

## Erith and District Swimming Club

### Individual Meet Results - Standard: EDSC

EDSC Time Trials 23-Apr-17 SC Meters

Location: Crook Log Leisure Centre

Erith & District SC [ERIL] Coach: Michael Cook

| Time                             | F/P/S  | Event                      | Place | Points | Improv |
|----------------------------------|--------|----------------------------|-------|--------|--------|
| <b>Annabelle Adams (11) F</b>    |        |                            |       |        |        |
| 2:54.90S                         | F # 5  | Mixed 8-24 200 Free        | ---   | ---    | 0.18   |
| 1:39.60S Gold                    | F # 11 | Mixed 8-24 100 Breast      | ---   | ---    | -10.02 |
| 35.41S Gold                      | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -0.43  |
| <b>Kelly Adams (7) M</b>         |        |                            |       |        |        |
| 33.62S                           | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | -0.42  |
| 37.59S                           | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 30.60S                           | F # 20 | Mixed 12 & Under 25 Free   | ---   | ---    | -3.78  |
| <b>Jasmine Adonri (11) F</b>     |        |                            |       |        |        |
| 3:22.71S                         | F # 3  | Mixed 8-24 200 Back        | ---   | ---    | -21.41 |
| 1:40.00S Silv                    | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -2.31  |
| 37.65S Silv                      | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 1.95   |
| <b>Arianna Ajoku (9) F</b>       |        |                            |       |        |        |
| 35.19S                           | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -0.44  |
| 30.88S                           | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | 0.37   |
| 31.62S                           | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 1:00.75S                         | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | -8.06  |
| <b>Ella Ajoku (9) F</b>          |        |                            |       |        |        |
| 29.63S                           | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -0.47  |
| 28.96S                           | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | -1.88  |
| 38.31S                           | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | 0.91   |
| 55.22S                           | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | -4.35  |
| <b>Michael Akinje (9) M</b>      |        |                            |       |        |        |
| 26.89S                           | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -1.36  |
| 25.72S                           | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | 1.10   |
| 30.49S                           | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | -2.89  |
| 47.34S                           | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | -0.46  |
| <b>Christine Akintolu (10) F</b> |        |                            |       |        |        |
| 29.84S                           | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | 3.09   |
| 56.38S                           | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | 1.57   |
| 57.81S Bron                      | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | 2.20   |
| 50.91S                           | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 4.80   |
| <b>Jorge Argolo (12) M</b>       |        |                            |       |        |        |
| 3:07.42S                         | F # 3  | Mixed 8-24 200 Back        | ---   | ---    | -2.80  |
| 1:33.09S Gold                    | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | 3.35   |
| <b>Jakub Baran (11) M</b>        |        |                            |       |        |        |
| 3:05.03S                         | F # 5  | Mixed 8-24 200 Free        | ---   | ---    | -11.66 |
| 1:40.59S Silv                    | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | 1.19   |
| 39.38S Silv                      | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 2.82   |
| <b>Courtney Barr (10) M</b>      |        |                            |       |        |        |
| 4:41.52S                         | F # 4  | Mixed 8-24 200 Breast      | ---   | ---    | ---    |
| 1:57.62S Bron                    | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | ---    |
| 42.25S Bron                      | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -15.53 |

