

## Erith and District Swimming Club

### Meet Results

**White Horse League R3 25-Jun-11 [Ageup: 31/12/2011] SC Meters**  
**Erith and District [EDSC]**

Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 1 Female 200 Free Relay 9-11</b>					
2:32.46S	F	A Relay	Erith and District	4	3
	Ruby Verge (11)		Jade Lucas (11)	Connie Theobald (11)	Madison Retour (10)
		35.03	38.76	39.72	38.95
<b>Event # 2 Male 200 Free Relay 9-11</b>					
2:24.16S	F	A Relay	Erith and District	3	4
	Alexander Song (11)		Lewis Hayes (10)	Joseph Leigh (11)	Tom Shea (11)
		34.58	36.18	36.40	37.00
<b>Event # 3 Female 200 Medley Relay 12-13</b>					
2:54.81S	F	A Relay	Erith and District	6	1
	Connie Theobald (11)		Olivia Maunders (13)	Ellena Jeffery (12)	Olivia Fryett (13)
		47.72	45.29	47.01	34.79
<b>Event # 4 Male 200 Medley Relay 12-13</b>					
DQ1	F	A Relay	Erith and District	---	---
	George Steer (13)		James Vick (12)	Myles Ellis (12)	Sam Delatouche (13)
<b>Event # 5 Female 200 Free Relay 14-15</b>					
2:12.58S	F	A Relay	Erith and District	6	1
	Holly Fryett (14)		Emily Simmons (14)	Alix Bliss (14)	Amelia Dimond-Varley (14)
		30.70	34.67	33.78	33.43
<b>Event # 6 Male 200 Free Relay 14-15</b>					
1:59.02S	F	A Relay	Erith and District	5	2
	Daniel Bassett (15)		Jack Capstick (15)	Anthony Noonan (15)	George Leigh (14)
		27.93	29.25	30.47	31.37
<b>Event # 7 Female 200 Medley Relay 16 &amp; Over</b>					
2:19.19S	F	A Relay	Erith and District	3	4
	Rebecca Gravell (17)		Alexandra Bonner (18)	Caitlin Colman (16)	Holly Fryett (14)
		33.35	41.13	34.46	30.25
<b>Event # 8 Male 200 Medley Relay 16 &amp; Over</b>					
2:12.14S	F	A Relay	Erith and District	6	1
	Michael Cook (20)		Anthony Noonan (15)	Conor Middleton (16)	Tommy Cowell (16)
		30.58	38.64	35.10	27.82
<b>Event # 9 Female 50 Back 10-11</b>					
39.70S		F	Verge, Ruby	2	5
					-0.82
<b>Event # 10 Male 50 Back 10-11</b>					
42.00S		F	Shea, Tom	1	6
					1.34
<b>Event # 11 Female 100 Breast 12-13</b>					
1:39.96S		F	Maunders, Olivia	6	1
					0.10
<b>Event # 12 Male 100 Breast 12-13</b>					
1:31.07S		F	Vick, James	4	3
					-3.28
<b>Event # 13 Female 100 Back 14-15</b>					
1:13.74S		F	Fryett, Holly	3	4
					-0.56
<b>Event # 14 Male 100 Back 14-15</b>					
1:16.16S		F	Capstick, Jack	6	1
					0.28

