Laura Porritt** in the 13 and Under backstroke, **Sophie Evans** in the 13 and Under freestyle and **Shane Hume** in the Open freestyle.

ROUND 4 – BECKENHAM SPA – SATURDAY 3rd JULY 2004

Gala Results

Pos	Club	Points
1	Beckenham	84
2	Croydon	129
3	Erith	132
4	White Darts	164
5	Bromley	167
6	Eltham	230

We went into the fourth round as leaders of the White Horse League, and although we kept a clean sheet, we just missed out on second to Croydon. There were a number of good individual swims, including two from **Michael Cook**, plus one each for **Mark Russell** and **Shane Hume**.

Kent Junior League 2004

ROUND 1 – BLACK LION, GILLINGHAM – SATURDAY 26th JUNE 2004

Gala Results

Pos	Club	Points
1	Erith	207
2	Black Lion	202
3	White Darts	200
4	Bromley	198
5	Thanet	110
6	Ashford	102

Following promotion into Division 2 last year, we kickstarted this year's campaign in the Kent Junior League in the best possible way by winning the first round. It was pretty close throughout - only in the last few races did we manage to pull away slightly ending up just 5 points in front of Black Lion. Individual winners included **Emma Coppen**, **Shane Povey-Garman**, **Tim Colman**, **Jake Reeves**, **Michael Cook (2)** and **Laura Porritt (2)**, with **Laura** also beating a club record in the 100m backstroke for the 2nd time in a week.

Junior Speedo League 2004

ROUND 3 – HARLOW – SUNDAY 6th JUNE 2004

Gala Results

Pos	Club	Points
1	Erith	208
2	Bishop Stortford	197
3	Pheonix	189
4	Harlow	171
5	Anaconda	123
6	Rochford	113

We gained promotion to Division 1 of the National Junior Speedo League following our third successive win in the final round held at Harlow pool, Essex. We got off to a great start with **Emma Goodey** winning the first race. Further individual success came from **Casey Porritt (2)**, **Jake Reeves (2)**, **Emma Coppen (2)**, **Emily White** and **Sam Gardiner**.

Results supplied by John Burdett (Club Coach)

Tudor League 2003/2004

ROUND 7 – ELTHAM – SUNDAY 16TH MAY 2004

Gala Results

Pos	Club	Points
1	Greenwich	218
2	Dartford	209
3	Erith Red	187
4	Orpington	157
5	Eltham	142
6	Gravesend	136

Carol was particularly proud of the fact that Erith Red had no time faults at this gala. We also had a number of individual wins which were recorded by **Daniel Upsher**, **Jane Wicketts**, **Henry Wong**, **Bethan Austin (2)**, **Frankie Ody**, **Rachael Cook**, **Darren Fuller**, and **Richard Goodey**.

ROUND 8 – ELTHAM – SATURDAY 5TH JUNE 2004

Gala Results

Pos	Club	Points	Time Faults
1	Greenwich	187	2
2	Dartford	175	0
3	Erith White	172	3
4	Bromley	170	3
5	Erith Red	168	4
6	Eltham Stingrays	167	2

FINAL TUDOR LEAGUE TABLE 2003/2004:

Pos	Club	League Points
1	Greenwich	29.5
2	Dartford	26
3	Erith White	24
4	Bromley	22
5	Erith Red	21
6	Eltham	19.5
7	Orpington	15
8	Gravesend	10

This turned out to be an extremely close final Tudor League gala. Individual wins for the White team came from **Ria Surridge**, **Luke Morris**, **Elizabeth Kennedy**, **Rory Jenner**, and **Lauren Hunt**. Plus there was a good win in the girls 8x1 freestyle squadron consisting of **Elizabeth Kennedy**, **Emma Goodey**, **Alice McCalla**, **Gemma Davies**, **Lauren Hunt**, **Grace McCalla**, **Emma Wallace** and **Stevie Kirkup**. For the Red team, individual wins came courtesy of **Jake Reeves**, **Storm Anderson**, **Richard Goodey** and **Jack Hussey**, whilst there was a win in the final event of the night in the boys 8x1 freestyle squadron, which consisted of **Jack Hussey**, **Henry Wong**, **Jake Reeves**, **Shane Povey-Garman**, **Daniel Upsher**, **Richard Jones**, **Gary Lansdale** and **Paul Nicholls**.

