

**UK-ASA Nov 2013 DQ Codes List****Butterfly**

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- 1A** 8.1 Body not on breast during swim or when leaving wall after turn (ex when executing turn)
- 1B** 8.2 Arms not brought forward simultaneously
- 1C** 8.2 Arms not brought forward over the water
- 1D** 8.2 Arms not brought backward under the water simultaneously throughout race (SW8.5)
- 1E** 8.3 Movements of the legs not simultaneous
- 1F** 8.3 Alternating movement of legs or feet
- 1G** 8.3 Breaststroke kick used (legal in Masters Competitions)
- 1H** 8.4 Did not touch at turn
- 1I** 8.4 Finished or touched with both hands not simultaneous and separated
- 1J** 8.5 More than one arm pull under water (following start or turn)
- 1K** 8.5 Head did not break the surface at or before 15m mark following start or turn
- 1L** 8.5 Not on surface during stroke (except during first 15m following start or turn)

**Backstroke**

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- 2A** 6.1 Both hands not holding starting grips
- 2B** 6.1 Standing in or on the gutter or bending the toes over the lip of the gutter
- 2C** 6.2 Left position on the back (other than to initiate a turn)
- 2D** 6.3 Totally submerged, (except for first 15m following the start or turn)
- 2E** 6.4 Not on back when leaving the wall
- 2F** 6.4 More than one single or double simultaneous arm pull used to initiate turn
- 2G** 6.4 Single or double simultaneous arm pull used to initiate turn not performed immediately
- 2H** 6.4 Did not touch the wall during the turn
- 2I** 6.5 Not on the back at finish

**Breaststroke**

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- 3A** 7.1 Single fly kick not started during propulsive part of 1st arm pull or not followed by a br kick
- 3B** 7.1 At turn or finish, more than one single arm stroke not followed by a breast leg kick
- 3C** 7.2 Body not on breast during swim or when leaving wall after a turn (ex when executing a turn)
- 3D** 7.2 Stroke cycle not one arm stroke to one leg kick excluding last single arm stroke prior to touch
- 3E** 7.2 Arm movements not simultaneous or not in the same horizontal plane
- 3F** 7.3 Hands not pushed forward together from the breast on, under, or over the water
- 3G** 7.3 Elbows over water except last stroke before turn, during turn or final stroke at finish
- 3H** 7.3 Hands not brought back on or under surface of the water
- 3I** 7.3 Hands brought back beyond hip line (except after 1st stroke following start or turn)
- 3J** 7.4 Head not breaking surface during stroke cycle (except after start or turn)
- 3K** 7.4 Head not breaking surface before hands turn inward at widest point in 2nd stroke after start
- 3L** 7.4 Leg movements not simultaneous (alternating leg movement)
- 3M** 7.4 Leg movements not on the same plane
- 3N** 7.5 Feet not turned out during the propulsive part of the kick
- 3O** 7.5 Executed alternating or downward dolphin kicks (except after start or turn (as in SW 7.1))
- 3P** 7.6 Did not touch at turn or finish with both hands
- 3Q** 7.6 Touch not simultaneous and/or hands not separated
- 3R** 7.6 Head not breaking surface during the last complete or incomplete cycle preceding touch

**Freestyle**

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- 4A** 5.2 Did not touch the wall at the turn or finish
- 4B** 5.3 Totally submerged (except for the first 15m at start and turn)
- 4C** 5.3 Head did not break surface at or before 15m mark following start or turn

**IM**

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- 5A** 9.1 Incorrect individual stroke order (Fly, Back, Breast, Free)
- 5B** 9.3 Finish of each stroke not in accordance with rules for the particular stroke

**UK-ASA Nov 2013 DQ Codes List****Relay**

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- 61** 10.1 Stroke Infraction swimmer #1
- 62** 10.1 Stroke Infraction swimmer #2
- 63** 10.1 Stroke Infraction swimmer #3
- 64** 10.1 Stroke Infraction swimmer #4
- 66** 10.11 Swimmer #2 feet lost touch with starting place before preceding team-mate touches
- 67** 10.11 Swimmer #3 feet lost touch with starting place before preceding team-mate touches
- 68** 10.11 Swimmer #4 feet lost touch with starting place before preceding team-mate touches
- 6A** 9.2 Incorrect medley relay order (Back, Breast, Fly, Free)
- 6B** 10.10 Fewer than four in a relay team or team not (2 x men, 2 x women)
- 6C** 10.10 team members not registered with same club (MSW 4.1)
- 6D** 10.12 Team member enters water during race not to swim their length
- 6E** 10.13 Team event swum in incorrect order to that previously nominated

**Miscellaneous**

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- 7A** 2.3.2 Delaying the start
- 7B** 4.4 Start before starting signal
- 7C** 10.2 A swimmer did not cover the whole distance – DNF
- 7D** 10.3 Swimmer did not remain and/or finish in lane in which they started
- 7E** 10.4 No contact with wall during turn; turn not made from wall; took stride/step from bottom
- 7F** 10.5 Walks during freestyle events or during the freestyle portion of the medley
- 7G** 10.6 Pulled on the lane rope
- 7H** 10.7 Obstruction or interfering with another swimmer – foul
- 7I** 10.8 Device/swimsuit aiding speed, buoyancy, endurance or unauthorized use of body tape
- 7J** 10.9 Swimmer enters water during an event in which they are not scheduled to swim
- 7K** 10.14 Obstructing another swimmer/team when leaving pool after completion of leg or race
- 7L** 10.16 Pacemaking, plan or device or instruction given