





Newsletter



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gala contacts

speedo / white horse:
JOHN BURDETT
07788 668514
john@edsc.org.uk

tudor:
JULIE CRAGGS
07743 292117
julie@edsc.org.uk

junior speedo/kent junior:
RUTH BASSETT
07967 659470
ruth@edsc.org.uk

octopus:
LOUISE HOYNE-BUTLER
07763 691624
louise@edsc.org.uk

club championships:
PAUL NICHOLLS
07967 659470
paul@edsc.org.uk

squad contacts

top squad:
TONY ROSS
07956 231857

junior squad:
PAUL NICHOLLS
07967 659470

white squad:
MICK THACKRAY
01322 338910
JULIE CRAGGS
07743 292117

red squad:
LOUISE HOYNE-BUTLER
07763 691624

other contacts

newsletter/web editor:
PAUL NICHOLLS
07967 659470
paul@edsc.org.uk

general enquiries:
JOHN BURDETT
07788 668514
john@edsc.org.uk



latest news from the Chairman

Hello everyone and welcome to another Club Newsletter. Please take some time to look through it and read about what has been going over recent months. Remember that we only issue newsletters twice a year and that the best way to keep up to date with events is to use both the website and our e-mail service. It would really save a lot of time if we had up to date e-mail addresses for everyone so please make the effort to let us have yours if you haven't done so already and register by sending an e-mail to news@edsc.org.uk

I would like to remind all swimmers that whatever squad they train with, minimum levels of attendance are expected. For those in our Mini, Red and White squads a minimum of 2 sessions per week is the rule and for those who train in Junior and Top squads, 3 is the minimum. At a time when the Club is full and we have a waiting list of children that are keen to join, we cannot carry individuals who are not prepared to commit to the minimum level of training.

All members are also expected to compete on a regular basis (after all that is what we train for). There were a number of members who took no part in our Club Championships during the latter part of 2008 and early 2009. Continual absence from competition may result in you being asked to leave the Club, so please make every effort to compete when required.

A reminder from our Subscriptions Secretary to please pay your instalments when they are due. We have to continually chase people to pay and this really is something that we don't have the time to do. We try our hardest to keep annual subscriptions as low as possible and having to send reminder letters again and again just adds to the cost of your membership. The Management Committee has recently considered charging members for chase up letters so please don't put us in the position of having to ask you for extra money.

Teachers and coaches have asked me to mention a couple of things. Firstly, time keeping. A number of swimmers continually turn up late for their sessions. This is not good for swimmers as the start of any session is always used to warm up. If swimmers miss the opportunity to warm up properly they can injure themselves and that is the last thing that we want to happen. Swimmers should really be on poolside, ready to swim at least 5 minutes before their session is due to start. Please don't be surprised if regular latecomers are refused entry into a session. Secondly, goggles! Teachers and coaches don't have time to alter children's goggles. Children should own 2 pairs of goggles, a comfortable pair for training and then a pair for racing. Training goggles should be comfortable and well fitted (before you come training). Racing goggles should be tight (so they don't fall off when you start). Please ensure your training goggles fit well before you come to the pool and don't expect your teacher to sort them out for you.

Sorry if I've had to moan about a few things but they are important issues that need saying.

On a positive note, well done to all who have trained hard and competed well over recent months. Good results are being achieved by all our teams and a special mention must go to those that achieved County Qualifying times and have taken part in the County Championships. Well done to those teachers and coaches who recently undertook additional training on a number of issues. This additional training will help the Club in finally gaining our SWIM21 accreditation later in March (all fingers crossed). I'm pleased to confirm that the Club is still on the Jack Petchey Scheme and swimmers are being rewarded each month with money from the scheme that goes towards extra things for the Club.

Finally, can I ask you to please support the Club in our 2 big fundraising events of the year. Everyone is invited to the Summer BBQ on the 11th July at which the usual fun, games and more will take place and everyone will shortly receive the Annual Draw tickets to sell. Remember that these fund raising events help to keep our fees as low as they are so please support them.

