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USEFUL TELEPHONE NUMBERS

Speedo / White Horse / Junior
Speedo / North Kent Leagues:

- John Burdett
(01322) 277754

Tudor League – Red Team:

- Carol Goodey
(01322) 408408

Tudor League – White Team:

- Julie Craggs
(01322) 528149

Octopus League:

- Paul Byskup
(01622) 726249
07917 021613

Friendly Galas:

- Julie Craggs
(01322) 528149

Internal Competitions (Points
Cup, Sprint Trophy, Annual
Gala) and all other enquiries:

- Paul Nicholls
(01322) 336747
07967 659470

Newsletter (comments,
articles) & Swimmers'
Representative:

- Paul Nicholls
(01322) 336747
07967 659470

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Revised Summer Training Times

Over the summer school holidays the number of swimmers that attend sessions often drops. As a trial for this year, it has been decided to reduce our pool hire during the summer holidays. Sessions will operate as follows from **Monday 24th July to Thursday 31st August**:

Saturday and Sunday – continue as normal

Monday – swimming from 8.30-10pm only (swimmers from the 7.30 to 8.30 session are encouraged to attend the later session)

Tuesday/Thursday – reduce the pool time to 7-9.30pm:

7-7.30pm - Lessons 1/2/3 to merge into 2 groups in 1 lane each

7.30-8pm - Lessons 4/5/6 to merge into 2 groups in 1 lane each

7-8pm – Bronze and Junior Squad to merge together (4 lanes)

8-9.30pm – Top/Gold/Silver to merge into 1 session for 90 minutes

EDSC Representation at the Sports Volunteer of the Year Awards

Earlier this year **John Burdett** was nominated for Sports Volunteer of the Year 2005 and recently attended a special awards ceremony where he was on a shortlist of 3. Unfortunately John didn't win, but he picked up a certificate and plenty of high profile handshakes. Well done John!

New Webmaster

The Boys Club Captain, **Michael Redpath**, has kindly volunteered to take over as Webmaster for our website. If you've got any results or news that you think should be published on the website, then send an e-mail to michaelredpath@hotmail.com.

Revised Club Records

Following our move from Riverside to the Sports Centre it was decided to update and revise the Club's Records. As such, we now have records in place for 25m, 50m and 100m in the 10 and under, 12 and under, 14 and under, 16 and under and open age groups. This new set up commenced from the Annual Gala last year. If as a swimmer you become aware that you may have broken a Club Record please speak to **John Burdett** or **Andy Porritt**. A full list of the revised Club Records will appear in the next edition of the Newsletter.

Club Championships 2006

Crook Log pool has been booked and we will hold this year's Club Championships on:

Sunday 10th September (2-7pm)

Sunday 17th September (2-7pm)

Please put these dates in your diary now. It is a Club Rule that all swimmers compete in the Club Championships. The programme of events will be the same as last year. Later on in the year it is hoped that we will hold a separate competition for individual medleys and 200m events.

Attention all swimmers with Asthma

If, as a swimmer, you suffer from asthma, it is strongly recommended that you bring your inhaler(s) on to pool side each time you swim, rather than leave them in lockers.

Thanks to...

...**Neil Kirkup and Peter Brown**, who in combination helped solve our issues in respect of our presentation podium (which had to be re-made thanks to the last podium being accidentally thrown out by staff at our former pool), and the diving blocks (that the staff at the new pool could not manage to fix themselves).

And finally...

Congratulations to former EDSC swimmers **Patrick Newsham and Hannah Spencer** who recently got married. Not only have they just become husband and wife, but they will soon be proud parents of their first child due later this year.

Paul Nicholls

WANTED



Police would like to question this man in connection with the alleged food poisoning incident that occurred at the Docklands Marriott hotel on the evening of Sunday 7th May.

It is said that 10 Tottenham Hotspur players were taken ill just hours before a vital Premiership game between them and West Ham United, in which West Ham [amazingly] went on to win 2-1.

Police say that this man posed as a Chef at the Marriott hotel on the night of 7th May and that staff did not think to question his sudden appearance in the kitchen due to the fact that "he looks a bit like Grant Mitchell from EastEnders."