## Erith and District Swimming Club

---

### Meet Results

**White Horse League R3 25-Jun-11 [Ageup: 31/12/2011] SC Meters**  
**Erith and District [EDSC]**

<b>Time</b>	<b>F/P/S</b>	<b>Relay</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 15</b>	<b>Female 100 Fly 16 &amp; Over</b>				
1:18.34S	F	Colman, Caitlin	4	3	-1.24
<b>Event # 16</b>	<b>Male 100 Fly 16 &amp; Over</b>				
1:09.50S	F	Cook, Michael	3	4	4.82
<b>Event # 17</b>	<b>Female 50 Fly 10-11</b>				
49.92S	F	Retour, Madison	6	1	0.13
<b>Event # 18</b>	<b>Male 50 Fly 10-11</b>				
39.04S	F	Song, Alexander	1	6	-1.66
<b>Event # 19</b>	<b>Female 100 Back 12-13</b>				
1:25.98S	F	Fryett, Olivia	5	2	-0.90
<b>Event # 20</b>	<b>Male 100 Back 12-13</b>				
DQ2	F	Ellis, Myles	---	---	---
<b>Event # 21</b>	<b>Female 100 Fly 14-15</b>				
1:27.02S	F	Bliss, Alix	3	4	-0.25
<b>Event # 22</b>	<b>Male 100 Fly 14-15</b>				
1:17.19S	F	Bassett, Daniel	4	3	-3.96
<b>Event # 23</b>	<b>Female 100 Back 16 &amp; Over</b>				
1:11.50S	F	Gravell, Rebecca	2	5	0.68
<b>Event # 24</b>	<b>Male 100 Back 16 &amp; Over</b>				
1:07.07S	F	Cook, Michael	3	4	4.91
<b>Event # 25</b>	<b>Female 50 Breast 10-11</b>				
49.68S	F	Lucas, Jade	4	3	0.20
<b>Event # 26</b>	<b>Male 50 Breast 10-11</b>				
43.28S	F	Leigh, Joseph	2	5	-0.57
<b>Event # 27</b>	<b>Female 100 Fly 12-13</b>				
DQ3	F	Maunders, Olivia	---	---	---
<b>Event # 28</b>	<b>Male 100 Fly 12-13</b>				
1:33.67S	F	Vick, James	5	2	0.31
<b>Event # 29</b>	<b>Female 100 Free 14-15</b>				
1:16.02S	F	Simmons, Emily	6	1	0.49
<b>Event # 30</b>	<b>Male 100 Free 14-15</b>				
1:00.85S	F	Bassett, Daniel	3	4	0.83
<b>Event # 31</b>	<b>Female 100 Breast 16 &amp; Over</b>				
1:30.40S	F	Bonner, Alexandra	6	1	5.45
<b>Event # 32</b>	<b>Male 100 Breast 16 &amp; Over</b>				
1:21.97S	F	Middleton, Conor	5	2	1.13

## Erith and District Swimming Club

### Meet Results

**White Horse League R3 25-Jun-11 [Ageup: 31/12/2011] SC Meters**  
**Erith and District [EDSC]**

Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 33</b>	<b>Female 50 Free</b>	<b>10-11</b>			
35.75S	F	Verge, Ruby	3	4	---
<b>Event # 34</b>	<b>Male 50 Free</b>	<b>10-11</b>			
35.97S	F	Hayes, Lewis	4	3	0.35
<b>Event # 35</b>	<b>Female 100 Free</b>	<b>12-13</b>			
1:17.49S	F	Fryett, Olivia	6	1	-3.29
<b>Event # 36</b>	<b>Male 100 Free</b>	<b>12-13</b>			
1:12.88S	F	Ellis, Myles	6	1	-2.81
<b>Event # 37</b>	<b>Female 100 Breast</b>	<b>14-15</b>			
1:29.45S	F	Fryett, Holly	2	5	1.05
<b>Event # 38</b>	<b>Male 100 Breast</b>	<b>14-15</b>			
1:24.56S	F	Leigh, George	5	2	-5.03
<b>Event # 39</b>	<b>Female 100 Free 16 &amp; Over</b>				
1:06.20S	F	Gravell, Rebecca	2	5	0.70
<b>Event # 40</b>	<b>Male 100 Free 16 &amp; Over</b>				
1:00.68S	F	Cowell, Tommy	5	2	0.53
<b>Event # 41</b>	<b>Female 200 Medley Relay 9-11</b>				
DQ3	F	A Relay	---	---	
Connie Theobald (11)		Erith and District			
		Jade Lucas (11)			
		Madison Retour (11)			
		Ruby Verge (11)			
<b>Event # 42</b>	<b>Male 200 Medley Relay 9-11</b>				
2:43.81S	F	A Relay	1	6	
Tom Shea (11)		Erith and District			
		Joseph Leigh (11)			
		Alexander Song (11)			
		Lewis Hayes (10)			
		42.09			
		44.39			
		40.81			
		36.52			
<b>Event # 43</b>	<b>Female 200 Free Relay 12-13</b>				
2:28.00S	F	A Relay	6	1	
Olivia Maunders (13)		Erith and District			
		Olivia Fryett (13)			
		Ruby Verge (11)			
		Ellena Jeffery (12)			
		36.07			
		36.69			
		37.08			
		38.16			
<b>Event # 44</b>	<b>Male 200 Free Relay 12-13</b>				
2:17.91S	F	A Relay	5	2	
Myles Ellis (12)		Erith and District			
		James Vick (12)			
		George Steer (13)			
		Sam Delatouche (13)			
		33.97			
		33.00			
		35.24			
		35.70			
<b>Event # 45</b>	<b>Female 200 Medley Relay 14-15</b>				
DQ1	F	A Relay	---	---	
Emily Simmons (14)		Erith and District			
		Holly Fryett (14)			
		Alix Bliss (14)			
		Amelia Dimond-Varley (14)			
<b>Event # 46</b>	<b>Male 200 Medley Relay 14-15</b>				
2:18.69S	F	A Relay	6	1	
Jack Capstick (15)		Erith and District			
		George Leigh (14)			
		Daniel Bassett (15)			
		Anthony Noonan (15)			
		35.28			
		39.11			
		32.81			
		31.49			
<b>Event # 47</b>	<b>Female 200 Free Relay 16 &amp; Over</b>				
2:08.25S	F	A Relay	6	1	
Rebecca Gravell (17)		Erith and District			
		Holly Fryett (14)			
		Emily Simmons (14)			
		Caitlin Colman (16)			
		30.90			
		31.40			
		35.13			
		30.82			