## Erith and District Swimming Club

### Individual Meet Results - Standard: EDSC

EDSC Time Trials 23-Apr-17 SC Meters

Location: Crook Log Leisure Centre

Erith &amp; District SC [ERIL] Coach: Michael Cook

| Time                              | F/P/S       | Event                      | Place | Points | Improv |
|-----------------------------------|-------------|----------------------------|-------|--------|--------|
| <b>Ashley Beattie (11) M</b>      |             |                            |       |        |        |
| 3:55.25S                          | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | -15.47 |
| 1:46.36S                          | Bron F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -4.40  |
| 54.11S                            | F # 16      | Mixed 8-24 50 Fly          | ---   | ---    | -1.49  |
| <b>Kitty Beattie (13) F</b>       |             |                            |       |        |        |
| 3:13.38S                          | F # 6       | Mixed 8-24 200 IM          | ---   | ---    | -17.61 |
| 1:21.32S                          | Gold F # 12 | Mixed 8-24 100 Free        | ---   | ---    | -7.06  |
| 41.40S                            | Gold F # 16 | Mixed 8-24 50 Fly          | ---   | ---    | -0.88  |
| <b>Alice Black (9) F</b>          |             |                            |       |        |        |
| 22.97S                            | Bron F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -1.16  |
| 50.68S                            | Bron F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | -2.46  |
| 57.62S                            | Bron F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | -0.40  |
| 47.50S                            | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | -1.63  |
| <b>Florence Black (11) F</b>      |             |                            |       |        |        |
| 4:03.13S                          | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | ---    |
| 1:42.06S                          | Silv F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -3.00  |
| 52.45S                            | F # 16      | Mixed 8-24 50 Fly          | ---   | ---    | -5.03  |
| <b>Sophie Black (7) F</b>         |             |                            |       |        |        |
| 35.50S                            | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | -4.31  |
| 42.56S                            | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 27.53S                            | F # 20      | Mixed 12 & Under 25 Free   | ---   | ---    | -3.10  |
| <b>Dhillon-Dev Blaggan (10) M</b> |             |                            |       |        |        |
| DQ                                | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 56.12S                            | F # 8       | Mixed 12 & Under 50 Back   | ---   | ---    | -6.23  |
| 1:01.25S                          | F # 15      | Mixed 12 & Under 50 Breast | ---   | ---    | ---    |
| 52.19S                            | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | -1.28  |
| <b>Jerrah Bojang (14) M</b>       |             |                            |       |        |        |
| 2:30.96S                          | F # 5       | Mixed 8-24 200 Free        | ---   | ---    | -5.00  |
| 1:19.48S                          | Plat F # 13 | Mixed 8-24 100 IM          | ---   | ---    | 2.36   |
| 28.84S                            | Gold F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 1.08   |
| <b>Isabelle Bourdet (9) F</b>     |             |                            |       |        |        |
| 32.03S                            | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | -1.36  |
| 43.19S                            | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | -6.11  |
| 29.88S                            | F # 20      | Mixed 12 & Under 25 Free   | ---   | ---    | 2.00   |
| <b>Jacob Bourdet (13) M</b>       |             |                            |       |        |        |
| 2:54.07S                          | F # 5       | Mixed 8-24 200 Free        | ---   | ---    | -16.50 |
| 1:38.58S                          | Silv F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -4.69  |
| 38.75S                            | Silv F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -1.80  |
| <b>Lucas Bradburn (7) M</b>       |             |                            |       |        |        |
| DQ                                | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 29.09S                            | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | 1.50   |
| 31.25S                            | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | -1.78  |
| 26.09S                            | F # 20      | Mixed 12 & Under 25 Free   | ---   | ---    | -0.61  |

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### Individual Meet Results - Standard: EDSC

**EDSC Time Trials 23-Apr-17 SC Meters**
**Location: Crook Log Leisure Centre**
**Erith & District SC [ERIL] Coach: Michael Cook**