Police have also said that he could be a danger to any one that doesn't support West Ham United.

Gala Results

All the latest League and
Friendly Gala Results



White Horse League 2006

Team Manager: John Burdett

ROUND: 1		VENUE: BLACK LION		DATE: 14 JANUARY 2006
Position	Team	Points	Gala Report	
1	Beckenham	245	Well done to the following swimmers who won their individual events: Ria Surrige, Nick McMonagle, Emma Coppen, Casey Porritt and Shane Hume.	
2	White Darts	178		
3	Bromley	173		
4	Croydon	169		
5	Erith	163		
6	Eltham	101		

ROUND: 2		VENUE: CROYDON		DATE: 22 APRIL 2006
Position	Team	Points	Gala Report	
1	Beckenham	228	Well done to those who achieved maximum points for the team in their individual events: Tim Colman, Shane Hume (2), Emma Coppen, Casey Porritt and Matt Kirkup. Also, congratulations to Nick McMonagle and Tim Colman who broke the respective 16/u and 14/u 50m backstroke records.	
2	Croydon	186		
3	Bromley	177		
4	Erith	168		
5	White Darts	154		
6	Eltham	109		



Junior Speedo League 2006

Team Manager: John Burdett

ROUND: 1		VENUE: ENFIELD		DATE: 5 FEBRUARY 2006
Position	Team	Points	Gala Report	
1	Barnet	238	The first round of this A team league for our younger swimmers took us to Enfield. We had two wins of the night, courtesy of Callum Pearson in the 11/u 50m butterfly and Casey Porritt in the 11/u 50m breaststroke.	
2	Runnymede	209		
3	Griffins of Enfield	173		
4	Bishops Stortford	149		
5	Erith	144		
6	Cheshunt	110		

ROUND: 2		VENUE: BLACKSHOTS		DATE: 2 APRIL 2006
Position	Team	Points	Gala Report	
1	Barnet Copthall	223	We had a number of disappointing disqualifications in the second round of the Junior Speedo League. However, we did manage two wins, this time thanks to Bethan Austin in the 12/u 50m butterfly and Jade Hughes in the 9/u 25m backstroke.	
2	Kingston Royals	208		
3	Thurrock	202		
4	Enfield	165		
5	Erith	132		
6	White Darts	85		

ROUND: 3		VENUE: SOUTHBURY	DATE: 14 MAY 2006
Position	Team	Points	Gala Report
1	Enfield	201.5	We had 2 individual wins of the night in this, the last round of the Junior Speedo League for 2006. Well done to Emily White and Ayo Ajanaku . Unfortunately, a change in the league rules this year means that the bottom 3 teams, rather than the bottom 2, are relegated to Division 2. Therefore, ourselves, Cheshunt and White Darts will continue to compete in the same division next season.
2	Bishops Stortford	183	
3	Braintree and Bocking	176	
4	Erith	164.5	
5	Cheshunt	156	
6	White Darts	131	



Tudor League 2005/2006

Managers: Julie Craggs (White Team) & Carol Goodey (Red Team)



ROUND: 3		VENUE: ELTHAM	DATE: 8 JANUARY 2006
Position	Team	Points	Gala Report
1	Eltham Stingrays	210	RED: Well done to everyone. Lots of new swimmers including: Elizabeth Hunt, Ellie Wick, Isabelle Picken, Lauren Frape, Toluwa Ajanaku, Guy Holman and Kiran Sookary . Congratulations to our individual winners: Judith Goodey, Lauren Frape, Emily White, Ayodele Ajanaku, Charlotte Ody, Paul Nicholls, Emily White and Francesca Williams .
2	Erith Red	196	
3	Bromley	176	
=4	Greenwich	168	
=4	Gravesend and Northfleet	168	
6	Bexley	91	

