



Newsletter Edition No 3
April 2012

Erith & District Synchronised Swimming Club

London Open Competition

At the recent London Open Competition, Erith again did extremely well, especially in the figures section, with the club winning the following medals:

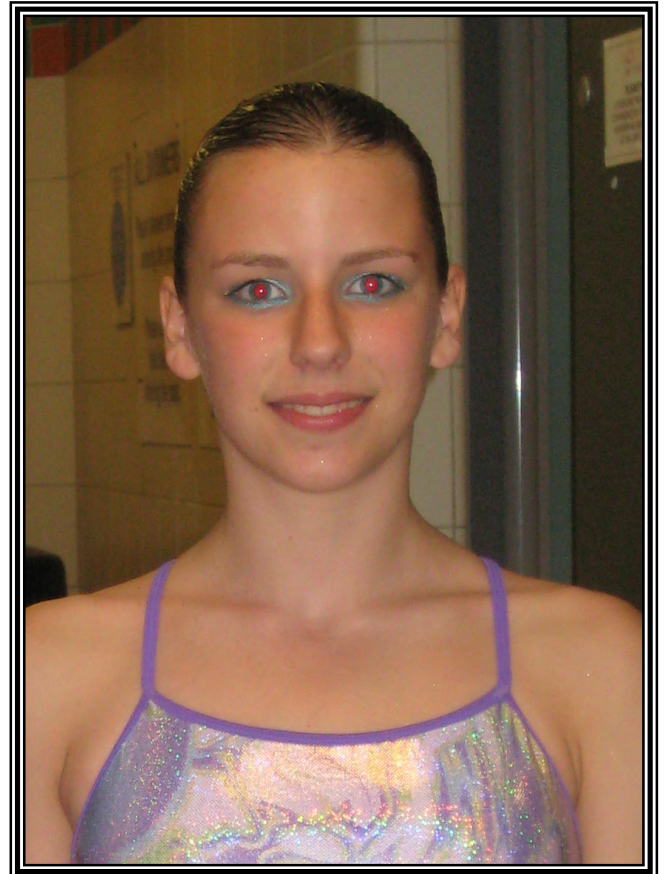
Megan Parker – Bronze U11 Unclassified figures
Lucy Ruff – Gold 12 & over Unclassified figures
Evie Ledwidge – Silver Section 2 figures
Danielle Hills – Bronze Section 2 figures
Jade Marwood – Gold Section 3 figures
Jade Hughes – Bronze Section 4 Pre-championship figures
Jade Hughes – Bronze Junior Solo
Jade H/Jade M/Lizzie H/Ria – Bronze Combination Team

Thank you for all those who were on poolside
Peter and Vince for scoring,
Val for being caller, Rachel and David for clerking,
Jenny and Steve for judging, Marnie and Lissie for
team manager.

Marnie for her support of the swimmers during
their figures.

Thank you for all the friends & family supporting
the swimmers and the club in the balcony.

Erith always has a strong presence at this
competition and if it wasn't for our
Club they would not be able to run it. Also for
your raffle prizes as we were the only Club that
donated except for the packet of biscuits!!



*Congratulations to Jade Marwood who won gold
in the section 3 figures at the recent London
Open Competition*

Congratulations

Well done to Grace Thackray, who achieved
100% attendance for February. A great
achievement as she now has 100%
attendance for the last 3 out of 4 months.

Skill Level Achievements

Success and Congratulations at Rugby

*Well done to Lucy, Olivia and Alix who achieved their Level 1, Danielle & Mille who achieved their
Level 2, and to Jade (Marwood) who achieved her Level 3.
Also well done to Jade (Hughes) and Lois for their enormous efforts. You were so close so keep trying
and you will get there.*

National Qualification – Danielle Hills

A Big Well Done for this great achievement. Danielle who has reached National Standard and will be able to compete at the National Age Groups Competition. Elizabeth Hunt also continues to be a National Age Group swimmer

Attendance

This month leading up to one of the big competitions of the year we would have expected full attendance from all swimmers.

I have attached the attendance for February.

TEAM	% ATTENDANCE	No. SESSIONS WITH FULL ATTENDANCE	
RIVERDANCE	63%	2	
SOUL TEAM	76%	2	
HAPPY FEET	60%	0	

Skills Day Sunday 6th May –

Haberdashers Askes Boys School, Elstree, Herts

Please can all swimmers make an effort to attend this Skills day. There are a number of swimmers who are capable of competing at National Level. It is a shame to let this talent waste and for you not to reach your full potential.

It is also probably the last the coaches will attend which means you will have to travel further and be on your own.

Dates For Your Diary

19th April to 22nd April: Olympic Trials

Thursday 19th April: NO TRAINING. Coaches at Olympic trials

Saturday 21st April: Jenny away Need cover for new swimmers

Sunday 6th May: London Skills Day Haberdashers Askes Boys School Elstree

Friday 11th May: Kent Synchronised Swimming Committee Meeting

Saturday 12th May: Surrey County Championships Morden Park NO TRAINING

Friday 25th-28th May: German 2012 Trip - TRAINING STILL ON FOR REMAINDER OF SWIMMERS

Saturday 7th July: Warwickshire Novice Invitational Competition/ Potters Bar Competition

Saturday 13th October: Multi Regionals All National Age Group Qualifiers/ Teams

Saturday 3rd November: Kent Competition All Swimmers

Saturday 10th November: Masters Competition.

Friday 31st November – 2nd December: National Age Group Competition

**Bring a friend/Introduce a friend to
Synchro**

If you know of anyone who would like to join us for a trial session please forward their name and contact details. New swimmers will be attending Saturdays 4-5 for 6 weeks starting 25th February at Eaglesfield. The first session is free. The cost is £30.

Any swimmer who introduces a swimmer who signs for full membership will receive a £5 book voucher.



EDSC Summer Centenary BBQ & Fun Day

**Saturday 19th May from 3pm - Christ Church,
Victoria Road, Erith.**

The Synchro team will again be running the very successful (Thanks Denise's Dad) Pick-A-Nail game this year and we would be very grateful for any donations of boxes of chocolates for prizes (please forward to Pete Ledwidge)

Any volunteers to help to run the stall would be most welcome.

For info, synchro training will still be on at Eaglesfield - normal times!

Crayford Fun Day

**Saturday 16th June from 10pm -
Cray Gardens, Crayford.**

This event is organised by the Crayford Rotary Club who very kindly let us have a pitch. All proceeds from the stall go directly to the synchro club so all support is very welcome.

The Synchro team will be running the very successful (Thanks again Denise's Dad) Pick-A-Nail game this year and we would be very grateful for any donations of boxes of chocolates for prizes (please forward to Pete Ledwidge)

Any volunteers to help to run the stall would be most welcome.

For info, synchro training will still be on at Eaglesfield - normal times!

Photography & Videoing

For those of those who have not already done so, could you please complete a permission slip for videoing and photography.

Occasionally, the coaches will video the girls in the water for training purposes, and also photos may be used for this newsletter and by law we need an adults consent. If you need a form please contact Pete Ledwidge (and return any completed form to him).

For info, the following have all returned their forms:

Sarah Bartlett, Jade Hughes, Lizzy Hunt, Evie Ledwidge, Jade Marwood, Megan Parker, Issy Parsons, Millie Rogers, Grace Thackray