Results supplied by Julie Craggs (White Team) & Carol Goodey (Red Team)

Octopus League 2004

ROUND 3 – SATURDAY 15th MAY 2004

Gala Results

Pos	Club	Points
1	Croydon	199
2	Eltham	172
3	Woodside	157
4	Erith	142
5	Barracuda	115
6	Edenbridge	97

This was a good result for us, which was boosted by some good individual swims. Those winning their individual races included **Elizabeth Kennedy** in the 10 years freestyle and backstroke, **Jack Hussey** in the 10 years backstroke, **Richard Jones** in the 13 and under backstroke and **Peter Sullivan** in the 16 and under breaststroke.

Results supplied by Paul Byskup (Octopus Team Manager)

Friendly Galas

MIKE BETTERIDGE GALA – CROYDON – SATURDAY 22nd MAY 2004

Gala Results

Pos	Club	Points
1	Bromley	188
2	Dartford	136
3	Croydon Red	130
4	Erith	112
5	Croydon Black	72

Well done to all swimmers. Lots of personal bests and the overall result doesn't do our swimming justice. Our only individual winner of the night was **Ria Surridge** in the 11 and under 50m breaststroke. Thanks to **Rick Gardner, Ian Craggs, Stuart Redpath and Helen Clifton** for their help on poolside.

JIMMY CLUBB SHIELD – DARTFORD – SATURDAY 12th JUNE 2004

Gala Results

Pos	Club	Points
=1	Erith	165
=1	White Oak	165
=3	Dartford	163
=3	Rochester	163
5	Bexley	132
6	Eltham	93

A totally unexpected result for this gala and look how close it really was, with three points between the top 3 teams! Well done to all swimmers as we now have a lovely shield to keep (well for 6 months anyway before we have to hand it to White Oak!). Individual winners, worthy of a mention include **Richard Goodey, Megan Bassett, Richard Jones, Casey Porritt, Daniel Upsher, Rebecca Gravell, Tim Colman, Storm Anderson and Michael Cook**.

Results supplied by Julie Craggs (Friendly Gala Team Manager)

Other Results

POINTS CUP 2004 (Annual Gala Heats)

The Points Cup is based on swimmers' performance in the Annual Gala heats. Points are accumulated based on their position at the end of each race. Individual trophies were awarded to those winning their age groups at the Presentation evening in July.

Pos	Age group / name	Points
	9 and Under Girls	
=1	Casey Porritt	32
=1	Emily White	32
3	Caitlin Colman	16
	11 and Under Girls	
1	Emma Coppen	52
2	Ria Surridge	22
3	Tia Anderson	19
	13 and Under Girls	
1	Laura Porritt	60
2	Sophie Evans	36
3	Sarah Craggs	21
	15 and Under Girls	
1	Raquel Cook	50
2	Emma Eady	33
3	Stacey Reeves	29
	Open Ladies	
=1	Emma Hoyne-Butler	30
=1	Helen Clifton	30
=1	Tiffany Brown	30

Pos	Age group / name	Points
	9 and Under Boys	
1	Jack Hussey	40
2	Tommy Cowell	22
3	Luke Tait	11
	11 and Under Boys	
1	Shane Povey-Garman	50
2	Callum Kent	38
3	Sam Gardiner	26
	13 and Under Boys	
1	Michael Cook	60
2	Matt Kirkup	26
3	Timothy Colman	24
	15 and Under Boys	
1	James Stear	56
=2	Joe Thorogood	30
=2	James Willey	30
	Open Mens	
1	Shane Hume	39
2	Michael Redpath	24
3	Paul Nicholls	20

Overall Winners:

Girls: **Laura Porritt** (60 points)
Ladies: **Emma / Helen / Tiffany** (30)

Boys: **Michael Cook** (60 points)
Mens: **Shane Hume** (39 points)

Other Results

ANNUAL GALA 2004 Special Awards

Swimmer of the Year – **Laura Porritt; James Stear**
Progress Cup – **Elizabeth Kennedy; Shane Povey-Garman**
Breaststroke Style – **Louise Hoyne-Butler; John Burdett**
Endeavour Cup – **Joe Hodges**
Friendship Cup (open top scorer in finals) – **Shane Hume**
Synchro Swimmer of the Year – **Georgina Smith**
Family Relay – **The Goodeys**