ROUND: 4		VENUE: ELTHAM	DATE: 4 FEBRUARY 2006
Position	Team	Points	Gala Report
1	Eltham	204	WHITE: Unfortunately we had a number of swimmers missing due to illness and a couple not turning up. Well done to our new League swimmers: Hannah Campbell, Sophie Gunns, Gemma Lucas, Megan Mead, Amy Gunns, Dominic Faulkes, Levi Garrett . RED: First time swims from Alice Walden and Kyle Pearson . The following swimmers won their individual events: Emily White (2), Alex Bonner and Daniel Upsher .
2	Dartford	196	
3	Greenwich	182	
4	Erith Red	167	
5	Erith White	160	
6	Bromley	139	

ROUND: 5		VENUE: ELTHAM	DATE: 4 MARCH 2006
Position	Team	Points	Gala Report
1	Dartford	209	WHITE: Unfortunately a lot of swimmers were absent for this gala which is reflected in the final result. We had some excellent swims especially from the younger swimmers. Our only individual winner was Billi Bliss . RED: A great result again. Well done to Stanley Durnford who swam in his first external gala. We had 4 individual wins. Congratulations to Toluwa Ajanaku, Paul Nicholls, Chloe Hobbs and Callum Pearson .
2	Gravesend	190	
3	Erith Red	186	
4	Greenwich	184	
5	Erith White	156	
6	Bexley	113	

ROUND: 6		VENUE: ELTHAM	DATE: 9 APRIL 2006
Position	Team	Points	Gala Report
1	Eltham	212	No report received.
2	Erith White	188	
3	Gravesend	178	
4	Bromley	171	
5	Greenwich	147	
6	Bexley	131	

ROUND: 7		VENUE: ELTHAM	DATE: 7 MAY 2006
Position	Team	Points	Gala Report
1	Dartford	178	RED: Well done to Lewis Pick, Shelby Waters and Ben Hughes who were swimming in their first Tudor gala. Congratulations also to our individual winners: Lauren Frape, Francesca Williams, Kiran Sookary, Callum Pearson and Alex Bonner . The League is very close at the moment – please ensure you tick the board for the final gala on Saturday 3 rd June at 3.30pm.
2	Erith Red	155	
3	Greenwich	135	
4	Bromley	133	
5	Gravesend and Northfleet	123	
	<i>Bexley did not swim</i>		



Octopus League 2006

Team Manager: Paul Byskup



ROUND: 1		VENUE: WEST WICKHAM	DATE: 21 JANUARY 2006
Position	Team	Points	Gala Report
1	Eltham	212	This was a great result for Erith, finishing 2 nd place behind last year's champions Eltham who were unbeatable and won with a huge margin of 55 points. We had individual wins courtesy of Daniel Bassett, Daisie Hutchinson, Darren Fuller (2), Daniel Smithers and Shelby Waters .
2	Erith	157	
=3	Bromley	144	
=3	Edenbridge	144	
5	Woodside	118	
6	Streatham	103	




ROUND: 2		VENUE: WEST WICKHAM	DATE: 18 FEBRUARY 2006
Position	Team	Points	Gala Report
1	Bromley	191	Another excellent result with many first places. Well done to our individual winners, which included: Francesca Williams, Daniel Bassett, Lily Osbourne, Rebecca Gravell, Daniel Smithers (2), Alex Wilkes, Elizabeth Kennedy .
2	Erith	160	
3	Edenbridge	149	
4	Barracuda	133	
5	Croydon	123	
6	Streatham	98	

ROUND: 3		VENUE: WEST WICKHAM	DATE: 15 APRIL 2006
Position	Team	Points	Gala Report
1	Croydon	168	A disappointing result given we were in second position until the half way point. However, a good effort by all swimmers with first places for the Breast Squadron, Francesca Williams (2), Daniel Bassett, Matthew Bassett, Laura Bonner and Darren Fuller .
2	Bromley	158	
3	Barracuda	154	
4	Edenbridge	144	
5	Erith	143	
6	Woodside	98	

ROUND: 4		VENUE: WEST WICKHAM	DATE: 13 MAY 2006
Position	Team	Points	Gala Report
1	Croydon	180	Another great result with no DQ's and 11 first places; Breast Squadron, Daniel Smithers, Lily Osborne, Amy Gunns, Ayodele Ajanaku (2) , 13u free relay team, Darren Fuller (2), Sophie Gunns and Matthew Bassett .
2	Erith	162	
3	Edenbridge	153	
4	Bromley	144	
=5	Eltham	118	
=5	Woodside	118	