| Time                                     | F/P/S       | Event                      | Place | Points | Improv |
|--|-------------|----------------------------|-------|--------|--------|
| <b>Ioana Bulavitchi (11) F</b>           |             |                            |       |        |        |
| 4:18.47S                                 | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | -18.91 |
| DQ                                       | F # 13      | Mixed 8-24 100 IM          | ---   | ---    | ---    |
| 56.97S                                   | F # 16      | Mixed 8-24 50 Fly          | ---   | ---    | -0.86  |
| <b>Erin Bulmer (12) F</b>                |             |                            |       |        |        |
| 4:12.59S                                 | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | ---    |
| 1:22.07S                                 | Gold F # 12 | Mixed 8-24 100 Free        | ---   | ---    | 1.34   |
| 54.59S                                   | Bron F # 18 | Mixed 8-24 50 Breast       | ---   | ---    | -2.17  |
| <b>Ciaran Cave (10) M</b>                |             |                            |       |        |        |
| DQ                                       | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 50.78S                                   | Bron F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | -0.19  |
| 1:03.58S                                 | F # 15      | Mixed 12 & Under 50 Breast | ---   | ---    | -1.52  |
| 45.09S                                   | Bron F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | -0.04  |
| <b>Ethiel-Ev Chinyani (9) M</b>          |             |                            |       |        |        |
| 24.81S                                   | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | 0.68   |
| 54.35S                                   | Bron F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | 2.88   |
| 1:00.09S                                 | Bron F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | 0.23   |
| 43.78S                                   | Bron F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 1.51   |
| <b>Anisha Clare (11) F</b>               |             |                            |       |        |        |
| 4:18.16S                                 | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | 8.88   |
| 1:53.25S                                 | Bron F # 13 | Mixed 8-24 100 IM          | ---   | ---    | 4.53   |
| 42.82S                                   | Bron F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 3.28   |
| <b>Taisha Clare (14) F</b>               |             |                            |       |        |        |
| 1:33.19S                                 | Plat F # 11 | Mixed 8-24 100 Breast      | ---   | ---    | 0.28   |
| 40.94S                                   | Gold F # 18 | Mixed 8-24 50 Breast       | ---   | ---    | 0.63   |
| <b>Niamh Clarke (7) F</b>                |             |                            |       |        |        |
| 33.56S                                   | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | 2.85   |
| 25.74S                                   | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | -3.24  |
| 32.06S                                   | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | -3.17  |
| 56.03S                                   | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | -2.72  |
| <b>Gracie-May Cooper-Hanscombe (8) F</b> |             |                            |       |        |        |
| 39.93S                                   | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 30.19S                                   | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | ---    |
| 41.16S                                   | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 33.99S                                   | F # 20      | Mixed 12 & Under 25 Free   | ---   | ---    | ---    |
| <b>Harriet Corder (10) F</b>             |             |                            |       |        |        |
| 3:33.84S                                 | F # 3       | Mixed 8-24 200 Back        | ---   | ---    | -6.28  |
| 1:46.16S                                 | Bron F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -0.14  |
| 42.97S                                   | Bron F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 0.86   |
| <b>Patryk Dec (10) M</b>                 |             |                            |       |        |        |
| 3:30.70S                                 | F # 6       | Mixed 8-24 200 IM          | ---   | ---    | -11.79 |
| 1:24.90S                                 | Silv F # 12 | Mixed 8-24 100 Free        | ---   | ---    | -1.60  |
| 46.78S                                   | Silv F # 17 | Mixed 8-24 50 Back         | ---   | ---    | 2.37   |

## Erith and District Swimming Club

### Individual Meet Results - Standard: EDSC

**EDSC Time Trials 23-Apr-17 SC Meters**
**Location: Crook Log Leisure Centre**
**Erith & District SC [ERIL] Coach: Michael Cook**

| Time                            | F/P/S  | Event                      | Place | Points | Improv |
|---------------------------------|--------|----------------------------|-------|--------|--------|
| <b>Owen Dunsmore (10) M</b>     |        |                            |       |        |        |
| 3:49.63S                        | F # 4  | Mixed 8-24 200 Breast      | ---   | ---    | 0.31   |
| DQ                              | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | ---    |
| 36.62S Gold                     | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 1.26   |
| <b>John Enright (12) M</b>      |        |                            |       |        |        |
| 2:46.15S                        | F # 5  | Mixed 8-24 200 Free        | ---   | ---    | 1.70   |
| 1:22.31S Plat                   | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | 1.25   |
| 43.78S Gold                     | F # 18 | Mixed 8-24 50 Breast       | ---   | ---    | -1.77  |
| <b>Ashton Ephigene (10) M</b>   |        |                            |       |        |        |
| 3:48.56S                        | F # 4  | Mixed 8-24 200 Breast      | ---   | ---    | 0.59   |
| 1:38.84S Silv                   | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -0.48  |
| 38.79S Silv                     | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 0.83   |
| <b>Lillyana Ephigene (12) F</b> |        |                            |       |        |        |
| 3:57.86S                        | F # 4  | Mixed 8-24 200 Breast      | ---   | ---    | 9.64   |
| 1:43.63S Bron                   | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -4.97  |
| 42.48S Bron                     | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 0.35   |
| <b>Daniel Francis (8) M</b>     |        |                            |       |        |        |
| 25.40S                          | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -1.60  |
| 55.50S                          | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | 0.72   |
| 1:02.28S                        | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | -0.29  |
| 50.15S                          | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 4.68   |
| <b>Jack Ghatauray (9) M</b>     |        |                            |       |        |        |
| 37.28S                          | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 31.59S                          | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | 1.10   |
| DQ                              | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 29.00S                          | F # 20 | Mixed 12 & Under 25 Free   | ---   | ---    | 1.05   |
| <b>Rory Ghatauray (12) M</b>    |        |                            |       |        |        |
| 2:35.70S                        | F # 5  | Mixed 8-24 200 Free        | ---   | ---    | -10.61 |
| 1:12.12S Plat                   | F # 12 | Mixed 8-24 100 Free        | ---   | ---    | 4.59   |
| 31.22S Gold                     | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 0.04   |
| <b>Bhavneet Ghuman (10) F</b>   |        |                            |       |        |        |
| 25.75S                          | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 53.81S Bron                     | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | -0.08  |
| 58.76S Bron                     | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | -5.19  |
| 47.28S                          | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | -3.85  |
| <b>Gurneet Ghuman (8) F</b>     |        |                            |       |        |        |
| 41.55S                          | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 32.49S                          | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | -3.39  |
| 36.80S                          | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 1:06.75S                        | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | -7.99  |
| <b>Beth Gilmour (11) F</b>      |        |                            |       |        |        |
| 4:13.94S                        | F # 4  | Mixed 8-24 200 Breast      | ---   | ---    | -0.96  |
| 1:54.13S Bron                   | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -2.11  |
| 41.49S Bron                     | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -4.28  |