For all those that are now in possession of an Annual Gala trophy, please ensure that you look after your trophy. You will get to keep the trophy up to 1 month before the first Annual Gala session in 2005. If, at any time the trophy is accidentally broken it is your responsibility to replace the broken part or, if it cannot be repaired, replace the entire trophy. Please also ensure that you get your name engraved on the trophy as soon as possible (Pantiles in Bexleyheath is recommended). If you experience any difficulties in getting your name engraved then please speak to **Paul Nicholls**. Finally, when you are asked to return your trophy/trophies please make sure that no repair work is required and that they are clean and shiny (a bottle of silver polish at around £2 is all you need).

Paul Nicholls

Tudor and Junior Speedo League Swimmers 2003/2004

TUDOR WHITE TEAM 2003/2004			TUDOR RED TEAM 2003/2004			JUNIOR SPEEDO 2004		
POS.	NAME	PTS.	POS.	NAME	PTS.	POS.	NAME	PTS.
1.	Michael Redpath	110	1.	Richard Goodey	146	1.	Emma Coppen	121
=2.	Helen Clifton	87	2.	Darren Fuller	124	2.	Callum Kent	91
=2.	Callum Kent	87	3.	Daniel Upsher	96	3.	Emma Goodey	90
4.	Elizabeth Kennedy	85	4.	Richard Jones	92	4.	Emily White	82
5.	Thomas Rose	83	5.	Rachael Cook	87	5.	Casey Porritt	80
6.	Matt Kirkup	82	6.	Gary Lansdale	85	6.	Jack Hussey	70
7.	Matthew Bassett	81	7.	Bethan Austin	81	7.	Jake Reeves	69
8.	Luke Morris	78	8.	Emma Hoyne-Butler	78	8.	Tim Colman	63
9.	Grace McCalla	77	9.	George Upsher	77	9.	Henry Wong	57
10.	Peter Sullivan	75	=10.	Sam Gardiner	76	10.	Alice McCalla	56
			=10.	Stacey Reeves	76			

Other News

London-Brighton Bike Ride Sunday 20th June 2004

40 Club Members, family and friends took part in the 54 mile bike ride on Father's Day and made up an Erith and District Swimming Club team for the first time in 3 or 4 years. Unlike last year, the weather did not appear too promising. Once our team were reunited at Clapham Common we joined the queue for the 6.30am starters, with the exception of my friend Marc who had taken his bike to the Halfords stand to get it fixed (yes, even before we'd started). The ride down to Brighton was as pleasant as it could've been, although just as I commenced my ascent up Ditchlin Beacon hailstones decided to fall out of the sky (thankfully not for a very long time). Once down in the comparatively deserted Brighton sea front I got **Tiffany Brown** to take my time down. She was being extremely patient and trying to act content about the fact that she had had a clipboard in her hand for a good hour at that point! Top Club performance was from Tiffany's dad, **Peter** (so it says on Tiffany's results sheet), with a time of 4 hours 15 minutes, so well done **Pete**!

In order for us to know a final team total of money raised by those competing within the EDSC team please return your sponsorship money and forms to **Allan Bedford, Peter Brown** or myself by early **September** (cheques made payable to British Heart Foundation). Thanks to all involved in organising the day, and hopefully this is now back on track as being an annual EDSC day out!

Paul Nicholls

33rd 'Internationales Schwimmfest', Germany Friday 28th to Monday 31st May 2004

So at 4.30am 30 swimmers and 9 adult supervisors turned up at Riverside for our first trip to Bexley's twin town of Neheim-Husten, Germany, since 1997. Given the gap of 7 years, plenty present were unsure what to expect. To some degree, so too were the few that had been before, given the fact that we were staying in a different hostel and also competing in a different pool.

In my opinion, the journey there didn't seem to take as long as I remember it, and that comes despite the fact that we soon discovered that the coach's tape player wasn't working and the video player only played short play videos (meaning Paul Cook's long play version of Cool Runnings didn't get a showing).

