

**SPEEDO LEAGUE 2004 - PROGRAMME A TEAM**

Round 1 - 9<sup>th</sup> October, 2004.

Black Lion, Gillingham, 25m

<b>EVENT NO.</b>	<b>EVENT</b>	<b>SWIMMER(S)</b>	<b>POS'N</b>	<b>TIME</b>
1.	Ladies Open 4 x 1 Individual Medley	Luch Cowell	5 <sup>th</sup>	1.16.23
2.	Mens Open 4 x 1 Individual Medley	Shane Hume	3 <sup>rd</sup>	1.05.16
3.	Girls 9-11 years 4 x 1 Freestyle Relay	Emma Coppen Casey Porritt Alice McCalla Ria Surridge	3 <sup>rd</sup> 1.04.24	15.42 16.80 15.85 15.85
4.	Boys 9-11 years 4 x 1 Freestyle Relay	Shane Povey Garman Ryan Perrin Sam Gardiner Jamie Perrin	5 <sup>th</sup> 1.08.21	16.72 17.80 17.70 15.75
5.	Girls 13/U 4 x 1 Medley Relay	Sophie Evans Charlotte Edmonds Laura Porritt Emma Coppen	4 <sup>th</sup> 1.07.75	17.74 19.04 14.94 15.86
6.	Boys 13/U 4 x 1 Medley Relay	Michael Cook Matt Kirkup Tim Colman Thomas Rose	1 <sup>st</sup> 1.02.98	14.68 18.86 14.72 14.51
7.	Girls 15/U 4 x 1 Freestyle Relay	Emma Eady Rachael Cook Anna Lamstaes Grace McCalla	4 <sup>th</sup> 58.44	14.62 15.34 14.66 13.69
8.	Boys 15/U 4 x 1 Freestyle Relay	Nick McMonagle James Willey Joe Thorogood James Stear	2 <sup>nd</sup> 51.17	12.24 13.61 12.74 12.48

9.	Ladies Open 4 x 1 Medley Relay	Emily Chadwick Luch Cowell Freda Ross Grace McCalla	4 <sup>th</sup> 1.03.68	17.31 17.99 14.24 13.96
10.	Mens Open 4 x 1 Medley Relay	David Kane Mark Russell Shane Hume Paul Nicholls	2 <sup>nd</sup> 54.51	14.24 15.10 12.72 12.31
11.	Girls 10-11 years 50m Backstroke	Emma Coppen	1=	38.53
12.	Boys 10-11 years 50m Backstroke	Shane Povey Garman	1 <sup>st</sup>	40.51
13.	Girls 13/U 100m Breastroke	Sophie Evans	5 <sup>th</sup>	1.34.85
14.	Boys 13/U 100m Breastroke	Matt Kirkup	2 <sup>nd</sup>	1.29.64
15.	Girls 15/U 100m Backstroke	Laura Porritt	4 <sup>th</sup>	1.15.68
16.	Boys 15/U 100m Backstroke	Nick McMonagle	1 <sup>st</sup>	1.04.95
17.	Ladies Open 100m Butterfly	Freda Ross	2 <sup>nd</sup>	1.10.41
18.	Mens Open 100m Butterfly	Mark Russell	4 <sup>th</sup>	1.02.95
19.	Girls 10-11 years 50m Butterfly	Emma Coppen	1 <sup>st</sup>	37.76
20.	Boys 10-11 years 50m Butterfly	Jamie Perrin	2 <sup>nd</sup>	38.49
21.	Girls 13/U 100m Backstroke	Laura Porritt	2 <sup>nd</sup>	1.16.56
22.	Boys 13/U 100m Backstroke	Michael Cook	1 <sup>st</sup>	1.06.63
23.	Girls 15/U 100m Butterfly	Emma Coppen	5 <sup>th</sup>	1.19.14
24.	Boys 15/U 100m Butterfly	James Willey	4 <sup>th</sup>	1.10.51
25.	Ladies Open 100m Backstroke	Emily Chadwick	6 <sup>th</sup>	1.18.98
26.	Mens Open 100m Backstroke	Nick McMonagle	1 <sup>st</sup>	1.04.50
27.	Girls 10-11 years 50m Breastroke	Ria Surridge	2 <sup>nd</sup>	43.84
28.	Boys 10-11 years 50m Breastroke	Shane Povey Garman	2 <sup>nd</sup>	45.26
29.	Girls 13/U 100m Butterfly	Laura Porritt	3 <sup>rd</sup>	1.16.17
30.	Boys 13/U 100m Butterfly	Tim Colman	3 <sup>rd</sup>	1.21.38
31.	Girls 15/U 100m Freestyle	Anna Lamstaes	5 <sup>th</sup>	1.09.81
32.	Boys 15/U 100m Freestyle	Joe Thorogood	4 <sup>th</sup>	1.00.88
33.	Ladies Open 100m Breastroke	Luch Cowell	4 <sup>th</sup>	1.22.72
34.	Mens Open 100m Breastroke	Mark Russell	2 <sup>nd</sup>	1.15.31
35.	Girls 10-11 years 50m Freestyle	Ria Surridge	5 <sup>th</sup>	35.97

