

**Erith and District Swimming Club****Meet Results**

**National Arena League 2011 R2 12-Nov-11 [Ageup: 31/12/2011] SC Meters  
Erith and District [EDSC]**

<b>Time</b>	<b>F/P/S</b>	<b>Relay</b>		<b>Place</b>	<b>Points</b>
<b>Improv</b>					
<b>Event # 1 Female 100 IM 16 &amp; Over</b>					
1:14.41S	F	Gravell, Rebecca		1	6 -0.24
<b>Event # 2 Male 100 IM 16 &amp; Over</b>					
1:11.15S	F	Cusselle, Barry		5	2 1.95
<b>Event # 3 Female 200 Free Relay 9-11</b>					
2:26.88 S F	A Relay	Erith and District		2	5
Ruby Verge (11)	32.88	Georgia Burdett (11)	Danielle Hills (11)	Jessica Clark (11)	
		41.08	36.73		
<b>Event # 4 Male 200 Free Relay 9-11</b>					
2:24.56 S F	A Relay	Erith and District		2	5
Alexander Song (11)	35.11	Lewis Hayes (10)	George Hills (11)	Tom Shea (11)	
		36.11	37.36	35.98	
<b>Event # 5 Female 200 Medley Relay 12-13</b>					
2:37.95 S F	A Relay	Erith and District		3	4
Olivia Fryett (13)	39.30	Georgia Burdett (11)	Ashton Middleton (13)	Olivia Maunders (13)	
		44.89	40.20	33.56	
<b>Event # 6 Male 200 Medley Relay 12-13</b>					
2:34.07 S F	A Relay	Erith and District		3	4
George Steer (13)	39.85	James Vick (12)	Sam Delatouche (13)	Frankie Hutchinson (13)	
		41.87	40.16	32.19	
<b>Event # 7 Female 200 Free Relay 14-15</b>					
2:07.66 S F	A Relay	Erith and District		2	5
Holly Fryett (14)	31.38	Jade Hughes (14)	Alix Bliss (14)	Sarah-Louise Shattock-Gomez (15)	
		31.54	32.76	31.98	
<b>Event # 8 Male 200 Free Relay 14-15</b>					
1:57.24 S F	A Relay	Erith and District		2	5
Daniel Bassett (15)	27.27	Jack Capstick	Ben Hughes (14)	George Leigh (14)	
		29.09	30.62	30.26	
<b>Event # 9 Female 200 Medley Relay16 &amp; Over</b>					
2:16.75 S F	A Relay	Erith and District		1	6
Rebecca Gravell (17)	34.11	Rosie Gardner (20)	Caitlin Colman (16)	Emily White (16)	
		37.70	35.01	29.93	
<b>Event # 10 Male 200 Medley Relay16 &amp; Over</b>					
2:06.71 S F	A Relay	Erith and District		3	4
Jack Capstick (15)	33.43	Rory Jenner (27)	Mark Russell (39)	Tommy Cowell (16)	
		36.31	28.63	28.34	
<b>Event # 11 Female 50 Back 10-11</b>					
38.06S	F	Verge, Ruby		1	6 -0.69
<b>Event # 12 Male 50 Back 10-11</b>					
41.10S	F	Shea, Tom		2	5 0.44
<b>Event # 13 Female 100 Breast 12-13</b>					

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<b>Improv</b>				
1:32.90S	F	Middleton, Ashton	3	4 3.21
<b>Event # 14</b>	<b>Male 100 Breast</b>	<b>12-13</b>		
1:31.85S	F	Vick, James	2	5 0.78
<b>Event # 15</b>	<b>Female 100 Back</b>	<b>14-15</b>		
1:14.25S	F	Fryett, Holly	1	6 0.51
<b>Event # 16</b>	<b>Male 100 Back</b>	<b>14-15</b>		
1:15.22S	F	Capstick, Jack	2	5
<b>Event # 17</b>	<b>Female 100 Fly 16 &amp; Over</b>			
1:18.12S	F	Colman, Caitlin	1	6 1.23
<b>Event # 18</b>	<b>Male 100 Fly 16 &amp; Over</b>			
1:04.56S	F	Russell, Mark	1	6 1.30
<b>Event # 19</b>	<b>Female 50 Fly</b>	<b>10-11</b>		
44.22S	F	Burdett, Georgia	3	4 2.71
<b>Event # 20</b>	<b>Male 50 Fly</b>	<b>10-11</b>		
40.13S	F	Song, Alexander	3	4 1.88
<b>Event # 21</b>	<b>Female 100 Back</b>	<b>12-13</b>		
1:24.50S	F	Fryett, Olivia	4	3 -0.22
<b>Event # 22</b>	<b>Male 100 Back</b>	<b>12-13</b>		
1:21.46S	F	Steer, George	4	3 -3.89
<b>Event # 23</b>	<b>Female 100 Fly</b>	<b>14-15</b>		
1:26.10S	F	Hughes, Jade	3	4 2.18
<b>Event # 24</b>	<b>Male 100 Fly</b>	<b>14-15</b>		
1:13.17S	F	Bassett, Daniel	2	5 -0.83
<b>Event # 25</b>	<b>Female 100 Back 16 &amp; Over</b>			
1:12.21S	F	Gravell, Rebecca	1	6 1.39
<b>Event # 26</b>	<b>Male 100 Back 16 &amp; Over</b>			
1:19.99S	F	Hughes, Ben	5	2 -7.07
<b>Event # 27</b>	<b>Female 50 Breast</b>	<b>10-11</b>		