John Burdett

champions of the future—13th January

Ashton Middleton	11 years	Frankie Hutchinson
Ellena Jeffery	10 years	James Vick
Georgia Burdett	9 years	Antony Wilson
Madison Retour	8 years	Lewis Hayes
Holly Wilson	7 years	Conner Parker

sprint trophy—13th January # OVERALL WINNERS

Jenny Vick	+25 yrs	Mark Russell
Emma Coppen #	16-24 years	Michael Redfearn #
Elizabeth Kennedy #	15 years	Ayodele Ajanaku #
Chloe Hobbs	14 years	Luke Tait
Lily Gardner	13 years	Daniel Bassett
Holly Fryett / Jade Hughes	12 years	George Leigh

Germany Meeting: Thurs 12/3

A chance to discuss the plans for the Club's 7th trip to Bexley's twin town. It is vital that all swimmers and a parent attend the meeting. An information pack will be issued outlining a draft itinerary for the weekend and also covering other information you are likely to need. Further information will be circulated via e-mail so please ensure you have given us a valid e-mail address. If you have any further queries or questions please let Paul White know. You can contact him via e-mail at paulwhite@edsc.org.uk

Please also note that payment of £190 is due. Please ensure this is paid in full by the end of April.



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speedo league results (A team)

ROUND 1—11TH OCTOBER			Gala Report by John Burdett 6 individual wins to report from Emma Coppen (2), Naomi Ross, Chloe Hobbs, Rosie Gardner and Emily White.
Pos	Team	Pts	
1	Chelmsford	172	
2	Woking	169	
3	Atlantis	141	
4	ERITH A	138	
5	Bromley	125	
6			

ROUND 2—8TH NOVEMBER			Gala Report by John Burdett 5 individual wins to report from Emma Coppen (2), Naomi Ross, Chloe Hobbs and Rosie Gardner.
Pos	Team	Pts	
1	Black Lion A	245	
2	Woking	205	
3	Epsom	184	
4	Redhill & Reigate	159	
5	ERITH A	145	
6	Ashford	106	

ROUND 3—13TH DECEMBER			Gala Report by John Burdett Despite lying 5th throughout the majority of the gala, we suddenly picked up our performance just when it mattered in this, the relegation gala. We had 3 relay wins with a special mention to the 6x2 men's team.
Pos	Team	Pts	
1	Elmbridge	179	
2	ERITH A	146	
3	Braintree	144	
4	Hastings 1066	138	
5	Bromley	136	
6			

white horse league results

ROUND 5—6TH SEPTEMBER			Gala Report by John Burdett A good first gala of the season. Individual wins came courtesy of Emma Coppen, Naomi Ross and Chloe Hobbs, along with the 13/u and 15/u girls relay teams. Well done to all of them.
Pos	Team	Pts	
1	Beckenham	263	
2	Orpington	251	
3	GBM	208	
4	ERITH	200	
5	Bromley	187	
6	White Oak	167	
7	Eltham	84	
8	Gravesend	DNS	

ROUND 6—4TH OCTOBER			Gala Report by John Burdett An excellent result in the final round. Well done to our individual winners: Daisy Hutchinson, Emma Coppen, Luke Tait, Naomi Ross and Chloe Hobbs.
Pos	Team	Pts	
1	Orpington OJAYS	297	
2	ERITH	223	
3	Bromley	209	
4	White Oak	203	
5	Beckenham	201	
6	GBM	176	
7	Eltham	60	
8	Gravesend	DNS	

octopus league results

ROUND 4—13TH SEPTEMBER			Gala Report by Louise Hoyne-Butler
Pos	Team	Pts	
1			
2			
3			
4			
5			
6			
7			
8			

ROUND 5—4TH OCTOBER			Gala Report by Louise Hoyne-Butler
Pos	Team	Pts	
1	Croydon	275	
2	Barracuda	265	
3	Eltham Stingrays	252	
4	Edenbridge Piranhas	192	
5	Woodside and T. H.	140	
6	ERITH	137	
7	Bromley	133	
8	Streatham	101	

speedo league results (B team)

ROUND 1—11TH OCTOBER			Gala Report by Mark Russell
Pos	Team	Pts	
1	Dartford	224	
2	City of Canterbury	200	
3	Black Lion B	184	
4	Eltham Stingrays	155	
5	City of Rochester	140	
6	Erith B	135	

ROUND 2—8TH NOVEMBER			Gala Report by Mark Russell Another excellent effort against strong A team competition. We were involved in a 3 way tussle and should be proud that 4th was within our grasp. Excellent performances with wins from Lily Gardner & the 6x2 men's team.
Pos	Team	Pts	
1	Hythe Aqua	221	
2	Dorking	213.5	
3	Maidstone	187.5	
4	City of Rochester	143	
5	Sutton Atlantis	137	
6	ERITH B	135	

