Erith and District Swimming Club

Individual Meet Results - Standard: EDSC

London Region Championships 2016 08-Apr-16 to 10-Apr-16 [Ageup: 31/12/2016] LC Meters

Location: Crystal Palace

Erith & District SC [ERIL] Coach: Michael Cook Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Myles Ellis (17) M					
28.99L	F # 17	Male 50 Fly			1.21
Lewis Hayes (1	5) M				
27.63L	F # 1	Male 50 Free			-0.12
33.19L	F # 11	Male 50 Breast			0.75
33.72L	P # 11	Male 50 Breast			1.28
1:16.29L	F # 13	Male 100 Breast			-0.04
1:16.67L	P # 13	Male 100 Breast			0.34
2:47.49L	P # 15	Male 200 Breast			-1.97
2:51.32L	F # 15	Male 200 Breast			1.86
29.78L	F # 17	Male 50 Fly			0.39
Danielle Hills (16) F				
36.17L	P # 12	Female 50 Breast			0.57
36.29L	F # 12	Female 50 Breast			0.69
1:20.52L	F # 14	Female 100 Breast			0.99
1:20.89L	P # 14	Female 100 Breast			1.36
3:01.65L	F # 16	Female 200 Breast			7.86
George Hills (1	6) M				
33.35L	F # 11	Male 50 Breast			0.06
33.71L	P # 11	Male 50 Breast			0.42
1:13.64L	F # 13	Male 100 Breast			-0.82
1:14.53L	P # 13	Male 100 Breast			0.07
29.54L	F # 17	Male 50 Fly			0.43
		Male 3011y			0.43
Madison Retour 40.57L	r (15) F F # 12	Female 50 Breast			1.10
		remaie 30 breast			1.19
Ruby Verge (16					
27.85L	F # 2	Female 50 Free			-0.11
28.19L	P # 2	Female 50 Free			0.23
1:01.57L	F # 4	Female 100 Free			0.73
31.58L	F # 7	Female 50 Back			0.39
31.68L	P # 7	Female 50 Back			0.49
1:07.86L	P # 9	Female 100 Back			1.32
1:08.90L	F # 9	Female 100 Back			2.36
35.41L	P # 12	Female 50 Breast			-0.26
35.90L	F # 12	Female 50 Breast			0.23
James Vick (17) M				
25.67L	F # 1	Male 50 Free			0.25
58.84L	F # 3	Male 100 Free			1.61
33.52L	F # 11	Male 50 Breast			1.14