## Erith and District Swimming Club

### Meet Results

**White Horse League R3 25-Jun-11 [Ageup: 31/12/2011] SC Meters**  
**Erith and District [EDSC]**

**Event # 48 Male 200 Free Relay16 & Over**

1:53.44S F	A Relay	Erith and District			6	1
Michael Cook (20)		Tommy Cowell (16)	Conor Middleton (16)	Daniel Bassett (15)		
	27.56	28.54	29.27	28.07		

Round III Gala Result			Gala & League Points after Round III of VI			
1	Beckenham	247.5	1	Orpington O'Jays	814	37
2	Orpington O Jays	190	2	Beckenham	783.5	35
3	Bromley	173	3	Bromley	744	33
4	White Oak	130	4	White Oak	608	29
5	Saxon Crown	122.5	5	Saxon Crown	512.5	25
6	<b>Erith &amp; District</b>	<b>121</b>	6	<b>Erith &amp; District</b>	<b>555</b>	<b>24</b>

DQ1 – 4<sup>th</sup> leg takeover

DQ2 – non-continuous 3<sup>rd</sup> turn

DQ3 – incorrect legs

**A frustrating and disappointing night saw us finish 6th** out of 6 clubs and saw us drop to **6th in the league table** at the half way stage. That said we still had **36 personal bests** but annoyingly **5 disqualifications**; 2 for take overs, 2 for fly legs and 1 for a glide into a backstroke turn. This lost us 10 points which would have seen us come 4th - the place the rest of our results reflect and where we should be in the league overall. It really is a shame it's not the other clubs that have beaten us recently it is us beating ourselves, a situation replicated in the Junior League final round the next day.

We had just 2 individual winners on the night from; **Tom Shea** (10/11yrs 50m BK) and **Alex Song** (10/11yrs 50m FLY). Both boys were also part of our only other victory in the 9-11yrs 4x50m Medley Relay which also included **Joseph Leigh** and **Lewis Hayes**.

Our individual pbs came from; new comer making a big impact **Ruby Verge shifting** 4 seconds in 3 months (10/11yrs 50m BK & FREE) **Olivia Maunders & James Vick** (13/u 100m BR), ever consistent **Holly Fryett** (15/u 100m BK & BR), a very on form **Caitlin Colman** (Open 100m FLY), **Olivia Fryett** (13/u 100m BK), a very nervous **Alix Bliss & Daniel Bassett** who dropped 4 seconds off his time (15/u 100m FLY), **Myles Ellis** in his first gala back since having his appendix removed (13/u 100m FREE) and **George Leigh** taking off a massive 4 seconds (15/u 100m BR).

In our relays pbs were also achieved by; **Jade Lucas, Connie Theobald, Madison Retour** (9-11yrs 4x50m Free), **Amelia Dimond-Varley** (15/u 4x50m Free), **George Steer** (13/u Med (BK) & Free), **Jack Capstick** and **Anthony Noonan** (15/u 4x50m Free).

Thanks to **Paul White** for Team Managing, **Gary Maunders** for Time Keeping, **Claire Fryett** for taking the splits and a number of other officials helping on poolside. We have 3 rounds to go in White Horse we must be aiming for that 4th place in each and every one. Round 4 is the last gala of the season on Saturday 16th July at Crook Log from 6pm.

**Steven O'Neill**