ROUND 3—13TH DECEMBER			Gala Report by Mark Russell Special mentions to our individual winners: Rebecca Gravell (2), Anthony Noonan, Mark Nicholls and Lily Osborne. Many thanks for the Kennedys and Ruth Bassett for their help on pool side.
Pos	Team	Pts	
1	Eltham Stingrays	190	
2	Sutton	159	
=3	ERITH B	137	
=3	Orpington Ojays B	137	
5	Edenbridge	117	
6			

kent junior league results

ROUND 1—21ST JUNE			Gala Report by Ruth Bassett This was a tough gala which wasn't helped by so many of our 'A' swimmers being unavailable on the night. Well done to our first place swimmers: Chloe Hobbs and James Vick.
Pos	Team	Pts	
1	Black Lion	259	
2	Dover Lifeguards	212	
3	Dartford	159	
4	Orpington	156	
5	ERITH	121	
6	Bromley	106	

ROUND 2—13TH SEPTEMBER			Gala Report by Paul Nicholls Another tough gala swimming against some of Kent's best clubs. 6 disqualifications meant that 3rd place became 4th. Well done to our individual winners Daniel Bassett, Chloe Hobbs and James Vick.
Pos	Team	Pts	
1	Black Lion	252	
2	Dover	211	
3	Orpington	150	
4	ERTH	143	
5	Dartford	137	
6	Bromley	108	

ROUND 3—15TH NOVEMBER			Gala Report by Ruth Bassett This was a very pleasing result. Lots of good swims. 1st places went to Emily White, James Vick, Chloe Hobbs and of course our 13/u girls relay team. Thank you to our team captains this year, Emily White and Luke Tait.
Pos	Team	Pts	
1	Black Lion	239	
2	Dover	220	
3	ERITH	146	
4	Orpington	134	
5	Dartford	131	
6	Bromley	109	

FULL GALA RESULTS AT: www.edsc.org.uk

**SUMMER BBQ AND PRESENTATION:
SATURDAY 11TH JULY**

ROUND 6—1ST NOVEMBER			Gala Report by Louise Hoyne-Butler
Pos	Team	Pts	
1	Eltham Stingrays	225	
2	Croydon	211	
3	Barracuda	191	
4	Woodside and T. H.	184	
5	ERITH	158	
6	Bromley	156	
7	Edenbridge	152	
8	Streatham	DNS	



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club championships (trophy titles)—September

	JUNIOR GIRLS	Time	Event best	JUNIOR BOYS	Time	Event best
FLY	Alix Bliss	39.90	Emily White - 39.37	George Leigh / James Vick	42.04	Callum Pearson - 39.44
BK	Jade Hughes	41.16	Emily White - 38.17	James Vick	42.05	Daniel Bassett - 40.58
BS	Jade Hughes	46.67	Casey Porritt - 44.45	George Leigh	46.19	George Leigh - 46.19
FC	Jade Hughes	34.12	Casey Porritt - 33.40	James Vick	35.99	Daniel Bassett - 34.18

	OPEN GIRLS	Time	Event best	OPEN BOYS	Time	Event best
FLY	Emma Coppen	1.09.29	Emma Coppen - 1.09.29	Barry Cusselle	1.03.77	Mark Russell - 1.03.50
BK	Emma Coppen	1.13.30	Emma Coppen - 1.13.25	Matthew Bassett	1.09.63	Tim Colman - 1.05.33
BS	Rosie Gardner	1.22.56	Rosie Gardner - 1.22.26	Sam Gardiner	1.16.44	James Stear - 1.12.20
FC	Naomi Ross	1.03.31	Naomi Ross - 1.03.31	Michael Redpath	57.84	Shane Hume - 56.27
SPR	Naomi Ross	29.23	Naomi Ross - 29.23	Barry Cusselle	26.62	James Stear - 25.75

points cup

The Points Cup is based on swimmers' performance in the Club Championship heats. Points are accumulated based on their position at the end of each race.

