

Erith and District Swimming Club

Meet Results

**White Horse League 2012 R1 21-Jan-12 [Ageup: 31/12/2012] SC Meters
Erith and District [EDSC]**

Time	F/P/S	Relay	Place	Points	Impro
Event # 1 Female 200 Free Relay 9-11					
2:37.21	S F	A Relay Erith and District	6	3	
		Madison Retour (11) Leah Bourke (10) Lucy Jeffery (11) Abbey Retour (9)			
		35.77 40.54 39.49 41.41			
Event # 2 Male 200 Free Relay 9-11					
2:31.07	S F	A Relay Erith and District	3	6	
		Nathan Butterworth (11) Frederick Corder (10) Ben Middleton (11) Lewis Hayes (11)			
		38.87 40.22 37.42 34.56			
Event # 3 Female 200 Medley Relay 12-13					
2:39.03	S F	A Relay Erith and District	6	3	
		Ruby Verge (12) Georgia Burdett (12) Ellena Jeffery (13) Connie Theobald (12)			
		37.60 43.15 42.18 36.10			
Event # 4 Male 200 Medley Relay 12-13					
2:34.49	S F	A Relay Erith and District	4	5	
		George Hills (12) James Vick (13) Alexander Song (12) Luke Turner (13)			
		41.73 40.78 37.52 34.46			
Event # 5 Female 200 Free Relay 14-15					
2:08.41	S F	A Relay Erith and District	6	3	
		Holly Fryett (15) Ashton Middleton (14) Emily Simmons (15) Megan Harris (15)			
		30.87 30.11 33.76 33.67			
Event # 6 Male 200 Free Relay 14-15					
2:04.00	S F	A Relay Erith and District	6	3	
		Ben Hughes (15) George Steer (14) Daniel Wesley (15) George Leigh (15)			
		29.79 33.21 30.91 30.09			
Event # 7 Female 200 Medley Relay16 & Over					
2:21.99	S F	A Relay Erith and District	4	5	
		Emily White (17) Rebecca Gravell (18) Caitlin Colman (17) Ashton Middleton (14)			
		35.81 40.44 35.06 30.68			
Event # 8 Male 200 Medley Relay16 & Over					
2:11.23	S F	A Relay Erith and District	7	2	
		Tommy Cowell (17) Conor Middleton (17) Daniel Bassett (16) Ben Hughes (15)			
		34.29 35.27 31.61 30.06			
Event # 9 Female 50 Back 10-11					
44.64	S	F Retour, Madison	5	4	2.13
Event # 10 Male 50 Back 10-11					
48.88	S	F Butterworth, Nathan	6	3	-0.32
Event # 11 Female 100 Breast 12-13					
1:38.63	S	F Verge, Ruby	4	5	-0.06
Event # 12 Male 100 Breast 12-13					
1:30.19	S	F Vick, James	2	7	-0.06
Event # 13 Female 100 Back 14-15					

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1:13.82S	F	Fryett, Holly	4	5	0.08
Event # 14 Male 100 Back 14-15					
1:22.80S	F	Steer, George	7	2	1.34
Event # 15 Female 100 Fly 16 & Over					
1:18.21S	F	Colman, Caitlin	5	4	1.32
Event # 16 Male 100 Fly 16 & Over					
1:12.53S	F	Bassett, Daniel	7	2	0.81
Event # 17 Female 50 Fly 10-11					
49.21S	F	Jeffery, Lucy	7	2	-3.20
Event # 18 Male 50 Fly 10-11					
41.97S	F	Hayes, Lewis	4	5	-1.52
Event # 19 Female 100 Back 12-13					
1:28.58S	F	Verge, Ruby	6	3	2.40
Event # 20 Male 100 Back 12-13					
1:26.69S	F	Song, Alexander	3	6	-2.53
Event # 21 Female 100 Fly 14-15					
1:26.17S	F	Simmons, Emily	6	3	0.05
Event # 22 Male 100 Fly 14-15					
1:15.99S	F	Wesley, Daniel	4	5	-14.25
Event # 23 Female 100 Back 16 & Over					
1:12.42S	F	Gravell, Rebecca	3	6	1.60
Event # 24 Male 100 Back 16 & Over					
1:14.27S	F	Bassett, Daniel	7	2	2.69
Event # 25 Female 50 Breast 10-11					
48.95S	F	Retour, Madison	2	7	0.29
Event # 26 Male 50 Breast 10-11					
50.43S	F	Middleton, Ben	3	6	-1.25
Event # 27 Female 100 Fly 12-13					
1:33.94S	F	Burdett, Georgia	7	2	-5.66

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Event # 28 Male 100 Fly 12-13					
1:20.95S	F	Song, Alexander	3	6	-3.68
Event # 29 Female 100 Free 14-15					
1:06.48S	F	Middleton, Ashton	3	6	0.37
Event # 30 Male 100 Free 14-15					
1:05.70S	F	Hughes, Ben	4	5	-0.92
Event # 31 Female 100 Breast 16 & Over					
1:30.52S	F	Gravell, Rebecca	6	3	4.02
Event # 32 Male 100 Breast 16 & Over					
1:18.94S	F	Middleton, Conor	5	4	0.23
Event # 33 Female 50 Free 10-11					
41.05S	F	Bourke, Leah	7	2	-1.30
Event # 34 Male 50 Free 10-11					
35.59S	F	Hayes, Lewis	1	8	1.41
Event # 35 Female 100 Free 12-13					
1:16.93S	F	Burdett, Georgia	6	3	0.28
Event # 36 Male 100 Free 12-13					
1:11.72S	F	Vick, James	2	7	0.09
Event # 37 Female 100 Breast 14-15					
1:29.83S	F	Fryett, Holly	5	4	2.45
Event # 38 Male 100 Breast 14-15					
1:22.69S	F	Leigh, George	3	6	-0.67
Event # 39 Female 100 Free 16 & Over					
1:07.22S	F	White, Emily	2	7	1.40
Event # 40 Male 100 Free 16 & Over					
1:01.26S	F	Cowell, Tommy	5	4	1.11
Event # 41 Female 200 Medley Relay 9-11					
3:12.91 S F	A Relay	Erith and District	5	4	
Leah Bourke (10)		Madison Retour (11)	Lucy Jeffery (11)	Abbey Retour (9)	
49.81	49.59	49.79	43.72		

