

Erith and District Swimming Club**Meet Results**

**National Arena League 2011 R3 10-Dec-11 [Ageup: 31/12/2011] SC Meters
Erith and District [EDSC]**

Time	F/P/S Relay	Place	Points
Improv			
Event # 1 Female 100 IM 16 & Over			
1:14.53S	F Gravell, Rebecca	3	4 0.12
Event # 2 Male 100 IM 16 & Over			
1:05.06S	F Cook, Michael	1	6 0.90
Event # 3 Female 200 Free Relay 9-11			
DQ F	A Relay Erith and District	---	---
Event # 4 Male 200 Free Relay 9-11			
2:25.22 S F	A Relay Erith and District	3	4
Alexander Song (11)	Tom Shea (11)	Ben Middleton (10)	George Hills (11)
34.13	37.40	37.90	35.79
Event # 5 Female 200 Medley Relay 12-13			
2:34.85 S F	A Relay Erith and District	5	2
Olivia Fryett (13)	Georgia Burdett (11)	Olivia Maunders (13)	Ashton Middleton (13)
39.61	45.49	39.61	30.14
Event # 6 Male 200 Medley Relay 12-13			
2:29.66 S F	A Relay Erith and District	3	4
George Steer (13)	James Vick (12)	Frankie Hutchinson (13)	Ryan G. Hayes (13)
38.62	40.44	37.88	32.72
Event # 7 Female 200 Free Relay 14-15			
2:06.03 S F	A Relay Erith and District	3	4
Holly Fryett (14)	Jade Hughes (14)	Sarah-Louise Shattock-Gomez (15)	Ashton Middleton (13)
31.41	31.66	32.56	30.40
Event # 8 Male 200 Free Relay 14-15			
1:56.81 S F	A Relay Erith and District	4	3
George Leigh (14)	Ben Hughes (14)	Jack Capstick (15)	Daniel Bassett (15)
30.40	30.81	28.88	26.72
Event # 9 Female 200 Medley Relay16 & Over			
2:16.79 S F	A Relay Erith and District	3	4
Rebecca Gravell (17)	Rosie Gardner (20)	Caitlin Colman (16)	Emily White (16)
34.38	37.62	34.97	29.82
Event # 10 Male 200 Medley Relay16 & Over			
1:59.34 S F	A Relay Erith and District	3	4
Michael Cook (20)	Mark Russell (39)	Barry Cusselle (29)	Tommy Cowell (16)
30.28	32.16	29.27	27.63
Event # 11 Female 50 Back 10-11			
37.18S	F Verge, Ruby	1	6 -0.88
Event # 12 Male 50 Back 10-11			
42.79S	F Shea, Tom	4	3 2.13
Event # 13 Female 100 Breast 12-13			
1:34.19S	F Middleton, Ashton	4	3 4.50

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Improv					
Event # 14 Male 100 Breast 12-13					
1:30.25S	F	Vick, James	2	5	-0.82
Event # 15 Female 100 Back 14-15					
1:16.75S	F	Fryett, Holly	4	3	3.01
Event # 16 Male 100 Back 14-15					
1:14.25S	F	Capstick, Jack	5	2	
Event # 17 Female 100 Fly 16 & Over					
1:18.75S	F	Colman, Caitlin	3	4	1.86
Event # 18 Male 100 Fly 16 & Over					
1:04.97S	F	Russell, Mark	2	5	1.71
Event # 19 Female 50 Fly 10-11					
41.40S	F	Burdett, Georgia	3	4	-0.11
Event # 20 Male 50 Fly 10-11					
37.31S	F	Song, Alexander	2	5	-0.94
Event # 21 Female 100 Back 12-13					
1:23.19S	F	Fryett, Olivia	6	1	-0.20
Event # 22 Male 100 Back 12-13					
1:21.71S	F	Steer, George	4	3	0.25
Event # 23 Female 100 Fly 14-15					
1:27.78S	F	Hughes, Jade	5	2	3.86
Event # 24 Male 100 Fly 14-15					
1:11.72S	F	Bassett, Daniel	3	4	-0.18
Event # 25 Female 100 Back 16 & Over					
1:11.81S	F	Gravell, Rebecca	1	6	0.99
Event # 26 Male 100 Back 16 & Over					
1:04.44S	F	Cook, Michael	2	5	2.28
Event # 27 Female 50 Breast 10-11					
45.16S	F	Burdett, Georgia	1	6	0.35

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Improv				
Event # 28	Male 50 Breast	10-11		
48.00S	F	Song, Alexander	4	3 0.10
Event # 29	Female 100 Fly	12-13		
1:32.91S	F	Maunders, Olivia	4	3 1.33
Event # 30	Male 100 Fly	12-13		
1:28.81S	F	Song, Alexander	3	4 4.18
Event # 31	Female 100 Free	14-15		
1:11.66S	F	Shattock-Gomez, Sarah-Louise	5	2 1.41
Event # 32	Male 100 Free	14-15		
58.90S	F	Bassett, Daniel	1	6 0.82
Event # 33	Female 100 Breast 16 & Over			
1:24.78S	F	Gardner, Rosie	2	5 -0.23
Event # 34	Male 100 Breast 16 & Over			
1:20.25S	F	Jenner, Rory	5	2 1.09
Event # 35	Female 50 Free	10-11		
33.62S	F	Verge, Ruby	2	5 0.74
Event # 36	Male 50 Free	10-11		
36.94S	F	Hills, George	5	2 0.13
Event # 37	Female 100 Free	12-13		
1:07.22S	F	Middleton, Ashton	2	5 1.11
Event # 38	Male 100 Free	12-13		
1:10.13S	F	Hutchinson, Frankie	4	3 0.17
Event # 39	Female 100 Breast	14-15		
1:29.81S	F	Fryett, Holly	4	3 2.43
Event # 40	Male 100 Breast	14-15		
1:24.35S	F	Leigh, George	5	2 0.99
Event # 41	Female 100 Free 16 & Over			
1:06.57S	F	White, Emily	2	5 0.75