## Erith and District Swimming Club

### Individual Meet Results - Standard: EDSC

EDSC Time Trials 23-Apr-17 SC Meters

Location: Crook Log Leisure Centre

Erith &amp; District SC [ERIL] Coach: Michael Cook

| Time                         | F/P/S       | Event                      | Place | Points | Improv |
|------------------------------|-------------|----------------------------|-------|--------|--------|
| <b>Emily Gilmour (10) F</b>  |             |                            |       |        |        |
| 3:30.97S                     | F # 3       | Mixed 8-24 200 Back        | ---   | ---    | -8.79  |
| 1:42.10S                     | Silv F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -2.84  |
| 53.03S                       | F # 16      | Mixed 8-24 50 Fly          | ---   | ---    | 0.23   |
| <b>Alex Graimes (14) M</b>   |             |                            |       |        |        |
| 2:38.34S                     | F # 5       | Mixed 8-24 200 Free        | ---   | ---    | -29.10 |
| 1:22.31S                     | Plat F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -14.65 |
| 30.75S                       | Gold F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -6.26  |
| <b>Rhiana Greener (11) F</b> |             |                            |       |        |        |
| 3:01.19S                     | F # 6       | Mixed 8-24 200 IM          | ---   | ---    | -13.71 |
| 1:16.63S                     | Plat F # 12 | Mixed 8-24 100 Free        | ---   | ---    | -0.18  |
| 40.44S                       | Gold F # 17 | Mixed 8-24 50 Back         | ---   | ---    | -0.89  |
| <b>Maxym Habarov (12) M</b>  |             |                            |       |        |        |
| 3:53.47S                     | F # 3       | Mixed 8-24 200 Back        | ---   | ---    | 26.34  |
| 1:21.75S                     | Gold F # 12 | Mixed 8-24 100 Free        | ---   | ---    | -4.83  |
| DQ                           | F # 16      | Mixed 8-24 50 Fly          | ---   | ---    | ---    |
| <b>Luke Harry (11) M</b>     |             |                            |       |        |        |
| 3:26.19S                     | F # 5       | Mixed 8-24 200 Free        | ---   | ---    | 8.18   |
| 1:55.37S                     | Bron F # 10 | Mixed 8-24 100 Back        | ---   | ---    | 10.81  |
| 55.05S                       | F # 16      | Mixed 8-24 50 Fly          | ---   | ---    | -0.11  |
| <b>Olivia Harry (12) F</b>   |             |                            |       |        |        |
| 3:49.06S                     | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | 10.21  |
| DQ                           | F # 13      | Mixed 8-24 100 IM          | ---   | ---    | ---    |
| 41.18S                       | Bron F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -0.93  |
| <b>Millie Hoey (7) F</b>     |             |                            |       |        |        |
| 38.34S                       | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | -1.64  |
| DQ                           | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 34.84S                       | F # 20      | Mixed 12 & Under 25 Free   | ---   | ---    | -6.50  |
| <b>Samuel Holt (9) M</b>     |             |                            |       |        |        |
| 41.77S                       | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 37.75S                       | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | 0.60   |
| DQ                           | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 58.93S                       | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | -4.41  |
| <b>Chloe Inglis (14) F</b>   |             |                            |       |        |        |
| 3:05.75S                     | F # 6       | Mixed 8-24 200 IM          | ---   | ---    | -10.18 |
| 1:13.41S                     | Plat F # 12 | Mixed 8-24 100 Free        | ---   | ---    | 1.27   |
| 36.78S                       | Gold F # 16 | Mixed 8-24 50 Fly          | ---   | ---    | -2.71  |
| <b>Aleksey Jurins (11) M</b> |             |                            |       |        |        |
| 3:46.42S                     | F # 6       | Mixed 8-24 200 IM          | ---   | ---    | -13.98 |
| 1:30.70S                     | Silv F # 12 | Mixed 8-24 100 Free        | ---   | ---    | -0.23  |
| 43.30S                       | Silv F # 17 | Mixed 8-24 50 Back         | ---   | ---    | 1.77   |
| <b>Maisie Kett (10) F</b>    |             |                            |       |        |        |
| 4:18.66S                     | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | 1.91   |
| 1:49.50S                     | Bron F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -1.71  |
| 44.00S                       | Bron F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -0.94  |