Winter Presentation Top 10's

 Speedo A 2005	 Speedo B 2005		
Pos	Name	Pos	Name
1	Tim Colman	1	Caitlin Colman
2	Emma Coppen	2	Emily White
=3	Laura Porritt	3	Alice McCalla
=3	Shane Hume	=4	Richard Goodey
5	Nick McMonagle	=4	Gemma Davies
6	James Stear	6	James Davies
7	Bethan Austin	7	Tim Wilkes
8	Casey Porritt	8	Sam Gardiner
9	Mark Russell	=9	Michael Redfearn
=10	Matt Kirkup	=9	Jenny Vick
=10	Ayodele Ajanaku	=9	Judith Goodey
		=9	Michael Redpath

 White Horse 2005	 Kent Junior 2005	 Octopus 2005			
Pos	Name	Pos	Name	Pos	Name
1	Tim Colman	1	Casey Porritt	1	Matthew Tait
2	Emma Coppen	2	Emily White	=2	Oluwatosin Aiyeola
3	Bethan Austin	3	Emma Coppen	=2	James Davies
4	Laura Porritt	4	Bethan Austin	=2	Daniel Upsher
5	James Stear	5	Caitlin Colman	5	Alex Wilkes
=6	Jake Reeves	6	Rebecca Gravell	6	Luke Morris
=6	Rebecca Gravell	7	Tim Colman	7	Joanne Ball
8	Nick McMonagle	8	Jamie Perrin	8	Caitlin Colman
9	Ayodele Ajanaka	9	Elizabeth Kennedy	=9	Rebecca Gravell
10	Grace McCalla	10	Jake Reeves	=9	Jack Hussey

Paul Nicholls

We are currently looking for new swimmers to join the Synchronised Swimming section of the Club. Synchronised Swimming combines Dance, Gymnastics and Swimming. It's a fun way of keeping fit and flexible and is led by ASA Qualified Coaches. You must be aged between 7 and 14 years and be able to swim a distance of 400m. Girls and boys are welcome. Members from outside the Swimming Club can join the Synchro Section on its own. For further details contact **Sam** on 07876 595549 or **Lisa** on 01322 277754.

Internal Competitions

SPRINT TROPHY - January 2006 at Black Lion

Pos	Age group / name	Points
	12 years girls	
1	Bethan Austin	38
2	Elizabeth Kennedy	30
3	Oluwatosin Aiyeola	26
	13 years girls	
1	Emma Coppen	38
2	Ria Surridge	30
3	Alice McCalla	19
	14 years girls	
1	Megan Bassett	40
2	Emily Willey	30
3	Joanne Ball	26
	15 years girls	
1	Laura Porritt	36
2	Sophie Evans	34
3	Sarah Craggs	26
	16 years girls	
1	Alex Wilkes	40
2	Rebecca Cooper	32
	17+ years girls	
1	Lynn Maunders	30
2	Luciana Cowell	29
3	Helen Clifton	15

Pos	Age group / name	Points
	12 years boys	
1	Ayodele Ajanaku	30
2	Jacob Cooper	24
	13 years boys	
1	Sam Gardiner	40
2	Matthew Bassett	32
3	Sam Robinson	24
	14 years boys	
1	Tim Colman	40
2	Matthew Tait	32
3	Jack Campbell	24
	15 years boys	
1	Matt Kirkup	40
2	Adam Boden	30
3	Jonathon Brock	22
	16 years boys	
1	Michael Redfearn	40
2	James Davies	30
3	Richard Goodey	26
	17+ years boys	
1	James Stear	34
2	Mark Russell	30
3	Shane Hume	19

Overall Trophy Winners:

Girls: **Megan Bassett and Alex Wilkes** (40 points);

Boys: **Michael Redfearn, Matt Kirkup, Tim Colman, Sam Gardiner** (40 points)

POINTS CUP 2005 (Annual Gala Heats)

Apologies for the delay in the publication of these results. It is our intention to issue this year's Points Cup results and trophies at the end of the second session of the Annual Gala in September 2006. If your name is listed below and you haven't already done so, please collect your trophy from **Paul Nicholls** ASAP.