36.	Boys 10-11 years 50m Freestyle	Jamie Perrin	5 <sup>th</sup>	35.88
37.	Girls 13/U 100m Freestyle	Sophie Evans	5 <sup>th</sup>	1.09.55
38.	Boys 13/U 100m Freestyle	Michael Cook	1 <sup>st</sup>	1.01.65
39.	Girls 15/U 100m Breastroke	Rachael Cook	4 <sup>th</sup>	1.29.11
40.	Boys 15/U 100m Breastroke	James Stear	1 <sup>st</sup>	1.15.32
41.	Ladies Open 100m Freestyle	Freda Ross	3 <sup>rd</sup>	1.03.30
42.	Mens Open 100m Freestyle	Shane Hume	2 <sup>nd</sup>	55.68
43.	Girls 9-11 years 4 x 1 Medley Relay	Emma Coppen Alice McCalla Casey Porritt Ria Suridge	2 <sup>nd</sup> 1.14.83	18.98 20.31 18.69 16.62
44.	Boys 9-11 years 4 x 1 Medley Relay	Shane Povey Garman Sam Gardiner Jamie Perrin Ryan Perrin	3 <sup>rd</sup> 1.17.31	19.20 22.40 17.48 18.02
45.	Girls 13/U 4 x 1 Freestyle Relay	Laura Porritt Emma Coppen Charlotte Edmonds Sophie Evans	4 <sup>th</sup> 1.00.82	14.98 15.84 14.66 15.12
46.	Boys 13/U 4 x 1 Freestyle Relay	Thomas Rose Tim Colman Matt Kirkup Michael Cook	1 <sup>st</sup> 56.60	14.38 14.80 14.54 12.60
47.	Girls 15/U 4 x 1 Medley Relay	Emma Eady Rachael Cook Grace McCalla Anna Lamstaes	5 <sup>th</sup> 1.07.37	NTR NTR 15.52 14.98
48.	Boys 15/U 4 x 1 Medley Relay	Nick McMonagle James Stear James Willey Joe Thorogood	2 <sup>nd</sup> 58.56	14.91 15.97 14.65 12.85

49.	Ladies Open 6 x 2 Freestyle Relay	Luch Cowell	6 <sup>th</sup>	30.40
		Grace McCalla	3.07.63	31.25
		Emily Chadwick		31.87
		Laura Porritt		31.94
		Freda Ross		29.16
		Sophie Evans		32.88
50.	Mens Open 6 x 2 Freestyle Relay	David Kane	2 <sup>nd</sup>	25.94
		Paul Nicholls	2.36.24	26.75
		Mark Russell		26.10
		Nick McMonagle		26.06
		Gary Lansdale		26.06
		Shane Hume		25.07

### Final Result

1<sup>st</sup> White Darts - 222 points

2<sup>nd</sup> EDSC - 198.5 points

3<sup>rd</sup> Black Lion - 196 points

4<sup>th</sup> Kingston Royals B - 181.5 points

5<sup>th</sup> Rochester - 127 points

6<sup>th</sup> Elmbridge Pheonix - 123 points

Emma Coppen 3.5.11.19.23.43.45

Alice McCalla 3.43

Ria Surridge 3.27.35.43

Casey Porritt 3.43

Ryan Perrin 4.444

Sam Gardiner 4.44

Shane Povey Garman 4.12.28.44

Jamie Perrin 4.20.36.44

Laura Porritt 5.15.21.29.45.49

Sophie Evans 5.13.37.45.49

Charlotte Edmonds 5.45

Tim Colman 6.30.46

Matt Kirkup 6.14.46

Michael Cook 6.22.38.46

Thomas Rose 6.46

Rachael Cook 7.39.47

Grace McCalla 7.9.47.49

Emma Eady 7.47

Anna Lamstaes 7.31.47

Joe Thorogood 8.32.48

James Willey 8.24.48

James Stear 8.40.48

Nick McMonagle 8.16.26.48.50

Luch Cowell 1.9.33.49

Emily Chadwick 9.25.49

Freda Ross 9.17.41.49

Shane Hume 2.10.42.50

Mark Russell 10.18.34.50

David Cane 10.50

Paul Nicholls 10.50

Gary Lansdale 50