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### Individual Meet Results - Standard: EDSC

EDSC Time Trials 23-Apr-17 SC Meters

Location: Crook Log Leisure Centre

Erith &amp; District SC [ERIL] Coach: Michael Cook

| Time                               | F/P/S  | Event                      | Place | Points | Improv |
|------------------------------------|--------|----------------------------|-------|--------|--------|
| <b>Bethany Larner (8) F</b>        |        |                            |       |        |        |
| DQ                                 | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 32.84S                             | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | -1.88  |
| DQ                                 | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 1:04.55S                           | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | ---    |
| <b>Seemu Makumbi (9) M</b>         |        |                            |       |        |        |
| 35.54S                             | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 26.86S                             | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | -1.09  |
| 30.88S                             | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | -0.40  |
| 1:03.73S                           | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | ---    |
| <b>Ellia Mallard (8) F</b>         |        |                            |       |        |        |
| DQ                                 | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 25.47S                             | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | 0.63   |
| 38.03S                             | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | -0.53  |
| 25.38S                             | F # 20 | Mixed 12 & Under 25 Free   | ---   | ---    | 2.35   |
| <b>Jayden McDonald (8) M</b>       |        |                            |       |        |        |
| DQ                                 | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | ---    |
| DQ                                 | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 25.99S                             | F # 20 | Mixed 12 & Under 25 Free   | ---   | ---    | -0.07  |
| <b>Kyan McDonald (10) M</b>        |        |                            |       |        |        |
| 24.40S                             | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -8.79  |
| 51.94S Bron                        | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | -1.94  |
| 1:11.63S                           | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | -1.50  |
| 48.00S                             | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 1.39   |
| <b>Aimee Mortimer (9) F</b>        |        |                            |       |        |        |
| 27.10S                             | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -1.93  |
| 56.60S                             | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | ---    |
| 1:15.60S                           | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | ---    |
| 54.70S                             | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 0.75   |
| <b>James Mortimer (10) M</b>       |        |                            |       |        |        |
| 3:31.37S                           | F # 5  | Mixed 8-24 200 Free        | ---   | ---    | ---    |
| 2:01.09S Bron                      | F # 11 | Mixed 8-24 100 Breast      | ---   | ---    | ---    |
| 54.76S                             | F # 17 | Mixed 8-24 50 Back         | ---   | ---    | -4.55  |
| <b>Daniel Nikolov (10) M</b>       |        |                            |       |        |        |
| 29.56S                             | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | 5.78   |
| 53.88S Bron                        | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | -0.97  |
| 59.00S Bron                        | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | -1.05  |
| 49.25S                             | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 1.91   |
| <b>Janelle Oppong-Baffoe (9) F</b> |        |                            |       |        |        |
| 3:52.29S                           | F # 3  | Mixed 8-24 200 Back        | ---   | ---    | -4.57  |
| 1:47.14S Bron                      | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -16.27 |
| 52.12S Bron                        | F # 16 | Mixed 8-24 50 Fly          | ---   | ---    | -11.83 |
| <b>Olivia Oppong-Baffoe (12) F</b> |        |                            |       |        |        |
| 3:51.02S                           | F # 4  | Mixed 8-24 200 Breast      | ---   | ---    | -16.58 |
| 1:31.90S Gold                      | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -3.55  |
| 34.44S Gold                        | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 0.46   |