As a reminder, the Points Cup is based on swimmers' performance in the Annual Gala heats (with the exception of the Freestyle Sprint). Points are accumulated based on their position at the end of each race.

Girls	Points	Age	Boys	Points
JUNIOR				
Lauren Frape		9	Daniel Bassett	21
Francesca Williams	17		Jack Hussey	22
Casey Porritt	21		Ayodele Ajanaku	24
Bethan Austin	23	10		
		11		
OPEN				
Emma Coppen	23	12	Sam Gardiner	22
Megan Bassett	24	13	Tim Colman	23
Laura Porritt	24	14	Matt Kirkup	24
Rachael Cook	24	15	Michael Redfearn	18
Tiffany Brown	17	16+	James Stear	22

Overall Winners:

Junior Trophy: **Bethan Austin** (23 points) / **Ayodele Ajanaku** (24 points)

Open Trophy: **Megan Bassett & Laura Porritt** (24) / **Matt Kirkup** (24)

Other Results

Kent County Championships February to March 2006

We achieved another magnificent medal haul. This year the team achieved a total of 7 golds, 6 silvers and 9 bronzes, with a further 24 medals for 4th to 6th places.

Our top swimmer was **James Stear**, won 4 County titles in the 50m, 100m (age group and Junior) and 200m breaststroke, and bagged a further 2 silvers and 3 bronzes. **Emma Coppen** won 2 golds in the 50m and 100m butterfly as well as silver in the 200m. Our other gold medalist was **Tim Colman**, who won the 50m backstroke. The team's other medal winners included: **Shane Hume, Nick McMonagle, Bethan Austin, Ayo Ajanaku, Judith Goodey and Laura Porritt.**

In the Kent Relay Championships, four teams made the final, including the junior boys 200m medley team, who went on to win a bronze.

Other News

Competitive Start Award 2006

Congratulations to the following swimmers who successfully passed the Competitive Start Award:

HANNAH CAMPBELL
ALEXANDRA DELL
DOMINIC FAULKES
MAX FOSTER
LAUREN FRAPE
GUY HOLLMAN
BEN HOLMES
JADE HUGHES
BEN HUGHES

ELIZABETH HUNT
JACK MARSH
RORY NICHOLLS
LILY OSBORNE
ISABELLE PICKEN
LUKE SAUNDERS
HARRY TANTON
ELLIE WICK
ASHTON MIDDLETON

RACHEL ARBER
CONOR MIDDLETON
ALIX BLISS
KYLE PEARSON
STUART CUNNINGHAM
THOMAS RUSSELL
HARRY ELEFThERIOU
JAMES VICK

Chris Case

Synchro Section News

The Synchro Club has had a busy 6 months with training towards the new Skill Levels. **Ria Surridge, Alex Wilkes and Elizabeth Kennedy** have achieved their Skill Level 2, **Gemma Davies, Billi Bliss, Alice McCalla and Rebecca Gravell** have achieved their Skill Level 1.

The team is presently working towards the next competition in Exeter in June. For the Synchro UK Competition, Erith are entering a full team of 8 girls, two duets and a trio team so there is lots of work to do.

Welcome to our new younger three Synchro Swimmers **Faith Nadeau, Elizabeth Hunt, and Chantelle Pumpumi**. They are working hard to develop their Synchro Skills.

Congratulations to **Ria Surridge and Elizabeth Kennedy** who have been chosen to join the Multi Regional Synchro Squad. They will be joining the training of some of the biggest Synchro Clubs in the UK such as Rushmore and Portsmouth.

The Synchro Club is always looking for new members. Girls and boys are welcome. Training takes place on Thursday between 6 and 7 and Sunday between 2 and 3.30. Swimmers must be able to swim at least 400metres and attend both training sessions. Members from outside the Swimming Club can join the Synchro Section on its own.