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Time	F/P/S	Relay	Place	Points	Impro
Event # 42 Male 200 Medley Relay 9-11					
3:05.08 S F		A Relay Erith and District	2	7	
	Nathan Butterworth (11)	Ben Middleton (11)		Frederick Corder (10)	
	50.33	51.38 42.52 40.85			
		Lewis Hayes (11)			
Event # 43 Female 200 Free Relay 12-13					
2:24.12 S F		A Relay Erith and District	6	3	
	Ruby Verge (12)	Connie Theobald (12)		Georgia Burdett (12)	
	34.16	37.50 37.52 34.94			
		Ellena Jeffery (13)			
Event # 44 Male 200 Free Relay 12-13					
2:20.29 S F		A Relay Erith and District	6	3	
	George Hills (12)	Luke Turner (13)		James Vick (13)	
	37.25	35.57 34.43 33.04			
		Alexander Song (12)			
Event # 45 Female 200 Medley Relay 14-15					
2:29.64 S F		A Relay Erith and District	5	4	
	Holly Fryett (15)	Ashton Middleton (14)		Megan Harris (15)	
	33.87	43.85 38.23 33.69			
		Emily Simmons (15)			
Event # 46 Male 200 Medley Relay 14-15					
2:21.25 S F		A Relay Erith and District	5	4	
	George Steer (14)	George Leigh (15)		Ben Hughes (15)	
	39.87	37.34 33.74 30.30			
		Daniel Wesley (15)			
Event # 47 Female 200 Free Relay 16 & Over					
2:04.97 S F		A Relay Erith and District	4	5	
	Emily White (17)	Rebecca Gravell (18)		Holly Fryett (15)	
	31.65	31.57 31.15 30.60			
		Caitlin Colman (17)			
Event # 48 Male 200 Free Relay 16 & Over					
1:54.19 S F		A Relay Erith and District	6	3	
	Daniel Bassett (16)	Conor Middleton (17)		Ben Middleton (11)	
	27.75	28.06 28.51 29.87			
		Tommy Cowell (17)			
Event # 49 Female 100 IM					
1:17.46 S		F White, Emily	3	6	2.72
Event # 50 Male 100 IM					
1:14.91 S		F Leigh, George	7	2	-1.03

Round I Gala Result			Gala & League Points after Round I of VI			
1	Sevenoaks	299	1	Sevenoaks	299	16
2	Orpington O Jays	298	2	Orpington O Jays	298	15
3	Beckenham	295	3	Beckenham	295	14
4	Southwark	220	4	Southwark	220	13
5	Erith & District	215	5	Erith & District	215	12
6	White Oak	212	6	White Oak	212	11
7	Bromley	153	7	Bromley	153	10
8	Saxon Crown	DNS	8	Saxon Crown	DNS	0

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This has always been a tough league for us. We **finished 5th** out of 7 clubs, with Saxon Crown dropping out of the league and Sevenoaks (the night's winners) and Southwark joining. We were only 4 points from 4th which is our target for the league this year and I think we can find those in our relay teams. We seem to be able to hold our own during the individual events but then fall apart on the relays. This is largely due to the fact that we seem to lack depth. We have 2 strong swimmers in one age group but we need 4 - this is something clubs such as those above us in the league do very well.

That being said we had a colossal **36 personal best performances** throughout the night, 14 of which coming from the individuals, which I was really pleased with so early in the year. These came from; **George Leigh** (15/u 100m IM + BR), **Nathan Butterworth** (10/11 50m BK), **Ruby Verge** (13/u 100m BR), **James Vick** (13/u 100m BR), **Lucy Jeffery** (3 sec. off 10/11 50m FLY), **Alex Song** (13/u 3 sec off 100m BK + 4 sec off FLY), **Daniel Wesley** (14 sec off 15/u 100m FLY), **Ben Middleton** (10/11 50m BR), **Georgia Burdett** (13/u 10m FLY), **Ben Hughes** (15/u 100m FREE) and **Leah Bourke** (10/11 50m FREE). We only had one winner from the whole night - **Lewis Hayes** with a great swim (10/11yrs 50m FREE). In their relays; **Madison Retour**, **Abbey Retour** (9-11yrs 50m FREE in her first gala). **Ellena Jeffery** (13/u 50m FLY), **Connie Theobald** (13/u 50m FREE), **Ashton Middleton**, **Emily Simmons**, **Megan Harris** (15/u 50m FREE), **George Hills** (13/u 50m BK), **Luke Turner** (13/u 50m FREE in his first gala) and **Conor Middleton** (Open 50m BR + FREE)all swam personal bests and we finished the night off once again DQ free - so a good start but lots of work to do to get to our target top 4 finish.