## Erith and District Swimming Club

### Individual Meet Results - Standard: EDSC

EDSC Time Trials 23-Apr-17 SC Meters

Location: Crook Log Leisure Centre

Erith &amp; District SC [ERIL] Coach: Michael Cook

| Time                                   | F/P/S       | Event                      | Place | Points | Improv |
|--|-------------|----------------------------|-------|--------|--------|
| <b>Nina Oreskovic (9) F</b>            |             |                            |       |        |        |
| 3:18.43S                               | F # 3       | Mixed 8-24 200 Back        | ---   | ---    | 1.34   |
| 1:37.26S                               | Silv F # 10 | Mixed 8-24 100 Back        | ---   | ---    | -0.18  |
| 51.41S                                 | Bron F # 16 | Mixed 8-24 50 Fly          | ---   | ---    | 2.73   |
| <b>Alex Pangaribuan-Dunsmore (8) M</b> |             |                            |       |        |        |
| 4:01.47S                               | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | -9.69  |
| 1:35.41S                               | Bron F # 12 | Mixed 8-24 100 Free        | ---   | ---    | -0.96  |
| 51.25S                                 | Bron F # 17 | Mixed 8-24 50 Back         | ---   | ---    | 0.48   |
| <b>Jess Parratt (9) F</b>              |             |                            |       |        |        |
| 25.50S                                 | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | -0.72  |
| 50.72S                                 | Bron F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | -8.75  |
| DQ                                     | F # 15      | Mixed 12 & Under 50 Breast | ---   | ---    | ---    |
| 51.41S                                 | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | 0.34   |
| <b>Lily Parratt (9) F</b>              |             |                            |       |        |        |
| 23.78S                                 | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | -3.17  |
| 53.00S                                 | Bron F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | -0.89  |
| 58.25S                                 | Bron F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | -4.28  |
| 45.84S                                 | Bron F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | -1.05  |
| <b>Rosie Payn (13) F</b>               |             |                            |       |        |        |
| 3:44.37S                               | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | -12.73 |
| 1:37.27S                               | Silv F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -0.80  |
| 39.87S                                 | Silv F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 0.75   |
| <b>Willow Powell (10) F</b>            |             |                            |       |        |        |
| 26.96S                                 | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | -8.70  |
| 1:00.72S                               | F # 8       | Mixed 12 & Under 50 Back   | ---   | ---    | 1.16   |
| 1:02.37S                               | F # 15      | Mixed 12 & Under 50 Breast | ---   | ---    | ---    |
| 51.62S                                 | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | 0.04   |
| <b>Rheeya Ramgoolam (12) F</b>         |             |                            |       |        |        |
| 4:14.62S                               | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | -4.53  |
| 1:52.46S                               | Bron F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -1.21  |
| 44.93S                                 | Bron F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 1.04   |
| <b>Lily Rayner (15) F</b>              |             |                            |       |        |        |
| 3:16.88S                               | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | ---    |
| 1:34.88S                               | Plat F # 11 | Mixed 8-24 100 Breast      | ---   | ---    | ---    |
| 33.56S                                 | Gold F # 19 | Mixed 8-24 50 Free         | ---   | ---    | ---    |
| <b>Abbey Retour (14) F</b>             |             |                            |       |        |        |
| 2:25.19S                               | F # 5       | Mixed 8-24 200 Free        | ---   | ---    | -6.38  |
| 1:15.66S                               | Plat F # 10 | Mixed 8-24 100 Back        | ---   | ---    | -2.25  |
| 42.85S                                 | Gold F # 18 | Mixed 8-24 50 Breast       | ---   | ---    | 0.78   |
| <b>Bethany Russell (9) F</b>           |             |                            |       |        |        |
| DQ                                     | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 32.50S                                 | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | -2.47  |
| DQ                                     | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 1:08.30S                               | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | 5.30   |