Jenny Kennedy

Social Section News

We have had a very successful year with the social and fundraising side of things at EDSC. This year's **Xmas Disco** (usually a quieter affair than any other disco during the year) turned into one of our best ever. Paul Nicholls provided the usual excellent disco along with an interesting choice of chicken hat headgear (not too sure it will catch on.....). It was standing room only and well worth buying a ticket for.



All of three weeks later and it was time for EDSC's annual **New Years Eve** bash at Slade Green Community Centre. For those of you who have never been – shame on you, you don't know what you are missing! Paul handed over DJ responsibilities to Andy Watkins who made a long journey and a welcome return to EDSC for the night – it was lovely to see him and again an excellent disco. We had a wonderful raffle on offer on the night and big thanks must go to **Jenny Vick** for the donation of a bike (**Daniel Bassett** was particularly grateful to her after he won it) and to **Val and Steve Surridge** for putting together a delicious Marks and Spencer hamper. We were overwhelmed with people's generosity when it came to selling the raffle tickets - there seemed to be £10 notes coming from all directions! A special mention should also go to **Val Surridge and Vernon Bassett** for having huge amounts of puff and blowing up near on 300 balloons (helped too it has to be said, by **Steve Surridge** with his balloon pump but the least said about that the better!).

The end of January saw the **presentation disco** for Kent Junior and Speedo leagues – what can I say, yet another good night and the end of the disco's for a while.

Having rashly volunteered months ago to organise a **quiz night** in the New Year I was suddenly aware of how quickly it was now upon us. **Steve Shea** had very kindly agreed to be quiz master and provide the questions. His lovely wife **Greta**, and daughter **Anna** (one of our swimmers) were very hardworking on the night by marking all the answersheets and totting up all the scores – and anyone who was there will appreciate just how difficult that must have been. After panicking that we did not have enough people coming to justify the hire of the hall we were completely overwhelmed by how many people turned up. The final count was 18 teams with the winners being **Jan and Tim Austin's** team.



This year's **Easter Raffle** organized by **Jackie Nicholls** was very well supported, the prize winners being

- 1st – Golden Bunny Egg – Mr Heath – Pink 251
- 2nd – Mini Egg Easter Egg – Andy Porritt – Pink 202
- 3rd – Dairy Milk Easter Egg – Matthew Bassett – Pink 63
- 4th – Dairy Milk Easter Egg – Michael Redfern – Yellow 354
- 5th – Belgian Chocolate Selection – Karen Coles – Pink 291
- 6th – Lindt Chocolates – Caroline McCarthy – Green 368
- 7th – Lindt Chocolates – Mr E. G. Watkins – Pink 262
- 8th – Orange Cremes – Marion Aldis – Pink 154
- 9th – Thorntons selection – Alison Bonner – Pink 188

Happy eating!!

Finally, a big thank you must go to everyone who has helped in any shape or form (past or present) whether it is staying behind to clear up after the discos, setting up before the discos, selling tickets (especially **Sue Gardiner**), donating raffle prizes or just putting their hand in their pockets when asked to. THANK YOU.

Ruth Bassett

Steve's Bonus Ball and Raffle Draw

Thanks to all the parents who contributed towards a magnificent £700 raised for the Club throughout the ongoing Bonus Ball competition which started in April last year. The prize money was £840 from which we had two parents who each won £100.

This year we are doing something slightly different. We are running a New Years' Eve raffle which we are hoping will raise between £700 and £1000 for the Club and provide about the same money in prizes (dependent on response of course!). A large cash prize is up for grabs to be drawn at the New Years' Eve party. Anyone wishing to buy tickets should see Steve Surridge or ask at the swim shop. Thanks again for all your support.

Steve Surridge
Chairman of the Social Section
West Ham Supporter of the Year 2005/2006

London to Brighton Bike Ride – Sunday 18th June 2006

If you're a supporter...