Before unpacking everything at the hostel, we set up the tent and dropped off a few essentials at the swimming pool, which was an open air 50m pool set in the Black Forest approximately 20 minutes drive from the hostel. Already, much of the open grassed area around the pool had been taken up by visiting clubs, some of which were camping out in the park throughout the weekend. We found a good open plot on a slight hill and proceeded to set up the tent. Following this, we returned to the coach and drove to our hostel. It wasn't long before it was dinner time, and following on from this it was time for a few 'it's a knockout' style games just outside the hostel.

For the older swimmers and adult supervisors there just so happened to be a bar in this hostel, which we couldn't help but take advantage of – although personally Friday's antics had pretty much exhausted me, and being the sensible swimmer I am, I decided to go off to bed at about 12 midnight.

So to Saturday morning, and after a nice early start, everyone was looking sprightly, ready for a day's competition in the pool. No, perhaps the opposite. Nevertheless, we feared we may not be present for the very first warm up of the weekend, as we encountered a traffic jam just 10 minutes into our journey. It did soon clear and we were present at the swimming pool by about 7.30. The first session soon got under way and off to a great start for Erith, with Jake Reeves, Michael Cook, James Stear and Shane Hume all winning a silver in their respective age groups for the 200m free, whilst Joe Thorogood obtained his first gold. Tim Colman later secured gold in the 50m fly, whilst Emma Coppen won silver in the girls 50m fly. Joe Thorogood and James Stear later both won silver in the 100m breaststroke. The first session was completed by a top performance by the boys 4x100 medley relay team consisting of Tim Colman, Matt Kirkup, Michael Cook and Jake Reeves. Not only did they win gold, but they also took 18 seconds off the previous event best performance time.

Saturday lunchtime, and the BBQ was really being put to use. It was also time for the parade of nations around the pool, featuring countries such as Belgium, Holland, Poland, Nigeria, Germany and of course us! Following this we went into the second session, with the medals coming in courtesy of Laura Porritt, who won a silver medal in the 200m free. Michael Cook and Joe Thorogood won silver in the 100m free, and James Stear and Shane Hume a bronze. Tim Colman won silver in the 50m back, whilst Ria Surridge won a bronze medal in the 100m breaststroke. Michael Cook won gold and Phil Brown a bronze in the final individual event on Saturday, the 200m backstroke. Due to the record amount of competitors (close to 800 swimmers) the event ran on quite late that evening, meaning we didn't return to the hostel until about 8.30pm. Time for dinner, and then, for the older ones amongst us, a trip to the bar in the basement. This night featured the longest game of 'Chase The Ace' ever known, and was also notable for Paul Cook's ability to make friends with some male Germans. Some will say they were nice, some will say one in particular may have been too nice, eh, Paul?

Sunday morning, and it was time for that freezing cold morning warm-up. Alice McCalla taking approximately 30 minutes to pluck up the courage to get in the pool (see the build up on the DVD). The day's swimming events got off to a great start, with Laura Porritt and James Willey winning gold in the 100m fly. Tim Colman and James Stear got a silver each in the same event. Later that morning, Rachael Cook won a bronze whilst James Stear struck gold again in the 200m breaststroke. To finish off the session Tiffany Brown won a bronze in the 100m backstroke.

The final session of the weekend saw Tim Colman get silver in the 100m back. Jake Reeves won a bronze medal for the 50m freestyle. In the 200m individual medley events, Laura Porritt won a silver medal, whilst Joe Thorogood got his second gold, and James Willey won silver. To finish with Laura Porritt, Sarah Craggs, Sophie Evans and Emma Coppen excelled themselves by winning bronze in the 4x100m freestyle relay, and the boys' team of Matt Kirkup, Michael Cook, Jake Reeves, and Thomas Rose won silver. Our total medal haul included 8 golds, 17 silvers and 9 bronzes – a total of 34 medals.

Following the very last event, we all returned to the pool to witness our coach's team of Mark Russell, Bob Eady and Steve Surridge get in the pool for their warm up for their 'special relay.' Needless to say, I was quite shocked to see Steve Surridge looking better in my Speedos than I do.