## Erith and District Swimming Club

### Individual Meet Results - Standard: EDSC

EDSC Time Trials 23-Apr-17 SC Meters

Location: Crook Log Leisure Centre

Erith &amp; District SC [ERIL] Coach: Michael Cook

| Time                           | F/P/S  | Event                      | Place | Points | Improv |
|--------------------------------|--------|----------------------------|-------|--------|--------|
| <b>Sophie Russell (11) F</b>   |        |                            |       |        |        |
| 32.50S                         | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -1.03  |
| DQ                             | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | ---    |
| 1:04.78S                       | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | -4.29  |
| 54.18S                         | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | -0.13  |
| <b>Lica Santos-Moya (11) F</b> |        |                            |       |        |        |
| 3:13.00S                       | F # 3  | Mixed 8-24 200 Back        | ---   | ---    | -7.85  |
| 1:18.49S Gold                  | F # 12 | Mixed 8-24 100 Free        | ---   | ---    | 1.33   |
| 35.41S Gold                    | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 1.08   |
| <b>Maria Santos-Moya (9) F</b> |        |                            |       |        |        |
| 24.65S                         | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -0.38  |
| DQ                             | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | ---    |
| 1:15.31S                       | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | 0.84   |
| 54.88S                         | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 1.36   |
| <b>Ashton Seager (10) M</b>    |        |                            |       |        |        |
| 25.44S                         | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -1.15  |
| 52.14S Bron                    | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | 1.84   |
| 59.44S Bron                    | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | 2.99   |
| 49.62S                         | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 4.39   |
| <b>Lucy Sproston (9) F</b>     |        |                            |       |        |        |
| 3:18.43S                       | F # 3  | Mixed 8-24 200 Back        | ---   | ---    | -11.89 |
| 1:46.25S Bron                  | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -1.00  |
| 43.37S Bron                    | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 2.12   |
| <b>Vinnie Strong (10) M</b>    |        |                            |       |        |        |
| 25.75S                         | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -3.78  |
| 52.16S Bron                    | F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | 0.04   |
| 1:03.85S                       | F # 15 | Mixed 12 & Under 50 Breast | ---   | ---    | -1.18  |
| 46.00S Bron                    | F # 21 | Mixed 12 & Under 50 Free   | ---   | ---    | 2.00   |
| <b>Ben Threader (12) M</b>     |        |                            |       |        |        |
| 3:50.62S                       | F # 4  | Mixed 8-24 200 Breast      | ---   | ---    | ---    |
| 1:36.72S Silv                  | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | -3.75  |
| 50.19S Silv                    | F # 18 | Mixed 8-24 50 Breast       | ---   | ---    | -0.09  |
| <b>Rowan Threader (8) M</b>    |        |                            |       |        |        |
| 36.78S                         | F # 1  | Mixed 12 & Under 25 Fly    | ---   | ---    | -0.22  |
| 28.50S                         | F # 7  | Mixed 12 & Under 25 Back   | ---   | ---    | -0.09  |
| 44.03S                         | F # 14 | Mixed 12 & Under 25 Breast | ---   | ---    | 2.63   |
| 26.47S                         | F # 20 | Mixed 12 & Under 25 Free   | ---   | ---    | -2.15  |
| <b>Matthew Todorov (13) M</b>  |        |                            |       |        |        |
| 3:00.38S                       | F # 5  | Mixed 8-24 200 Free        | ---   | ---    | 4.32   |
| DQ                             | F # 13 | Mixed 8-24 100 IM          | ---   | ---    | ---    |
| 32.93S Gold                    | F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 0.36   |
| <b>Katie Tremain (11) F</b>    |        |                            |       |        |        |
| 3:00.36S                       | F # 5  | Mixed 8-24 200 Free        | ---   | ---    | -12.66 |
| 1:45.99S Silv                  | F # 11 | Mixed 8-24 100 Breast      | ---   | ---    | -2.62  |
| 47.10S Bron                    | F # 16 | Mixed 8-24 50 Fly          | ---   | ---    | -0.63  |