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<b>Improv</b>					
46.53S	F	Burdett, Georgia	1	6	1.72
<b>Event # 28</b>	<b>Male 50 Breast</b>	<b>10-11</b>			
51.21S	F	Hills, George	4	3	-1.54
<b>Event # 29</b>	<b>Female 100 Fly</b>	<b>12-13</b>			
1:33.90S	F	Maunder, Olivia	4	3	-2.35
<b>Event # 30</b>	<b>Male 100 Fly</b>	<b>12-13</b>			
1:24.63S	F	Song, Alexander	4	3	---
<b>Event # 31</b>	<b>Female 100 Free</b>	<b>14-15</b>			
DQ	F	Shattock-Gomez, Sarah-Louise	---	---	---
<b>Event # 32</b>	<b>Male 100 Free</b>	<b>14-15</b>			
59.26S	F	Bassett, Daniel	1	6	-0.76
<b>Event # 33</b>	<b>Female 100 Breast</b>	<b>16 &amp; Over</b>			
1:25.01S	F	Gardner, Rosie	1	6	-0.82
<b>Event # 34</b>	<b>Male 100 Breast</b>	<b>16 &amp; Over</b>			
1:21.46S	F	Jenner, Rory	4	3	2.30
<b>Event # 35</b>	<b>Female 50 Free</b>	<b>10-11</b>			
32.99S	F	Verge, Ruby	2	5	-1.01
<b>Event # 36</b>	<b>Male 50 Free</b>	<b>10-11</b>			
35.68S	F	Hayes, Lewis	2	5	1.06
<b>Event # 37</b>	<b>Female 100 Free</b>	<b>12-13</b>			
1:08.63S	F	Middleton, Ashton	3	4	0.19
<b>Event # 38</b>	<b>Male 100 Free</b>	<b>12-13</b>			
1:11.34S	F	Hutchinson, Frankie	4	3	-3.45
<b>Event # 39</b>	<b>Female 100 Breast</b>	<b>14-15</b>			
1:28.42S	F	Fryett, Holly	2	5	1.04
<b>Event # 40</b>	<b>Male 100 Breast</b>	<b>14-15</b>			
1:24.35S	F	Leigh, George	3	4	-0.21
<b>Event # 41</b>	<b>Female 100 Free</b>	<b>16 &amp; Over</b>			
DQ	F	White, Emily	---	---	---