	GIRLS	Points	BOYS	Points
7 years	Maddison Retour	48	Lewis Hayes	48
8 years	Georgia Burdett	60	Anthony Wilson	62
9 years	Ellena Jeffery	64	James Vick	64
10 years	Ashton Middleton	64	Frankie Hutchinson	62
11 years	Jade Hughes	62	George Leigh	56
JUNIOR	Ellena Jeffery/Ashton Middleton	64	James Vick	64
12 years	Lauren Frape	74	Daniel Bassett	78
13 years	Emily White	74	Luke Forrest	70
14 years	Rebecca Gravell	78	Ayodele Ajanaku	48
15 years	Emma Coppen	76	Sam Gardiner	78
16+ years	Rosie Gardner	62	Alan Fordham	60
OPEN	Rebecca Gravell	78	Sam Gardiner / Daniel Bassett	78

special awards

Swimmer of the Year	
Naomi Ross	Matt Bassett
Progress Cup	
Lauren Frape	Luke Tait
Endeavour Cup	
Anna Shea	
Synchro Swimmer of the Year	
Alex Wilkes	
Open Top Scorer in Finals	
Emma Coppen	

200m and IM club championships (trophy titles)—November

	JUNIOR GIRLS	Time	Event best	JUNIOR BOYS	Time	Event best
FLY	Alix Bliss	3.36.85	Emily White - 3.16	James Vick	3.26.90	Callum Pearson - 3.12.20
BK	Jade Hughes	3.11.96	Casey Porritt - 2.53.99	Stuart Cunningham	3.19.71	Daniel Bassett - 3.12.02
BS	Jade Hughes	3.40.05	D Hutchinson - 3.29.50	George Leigh	3.41.35	Luke Forrest - 3.31.72
FC	Ashton Middleton	2.51.67	Casey Porritt - 2.38.37	James Vick	2.51.21	Callum Pearson - 2.43.87
4x1	Alix Bliss	1.31.61	Casey Porritt - 1.22.38	James Vick	1.31.17	Callum Pearson - 1.26.42
4x2	Ashton Middleton	3.14.76	Casey Porritt - 2.56.73	James Vick	3.13.37	Callum Pearson - 3.05.91

	OPEN GIRLS	Time	Event best	OPEN BOYS	Time	Event best
FLY	Emma Coppen	2.35.10	Emma Coppen - 2.35.10	Barry Cusselle	2.32.05	Simon Facer - 2.29.13
BK	Naomi Ross	2.36.69	Naomi Ross - 2.36.69	Matthew Bassett	2.38.73	Tim Colman - 2.24.41
BS	Rosie Gardner	2.59.41	Rosie Gardner - 2.59.41	Sam Gardiner	2.45.74	Sam Gardiner - 2.45.74
FC	Emma Coppen	2.19.31	Naomi Ross - 2.17.44	Michael Redpath	2.11.44	Shane Hume - 2.01.99
4x1	Emma Coppen	1.11.50	Emma Coppen - 1.11.50	Barry Cusselle	1.09.20	Shane Hume - 1.05.18
4x2	Emma Coppen	2.37.03	Emma Coppen - 2.35.34	Alan Fordham	2.31.29	Shane Hume - 2.21.93

POINTS	GIRLS	Points	BOYS	Points
Junior (9-11)	Jade Hughes	60	James Vick	92
Open (12+)	Emma Coppen	64	Barry Cusselle	58

winter presentation at Christ Church, Broadway, Bexleyheath

	SPEEDO A	SPEEDO B	WHITE HORSE	KENT JUNIOR	OCTOPUS
1	Emma Coppen 98	Elizabeth Kennedy 70	Emma Coppen 240	James Vick 67	Matt Tait 108
2	Naomi Ross 83	Lily Gardner 58	Chloe Hobbs 208	Chloe Hobbs 62	Holly Verrier 99
3	Lauren Thompson 74	Caitlin Colman 52	Naomi Ross 202	Emily White 54	Matt Bulmer 79
4	Chloe Hobbs 66	Lily Osborne 47	Emily White 172	Daniel Bassett 50	Amy Allen 76
5	Rosie Gardner 62	Lauren Frape 45	Caitlin Colman 128	Ashton Middleton 45	Kathryn Perkins 74
6	Emily White 51	Rebecca Hussey 41	Sam Gardiner 125	Casey Porritt 43	Anna Shea 70
7	Sam Gardiner 50	Daniel Upsher 39	James Vick 106	Daisie Hutchinson 41	Ryan Trinder 60
8	Rebecca Gravell 41	=Luch Cowell 35	Matt Bassett 102	Jade Hughes 37	=Olivia Maunders 59
9	Matt Bassett 39	=Joanne Ball 35	=Daisie Hutchinson 100	George Leigh 35	=Jon Cuthbert 59
10	=Jade Hughes 35	Mark Nicholls 29	=Rosie Gardner 100	Olivia Maunders 31	=Jessica Brock 59
10	=Barry Cusselle 35				=Ross Lusted 59



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fast lane news

• Hot FM internet radio continues to operate via the Club's website; www.edsc.org.uk for more details

• Your Club Captains for 2009 are Michael Redfeam & Rebecca Hussey, with the Vice captaincy going to Matt & Megan Bassett

• We are constantly looking for raffle prizes to help raise funds for the Club. If you have anything going spare please speak to Sue Gardiner

• We are looking for ways in which we can raise some much needed funds for Germany 2009. If you have an idea or wish to offer a form of sponsorship please speak to Paul White or Paul Nicholls.