## Erith and District Swimming Club

### Individual Meet Results - Standard: EDSC

EDSC Time Trials 23-Apr-17 SC Meters

Location: Crook Log Leisure Centre

Erith & District SC [ERIL] Coach: Michael Cook

| Time                            | F/P/S       | Event                      | Place | Points | Improv |
|---------------------------------|-------------|----------------------------|-------|--------|--------|
| <b>Archie Turner (12) M</b>     |             |                            |       |        |        |
| 4:34.56S                        | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | 2.48   |
| 1:34.31S                        | Bron F # 12 | Mixed 8-24 100 Free        | ---   | ---    | 2.96   |
| 54.57S                          | F # 17      | Mixed 8-24 50 Back         | ---   | ---    | 4.72   |
| <b>Ella Turner (11) F</b>       |             |                            |       |        |        |
| 4:33.75S                        | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | ---    |
| 1:56.98S                        | Bron F # 13 | Mixed 8-24 100 IM          | ---   | ---    | 8.75   |
| 41.91S                          | Bron F # 19 | Mixed 8-24 50 Free         | ---   | ---    | 1.92   |
| <b>Evie Turner (8) F</b>        |             |                            |       |        |        |
| 38.56S                          | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | -0.88  |
| DQ                              | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | ---    |
| 34.19S                          | F # 20      | Mixed 12 & Under 25 Free   | ---   | ---    | -1.44  |
| <b>Georgia Turner (11) F</b>    |             |                            |       |        |        |
| 3:06.56S                        | F # 6       | Mixed 8-24 200 IM          | ---   | ---    | -17.72 |
| 1:30.78S                        | Gold F # 10 | Mixed 8-24 100 Back        | ---   | ---    | -9.75  |
| 35.69S                          | Gold F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -4.11  |
| <b>Phoebe Tutheridge (12) F</b> |             |                            |       |        |        |
| 4:21.20S                        | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | ---    |
| 1:54.02S                        | Bron F # 13 | Mixed 8-24 100 IM          | ---   | ---    | 0.74   |
| 45.95S                          | Bron F # 19 | Mixed 8-24 50 Free         | ---   | ---    | -0.73  |
| <b>Hollie Tynan (9) F</b>       |             |                            |       |        |        |
| 26.79S                          | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | -0.21  |
| 53.50S                          | Bron F # 8  | Mixed 12 & Under 50 Back   | ---   | ---    | -1.78  |
| 1:09.09S                        | F # 15      | Mixed 12 & Under 50 Breast | ---   | ---    | -0.11  |
| 48.91S                          | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | 3.11   |
| <b>Anna Vosper (7) F</b>        |             |                            |       |        |        |
| 32.88S                          | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | -15.62 |
| 27.05S                          | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | -2.10  |
| 31.48S                          | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | -5.92  |
| 29.18S                          | F # 20      | Mixed 12 & Under 25 Free   | ---   | ---    | -0.82  |
| <b>Maisy Vosper (14) F</b>      |             |                            |       |        |        |
| 4:18.75S                        | F # 4       | Mixed 8-24 200 Breast      | ---   | ---    | 4.16   |
| 1:56.64S                        | Bron F # 13 | Mixed 8-24 100 IM          | ---   | ---    | 7.58   |
| 49.37S                          | F # 19      | Mixed 8-24 50 Free         | ---   | ---    | 5.03   |
| <b>Darcie Woodgate (8) F</b>    |             |                            |       |        |        |
| DQ                              | F # 1       | Mixed 12 & Under 25 Fly    | ---   | ---    | ---    |
| 30.97S                          | F # 7       | Mixed 12 & Under 25 Back   | ---   | ---    | 1.48   |
| 31.62S                          | F # 14      | Mixed 12 & Under 25 Breast | ---   | ---    | -4.37  |
| 1:04.28S                        | F # 21      | Mixed 12 & Under 50 Free   | ---   | ---    | 1.94   |