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Time	F/P/S	Relay			Place	Points
Improv						
<b>Event # 42 Male 100 Free 16 &amp; Over</b>						
1:02.06S	F		Cowell, Tommy		4	3 1.91
<b>Event # 43 Female 200 Medley Relay 9-11</b>						
DQ F	A Relay		Erith and District		---	---
Ruby Verge (11)			Danielle Hills (11)	Georgia Burdett (11)		Jessica Clark (11)
<b>Event # 44 Male 200 Medley Relay 9-11</b>						
2:53.09 S F	A Relay		Erith and District		2	5
Tom Shea (11)			George Hills (11)	Alexander Song (11)		Lewis Hayes (10)
	45.92	50.74	40.63	35.80		
<b>Event # 45 Female 200 Free Relay 12-13</b>						
2:18.68 S F	A Relay		Erith and District		3	4
Ashton Middleton (13)			Olivia Maunders (13)	Olivia Fryett (13)		Ruby Verge (11)
	32.56	35.16	36.06	34.90		
<b>Event # 46 Male 200 Free Relay 12-13</b>						
2:12.50 S F	A Relay		Erith and District		3	4
James Vick (12)			Frankie Hutchinson (13)	George Steer (13)		Sam Delatouche (13)
	33.85	33.15	32.80	32.70		
<b>Event # 47 Female 200 Medley Relay 14-15</b>						
2:29.56 S F	A Relay		Erith and District		2	5
Holly Fryett (14)			Jade Hughes (14)	Alix Bliss (14)		Sarah-Louise Shattock-Gomez (15)
	35.50	43.48	38.38	32.20		
<b>Event # 48 Male 200 Medley Relay 14-15</b>						
2:12.13 S F	A Relay		Erith and District		2	5
Jack Capstick (15)			George Leigh (14)	Daniel Bassett (15)		Ben Hughes (14)
	33.81	37.04	32.08	29.20		
<b>Event # 49 Female 300 Free Relay16 &amp; Over</b>						
3:03.52 S F	A Relay		Erith and District		1	6
Emily White (16)			Ashton Middleton (13)	Holly Fryett (14)		
	30.27	30.45	30.64			
Rebecca Gravell (17)			Caitlin Colman (16)	Rosie Gardner (20)		
	31.28	31.01	29.87			
<b>Event # 50 Male 300 Free Relay16 &amp; Over</b>						
2:44.69 S F	A Relay		Erith and District		2	5
Paul W. Nicholls (31)			Daniel Bassett (15)	Mark Russell (39)		
	27.26	27.16	25.95			
Tommy Cowell (16)			Rory Jenner (27)	Barry Cusselle (29)		
	28.12	29.14	27.06			

Round I Gala Result			Our League Postion is 3rd out of 12		
1	Sevenoaks B	262	= 1st	Sevenoaks B	513 12
2	<b>Erith &amp; District</b>	<b>213</b>	= 1st	Redhill & Reigate	509 12
3	Hythe Aqua	196	<b>= 3rd</b>	<b>Erith &amp; District</b>	<b>439.5 10</b>
4	City of Rochester	191	= 3rd	Ashford Town	379 10
5	Larkfield	131	5th	Hythe Aqua	375 8
6	Cheam Marcuda	115	= 6th	1066 Swimmers	283 6

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**Improv**

We put in another strong performance at The Spa, Beckenham in round II (of III) of the National Arena League **finishing 2nd** on the night placing us **3rd on the division 2 league table**. With one round to go we are in a great position to gain promotion back to division 1 next year by finishing in the top 3, so we really have everything to play for. Our **11 winners** on the night came from; **Rebecca Gravell** (Open 4x25m IM & 100m BK), **Ruby Verge** (10-11yrs 50m BK), **Holly Fryett** (15/u 100m BK), **Caitlin Colman & Mark Russell** (Open 100m FLY), **Georgia Burdett** (10-11yrs 50m BR), **Daniel Bassett** going sub 60 seconds for the first time to win the 15/u 100m FREE, **Rosie Gardner** (Open 100m BR) as well as our Open girls winning both their relays which included **Emily White** and **Ashton Middleton** - fantastic wins!

On top of this we also gained 32 personal best performances from; **Olivia Fryett and George Steer** who took 4 seconds off his previous time (13/u 100m BK), **Ben Hughes** who stepped in on the day and swam out of age to earn an 8 second pb (Open 100m BK) **George Hills** (10-11yrs 50m BR), **Olivia Maunders** taking 3 seconds off & **Alex Song** (13/u 100m FLY), **Frankie Hutchinson** taking 3 seconds off (13/u 100m FREE) and **George Leigh** (15/u 100m BR). In our relays we had pbs from; **Jessica Clark and Tom Shea** (9-11yrs FREE) **Sam Delatouche** (13/u MED & FREE), **Alix Bliss and Sarah-Lousie Shattock-Gomez** going under 32 seconds for the first time (15/u FREE).

Unfortunately **we lost 15 points through disqualifications**; 2 false starts and 1 back stroke turn in races where we came 1st, 2nd and 3rd! Hopefully we can correct this for the final round because in round I we did not have any Dqs at all and these were faults that should not have happened, I think they were the product of nerves as they were happening towards the end of the gala when it was apparent we were doing well and so those swimmers would have been feeling the pressure. These points would not have affected our overall placing however so there is some solace there.

Thanks to **Ruth Bassett** for team managing, **Paul White** for time keeping and a foray of parents; **Denise Pink, Mrs Capstick, Wayne Hills** and **Sandra Daniels** for taking the splits - let's make sure we get the result we deserve in the final.