We have 21 brave Club Members, family and friends down on the list to take part in this year's 58 mile bike ride on Father's Day. The Supporters' Coach has been booked and will depart from the old Riverside Pool at **8am sharp** to enable supporters to arrive at Brighton in time to see the first riders come storming through (my money's on **Peter Brown** to come through first). If you are interested in popping along to cheer on the riders, then please place your name on the list on the Noticeboard. Do not place your name on the board if you are unsure about going as this may deprive people of a place that really do wish to travel on the coach. We have 32 spaces available and it would be great if we could fill the coach.

The cost for the return journey is **£12 per adult over 16. Under 16's can travel for £6 each.** As I'm sure you'll agree this is good value for money and a great opportunity for the whole family to travel down to Brighton and have a fun day out. The coach should return to Riverside at around 7pm.

If you're a rider...

The parking arrangement for this year's event has changed from previous years. Due to works being carried out to the Marina car park, there were only limited spaces, so we have had to secure a parking space for the lorry and the coach at Brighton Racecourse, some 10 minutes away from the Marina.

2 weeks prior to the event taking place, I'm expecting to receive wristbands. Each rider will have 2, one for the bike and one to wear themselves. This will act as your pass to allow your bikes to be loaded onto a lorry that will then take your bike from the beach to Brighton Racecourse. Apparently, someone will do this for you, so there's no need to walk far once you cross that finish line, as the Brighton Racecourse tent will be located virtually just beyond the finish line on the left. **YOU WILL NEED TO OBTAIN THE WRISTBANDS FROM ME BEFORE THE DAY.**

Buses and lorries carrying the bikes will commute between the Marina and the Racecourse quite frequently, and I'm told the maximum wait will be 15 minutes, with a 10 minute journey time. Hopefully all will become clear in the coming weeks, but for now if you have any questions please let me know. There is no extra charge for the alterations we've had to make by the way!

Paul Nicholls

DID YOU KNOW?

You can receive this Newsletter electronically.

Just send an e-mail to hotfmuk@hotmail.com to be on the mailing list for future editions.

We are currently looking into obtaining a central e-mail address for the Club so that reminders / newsflashes / information can be instantly sent direct to your inbox.

Please register today by using the e-mail address above.



FORTHCOMING EVENTS – 2006/2007



June	Saturday 3 rd	Tudor League (3:30pm warm up) Synchro UK at Exeter London Swimming Champs
	Sunday 4 th	London Swimming Champs
	Saturday 10 th	London Swimming Champs
	Sunday 11 th	London Swimming Champs
	Saturday 17 th	White Horse League Rd 3 Novice Synchro Competition at Reading
	Sunday 18 th	London-Brighton Bike Ride
	Saturday 24 th	Kent Junior League Rd 1
July	Saturday 1 st	White Horse League Rd 4
	Saturday 8 th	Summer Presentation Disco at Slade Green
	Sunday 30 th	Eastbourne Sea Swim
September	Saturday 9 th	White Horse League Rd 5 Octopus League Rd 5
	Sunday 10 th	Club Championships (Session 1)
	Saturday 16 th	Kent Junior League Rd 2
	Sunday 17 th	Club Championships (Session 2)
October	Saturday 7 th	White Horse League Rd 6
	Saturday 14 th	Speedo League Round 1 Octopus League Rd 6
	Fri 27 th – Sun 29 th	National Masters Short Course Champs
	Fri 27 th – Mon 30 th	Pontins Halloween Weekend Away
November	Saturday 4 th	Kent County Synchro Champs
	Tuesday 7 th	EDSC Annual General Meeting
	Saturday 11 th	Speedo League Round 2
	Saturday 18 th	Kent Junior League Rd 3
	Saturday 25 th	White Horse League Rd 6
December	Saturday 2 nd	Christmas Family Disco
	Sunday 3 rd	National Synchro Champs at Gloucester
	Saturday 9 th	Speedo League Round 3
	Sunday 31 st	New Years' Eve Family Disco at Slade Green
January 07	Sunday 14 th	Champions of the Future / Sprint Trophy (provisional)

***PLEASE CHECK THE NOTICEBOARD OR WEBSITE FOR THE LATEST
AMENDMENTS TO THIS LIST OF EVENTS***