Once the swimming was over we went to a nearby tent set within the grounds to listen to a live band and socialise with other swimmers who had competed in the event. I can honestly say we did ourselves proud by boosting the atmosphere somewhat, occupying the dancefloor for the majority of the night. On the coach travelling back to the hostel every one was in high spirits - examples of this include some karaoke led by Reanie, and an alternative version of Wheels On The Bus, which saw Donny the coach driver making a valuable contribution to the chorus. Once the swimmers were off to bed there were a few German beers consumed by the adults in the bar downstairs, with additional audio delights coming out of my CD/cassette player (although I don't think many noticed the fact that the tape was played twice).

We had a little lay-in Monday morning. Once up, it was noticeable that the weather had changed considerably. Throughout Saturday and Sunday we had had clear skies and really hot weather. On the day of our return home it was much cooler and cloudier – not that we cared. A few 'Only Fools' episodes later, and we eventually arrived home at about 7.30, with Richard Goodey carefully being led off the coach by Mark Russell, in order to execute the final wind-up of the weekend.

Overall, personally, I thought this weekend could not have gone better. The coach journey, the hostel, the games around the tent, the evenings, and of course, the swimming was a complete success. As a plug, if you haven't already placed your name on the board for a copy of the DVD (which is a 'best of' compilation using footage taken by Sandy Cook, Reanie Evans and Mark Nicholls) then order one now, as it really is a good memento of the weekend. I have been totally impressed by the positive feedback from the weekend, especially from the swimmers who, even two months after the event, are still asking whether we can go back next year. Whilst it hasn't been completely ruled out, the Monday Bank Holiday will not match up with the swimming festival next year, and it does take a lot to organise. However thanks must go to those that helped make it as easy as possible, namely, **Bob Eady, Steve Surridge, Sandy and Paul Cook, Julie Craggs, Reanie Evans, Helen McCalla, Freda Ross** and of course **Mark Russell**, as without you coming on board the weekend would not have occurred. WE WILL AT LEAST ENDEAVOUR TO RETURN IN 2006!

Paul Nicholls, Boys Club Captain

Halloween Weekend – 29th October to 1st November 2004 at Pontins, Pakefield, East Suffolk Coast

Having just read the Germany report, if you would like another good weekend away with the swimming club (and this time without the swimming), we will be arranging a mega-cheap Halloween weekend away at Pontins. As usual, it's the same location - Pakefield, just south of Lowestoft on the East Suffolk coast (about 2.5 hours drive).

From what I've heard there should be plenty of newcomers this year, and if you're a little unsure about coming along just speak to the plenty that have been before. The cost is £65 per adult for 3 nights half board, which includes breakfast and a 3-course dinner. The grub is all buffet style so you can go up as many times as you like, and there's always plenty of choice. The accommodation is spacious and relatively modern, and includes a bedroom, bathroom, TV and heater. On site facilities include pitch and putt, tennis, outdoor adventure playground, plus there's an indoor sports centre for darts, snooker, pool, table tennis, etc, and of course there's an indoor swimming pool. Most, if not all, are free.

For evening entertainment there's the Queen Vic pub, the Princes showbar, and the main hall and bar which is open until 2am every night. The live act appearing this year is Voulez Vous, which (unsurprisingly!) is an Abba tribute band. There are also competitions for fancy dress.

A notice will be placed up on the Club's board in the near future so you can add your name(s). To secure your place at this stage a £5 non-refundable deposit is required as soon as possible (cheques made payable to Erith and District Swimming Club). The full payment will be required towards the end of September. The £65 is only available should we get more than 25 people to go, which isn't normally a problem. It doesn't have to be just swimming club members that go, and the more people that do go, the bigger the discount will be - so let me know if you're interested...

Paul Nicholls

Evening Out To Megabowl, Thursday 22nd July 2004

This was a very well attended event, with room for 84 bowlers reserved, occupying 14 lanes of the Megabowl at Bexleyheath! The evening was extremely enjoyable, and with so many present there's no risk of singling any one out for a magnificent performance (or a terrible one) as it was too hard to keep track, given the fact that so many people bowled and we each had 3 games! My plan to put money on us boys beating the girls in our lane looked like it had backfired as soon as I'd said it, as Emma Hoyne-Butler, Emma Wallace and Tiffany Brown each then proceeded to get a strike. However, I, Rory Jenner and Mark Nicholls did eventually outdo them with our skill rather than relying on luck, and I'm pleased to say we won that particular game.