• EDSC's summer BBQ, party and presentation will be back this year after raising a staggering £3,000 for the Club in 2008. Saturday 11th July is the date for the diary; please support the raffle draw

• Congratulations to EDSC newlyweds Mark Russell and Freda Ross who tied the knot in November 2008 and also Tim Wilkes & Luch Cowell who are doing likewise in October this year

club records

These are the Club Records for the end of February. Please note if you think a swimmer has obtained a Club Record please inform John Burdett or Richard Cornell. You can also e-mail records@edsc.org.uk

Event	Age	Competitor	Time	Competitor / Team	Time
25m Front Crawl	8 & U	Isabelle Picken 2006	00.18.91	Lewis Hayes 2009	00.18.08
25m Backstroke	8 & U	Jade Hughes 2006	00.22.02	Lewis Hayes 2009	00.21.39
25m Breaststroke	8 & U	Jade Hughes 2006	00.25.18	Lewis Hayes 2009	00.23.19
25m Butterfly	8 & U	Isabelle Picken 2006	00.22.16	Anthony Wilson	00.26.66
25m Front Crawl	10 & U	Casey Porritt 2006	00.15.37	Jack Hussey 2006	00.17.13
50m Front Crawl	10 & U	Casey Porritt 2006	00.33.36	Daniel Bassett 2007	00.34.20
25m Backstroke	10 & U	Emily White/Casey Porritt 2006	00.18.53	Jack Hussey 2006	00.19.03
50m Backstroke	10 & U	Emily White 2006	00.39.87	Jack Hussey 2006	00.39.89
25m Breaststroke	10 & U	Casey Porritt 2006	00.21.33	Luke Forrest 2006	00.21.87
50m Breaststroke	10 & U	Casey Porritt 2006	00.44.32	George Leigh 2008	00.47.53
25m Butterfly	10 & U	C. Colman/E. White/C. Porritt 2006	00.17.60	Callum Pearson 2006	00.17.90
50m Butterfly	10 & U	Caitlin Colman 2006	00.39.67	Callum Pearson 2006	00.40.21
50m Front Crawl	12 & U	Chloe Hobbs 2008	00.29.86	Daniel Bassett 2009	00.31.85
100m Front Crawl	12 & U	Chloe Hobbs 2008	01.06.43	Michael Cook 2004	01.03.97
50m Backstroke	12 & U	Emily White 2008	00.35.92	Luke Forrest 2008	00.38.44
100m Backstroke	12 & U	Laura Porritt 2004	01.14.66	Michael Cook 2004	01.07.59
50m Breaststroke	12 & U	Alice McCalla 2006	00.40.51	Ayodele Ajanaku 2006	00.40.49
100m Breaststroke	12 & U	Daisy Hutchinson 2007	01.27.04	Joe Thorogood 2003	01.19.40
50m Butterfly	12 & U	Emma Coppen 2006	00.32.29	Luke Tait	00.36.33
100m Butterfly	12 & U	Emma Coppen 2006	01.10.44	Jamie Perrin 2006	01.21.17
50m Front Crawl	14 & U	Naomi Ross 2007	00.29.42	Timothy Colman 2007	00.27.46
100m Front Crawl	14 & U	Naomi Ross 2007	01.03.67	Andrew Bates 1996	00.58.90
50m Backstroke	14 & U	Emily White	00.34.04	Timothy Colman 2007	00.29.95
100m Backstroke	14 & U	Laura Porritt 2006	01.13.17	Timothy Colman 2007	01.04.72
50m Breaststroke	14 & U	Elizabeth Kennedy 2008	00.39.98	Sam Gardiner 2007	00.35.50
100m Breaststroke	14 & U	Hannah Spencer 1993	01.24.76	James Stear 2004	01.13.40
50m Butterfly	14 & U	Emma Coppen 2008	00.31.47	Timothy Colman 2007	00.29.35
100m Butterfly	14 & U	Emma Coppen 2007	01.08.91	Timothy Colman 2007	01.07.01
50m Front Crawl	16 & U	Naomi Ross 2008	00.29.20	Alan Fordham 2008	00.25.86