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Time	F/P/S Relay	Place	Points
Event # 42 Male 100 Free 16 & Over			
1:00.91S	F Cowell, Tommy	5	2 0.76
Event # 44 Male 200 Medley Relay 9-11			
2:51.84 S F	A Relay Erith and District	4	3
Tom Shea (11)	George Hills (11)	Alexander Song (11) Ben Middleton (10)	
43.53	51.26 38.94 38.11		
Event # 45 Female 200 Free Relay 12-13			
2:15.22 S F	A Relay Erith and District	3	4
Olivia Maunder (13)	Olivia Fryett (13)	Ruby Verge (11) Ashton Middleton (13)	
34.76	35.49 34.46 30.51		
Event # 46 Male 200 Free Relay 12-13			
2:11.60 S F	A Relay Erith and District	3	4
George Steer (13)	James Vick (12)	Ryan G. Hayes (13) Frankie Hutchinson (13)	
33.30	31.98 33.40 32.92		
Event # 47 Female 200 Medley Relay 14-15			
2:29.25 S F	A Relay Erith and District	5	2
Holly Fryett (14)	Georgia Burdett (11)	Jade Hughes (14) Sarah-Louise Shattock-Gomez (15)	
35.97	45.47 36.10 31.71		
Event # 48 Male 200 Medley Relay 14-15			
2:12.43 S F	A Relay Erith and District	3	4
Jack Capstick (15)	George Leigh (14)	Daniel Bassett (15) Ben Hughes (14)	
34.10	37.81 30.97 29.55		
Event # 49 Female 150 Free Relay16 & Over			
3:01.13 S F	A Relay Erith and District	2	5
Rebecca Gravell (17)	Caitlin Colman (16)	Rosie Gardner (20)	
30.25	29.94 29.94		
Emily White (16)	Ashton Middleton (13)	Holly Fryett (14)	
29.82	30.86 30.31		
Event # 50 Male 150 Free Relay16 & Over			
2:41.00 S F	A Relay Erith and District	3	4
Mark Russell (39)	Tommy Cowell (16)	Daniel Bassett (15)	
25.84	27.53 27.03		
Michael Cook (20)	Barry Cusselle (29)	Paul W. Nicholls (31)	
26.97	26.54 27.15		

Round III Gala Result			Our Final 2011 League Postion is 3rd out of 12		
1	Sevenoaks B	216	1st	Sevenoaks B	729 48
2	Redhill & Reigate	214	2nd	Redhill & Reigate	723 46
3	Erith & District	180	3rd	Erith & District	619.5 42
4	Ashford Town	170	4th	Ashford Town	549 40
5	1066	134	5th	Hythe Aqua	503 34
6	Hythe Aqua	128	6th	1066	417 34

we have now been promoted to Division 1

Canterbury would be the pool that would decide our fate in this year's fight back to Division 1 in the National Arena League following relegation last year. We went into the final seeded 3rd out of 12 clubs knowing the top 3 clubs at

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the end of 50 events would gain promotion. **25 personal best performances** later **we finished 3rd securing our goal and returning to Division 1** next year. There was a great atmosphere on pool side as the swimmers clearly felt the gravitas of the event, especially when at the half way mark we were in joint third position! It was great to see lots of cheering, lots of hard work, great swimming and everyone remain at the end to see the presentations.

Our **individual winners** on the night were; back from uni **Michael Cook** (Open 100m IM), and 3 wins in 3 rounds from each of the following; **Ruby Verge** (10/11yrs 50m BK), **Rebecca Gravell** (Open 100m BK), **Georgia Burdett** (10/11yrs 50m BR) and **Daniel Bassett** (15/u 100m FREE). 100% record – you can't do better than that!

Gaining new **personal bests** were; **James Vick** (13/u 100m BR), **Alex Song** (10/11yrs 50m FLY), **Olivia Fryett** (13/u 100m BK), a double from **Ben Middleton**, **George Hills** (9-11yrs 4x50m FREE), **Olivia Maunders**, **Ashton Middleton** (13/u 4x50m MED), **Frankie Hutchinson**, in only his second gala **Ryan Hayes** (13/u 4x50m MED), **Jack Capstick** (15/u 4x50m FREE), **Ben Hughes** (15/u 4x50m Med), **Caitlin Colman**, **Holly Fryett** and **Tommy Cowell** (Open 6x50m FREE).

This year we have enlisted some of our Masters to help us out – so a big thank you to **Rosie Gardner**, **Rory Jenner**, **Mark Russell**, **Paul Nicholls** and **Barry Cusselle** for making a big impact and strengthening our open team. A special mention to **Jade Lucas** who swam in both 9-11yrs 4x50m girls relays despite knowing we did not have enough swimmers to finish the race and therefore would not gain any points. Jade herself swam a pb in both her 50m back and Free so it was well worth it indeed 😊

A fantastic end to a great year, our goal for next year is to finish round 2 in the safe zone (top 12 clubs out of 18).

Thanks to **Ruth Bassett** for team managing the league this year, **Dr Song** for Time Keeping and no thanks to anyone involved in announcing my 30th birthday or pushing me in at the end!