Evenings out at Megabowl seem to be very successful so I'm sure we'll be returning very soon...

Paul Nicholls

OBITUARY – EILEEN McARDELL

Eileen McArdell died on 20th February 2004. To many of you her name will not mean a thing, but without her I doubt if the club would exist today.

Born in 1919, Eileen Impson lived in Maximfeldt Road off West Street within five minutes walk of the original open-air pool situated in Station Road (now Stonewood Road, Erith), joining EDSC in 1926 and she continued to be a member until her death. In her teenage years she joined the floating team (an early form of synchronized swimming) and also competed for the club and swam in annual races similar to our Annual Gala. By 1937 Eileen was a member of the Club's Committee during the time John McArdell was the Hon. Secretary.

John McArdell and Eileen married during the Second World War. After her marriage Eileen moved to Horsa Road, Northumberland Heath where she lived for the rest of her life.

After the war they re-formed the club with Evelyn Anderson (obituary in last Newsletter) and the McArdells were Secretary and Treasurer. They also helped out with the teaching and coaching which was on a far smaller scale than it is now when recreational swimming was part of club life as well as improving strokes and very little training. They continued in their roles until John died in 1962 but Eileen carried on attending club sessions and taking the money at the door, which was how the subs were collected at that time. In 1976 she semi-retired from club life to look after her first grandchild on Club evenings so that her daughter, Pam Bedford, could continue the family tradition and attend the sessions to lend a hand with the teaching.

She still liked to keep in touch with club news right until the end of her life and was always proud of her family's achievements within the club.

Masters Section

Eastbourne Masters – Sunday 20th June 2004

11 masters motored down to Eastbourne whilst the rest of the club jollied their way down to Brighton on two wheels.

Firstly, we must comment that our 'top' swimmer, Shane, and a coach (who shall remain nameless, but my wife) showed us how NOT to start – they were disqualified for flyers. Apart from that everyone did very well. Mark Russell got 5 golds from 5 starts and Luch Cowell 4 golds from 4 starts. The four relays entered netted 1 gold and 3 silvers. Overall we finished 4th as a club. With a bit bigger turn out we could have done better!

Many thanks to Tony Ball for driving both ways and drinking lemonade.

Dennis Vick
Masters Representative



FORTHCOMING EVENTS – 2004/2005



AUGUST	Sunday 22 nd	Eastbourne 2km Open Water Sea Swim
SEPTEMBER	Saturday 11 th	White Horse League Rd 5 Eltham Host Octopus League
	Sunday 12 th	Kent Masters @ Black Lion Sprint Trophy Session 1 (FC and BS)
	Saturday 18 th	Kent Junior League Round 2
	Sunday 19 th	Sprint Trophy Session 2 (BA and Fly)
	Saturday 25 th	SC Short Course Masters @ Barnet Copthall
OCTOBER	Saturday 2 nd	London Interborough Swimming Champs
	Saturday 9 th	Speedo League Round 1 – Provisional
	Saturday 16 th	Octopus League
	Saturday 23 rd	Tudor League Round 1
	Thursday 28 th	Annual General Meeting – Provisional
	Fri 29 th -Sun 31 st	ASA Masters Championships – Sheffield
	Fri 29 th -Mon 1 st Nov	Halloween Weekend Away – Pakefield
NOVEMBER	Saturday 13 th	Speedo League Round 2 – Provisional
	Saturday 20 th	Kent Junior League Round 3
	Sunday 21 st	County Development Meet
	Saturday 27 th	Tudor League Round 2 White Horse League Rd 6 – Croydon Host B Team Relay Gala @ Dartford
DECEMBER	Saturday 11 th	Speedo League Round 3 – Provisional
	Friday 31 st	New Years' Eve Disco @ Slade Green Community Centre
JANUARY 05	Saturday 8 th	Tudor League Round 3
FEBRUARY	Saturday 5 th	Tudor League Round 4
MARCH	Saturday 5 th	Tudor League Round 5
APRIL	Sunday 17 th	Tudor League Round 6
MAY	Saturday 14 th	Tudor League Round 7
JUNE	Saturday 4 th	Tudor League Round 8