100m Front Crawl	16 & U	Naomi Ross 2008	01.01.87	Nicholas McMonagle 2005	00.55.47
50m Backstroke	16 & U	Laura Porritt 2007	00.34.07	Nicholas McMonagle 2006	00.29.23
100m Backstroke	16 & U	Laura Porritt 2006	01.12.80	Nicholas McMonagle 2006	01.03.07
50m Breaststroke	16 & U	Rosie Gardner 2008	00.37.02	James Stear 2006	00.32.03
100m Breaststroke	16 & U	Hannah Spencer 1994	01.21.65	James Stear 2006	01.09.99
50m Butterfly	16 & U	Emma Coppen 2008	00.31.47	James Stear 2006	00.28.73
100m Butterfly	16 & U	Emma Coppen 2007	01.08.91	James Stear 2005	01.04.54
50m Front Crawl	Open	Emma Saunders 2007	00.28.82	Shane Hume 2006	00.25.00
100m Front Crawl	Open	Chloe Ross 2007	01.01.64	Shane Hume 2006	00.54.29
50m Backstroke	Open	Kelsey McCue 2008	00.33.18	Nicholas McMonagle 2006	00.29.23
100m Backstroke	Open	Chloe Ross 2007	01.08.52	Nicholas McMonagle 2006	01.03.07
50m Breaststroke	Open	Rosie Gardner 2008	00.37.02	James Stear 2006	00.32.03
100m Breaststroke	Open	Hannah Spencer 1996	01.18.53	James Stear 2006	01.09.99
50m Butterfly	Open	Emma Coppen 2008	00.31.47	Mark Russell 2004	00.27.66
100m Butterfly	Open	Freda Ross 1998	01.08.21	Grant Cooper 2001	01.01.49
Junior 200m Front Crawl	11 & U	Casey Porritt 2006	02.38.37	Callum Pearson 2006	02.43.87
Junior 200m Backstroke	11 & U	Casey Porritt 2006	02.53.99	Daniel Bassett 2007	03.12.02
Junior 200m Breaststroke	11 & U	Daisie Hutchinson 2006	03.29.50	Luke Forrest 2007	03.31.40
Junior 200m Butterfly	11 & U	Caitlin Coleman 2007	03.14.31	Callum Pearson 2006	03.12.20
Junior 100m Individual Medley	11 & U	Casey Porritt 2006	01.22.38	Callum Pearson 2007	01.25.38
Junior 200m Individual Medley	11 & U	Casey Porritt 2006	02.56.73	Callum Pearson 2006	03.05.91
Open 200m Front Crawl	12 & O	Naomi Ross 2007	02.17.44	Shane Hume 2007	01.59.26
Open 200m Backstroke	12 & O	Naomi Ross 2007	02.38.67	Timothy Colman 2007	02.23.21
Open 200m Breaststroke	12 & O	Luciana Cowell 2007	03.06.70	Matt Kirkup 2006	02.47.87
Open 200m Butterfly	12 & O	Laura Porritt 2007	02.31.71	Simon Facer 2006	02.29.13
Open 100m Individual Medley	12 & O	Emma Coppen 2007	01.13.43	Shane Hume 2007	01.05.18
Open 200m Individual Medley	12 & O	Emma Coppen 2008	02.34.67	Shane Hume 2007	02.20.49

forthcoming events

These are the key upcoming events to the summer. A full list of known forthcoming events is available via the website at www.edsc.org.uk.

MARCH

Saturday 21st Tudor League R3 / Synchro Comp
Saturday 28th Octopus League R1

APRIL

Saturday 18th Tudor League R4 / White Horse R2
Sunday 19th Champions of the Future
Sunday 26th Junior Speedo R1

MAY

Saturday 9th Octopus League R2

Sunday 10th or 17th Junior Speedo R2

Sunday 17th Tudor League R5

Thursday 28th to Monday 1st Germany 2009

JUNE

Saturday 13th White Horse R3

Sunday 14th Tudor League R6

Sunday 28th Junior Speedo R3

JULY

Saturday 4th White Horse R4

NEXT ISSUE OUT
MID-JULY