

Erith & District Swimming Club							
National Arena League		18 Personal Best Performances			10.11.12		
1	Ladies Open 4x25m Individual Medley	Caitlin Colman			1.18.16	6th	
2	Mens Open 4x25m Individual Medley	Tommy Cowell			1.16.36	6th	
3	Girls 9-11 4x50m Freestyle Relay	Rebecca T	Madison R	Lucy J	Abbey R	2.32.09	5th
4	Boys 9-11 4x50m Freestyle Relay	Connor P	Lewis H	Nathan B	Freddie C	2.20.37	3rd
5	Girls 13/U 4x50m Medley Relay	Ruby V	Georgia B	Jade L	Connie T	2.32.43	6th
6	Boys 13/U 4x50m Medley Relay	James V	Joseph L	Alex S	Luke T	2.24.73	3rd
7	Girls 15/U 4x50m Freestyle Relay	Holly F	Jade H	Emily S	Ruby V	2.05.71	5th
8	Boys 15/U 4x50m Freestyle Relay	Stuart C	Daniel W	George L	Ben H	1.56.98	5th
9	Ladies Open 4x50m Medley Relay	Emily W	Holly F	Caitlin C	Sarah-Lou SG	2.24.08	4th
10	Mens Open 4x50m Medley Relay	Daniel B	Conor M	Mark R	Tommy C	2.03.92	5th
11	Girls 10/11 50m Backstroke	Rebecca Tough			44.71	4th	
12	Boys 10/11 50m Backstroke	Connor Parker			<i>off back other than to initiate turn</i>	no time	DQ
13	Girls 13/U 100m Breaststroke	Georgia Burdett			1.30.52	5th	
14	Boys 13/U 100m Breaststroke	Joseph Leigh			1.33.11	4th	
15	Girls 15/U 100m Backstroke	Holly Fryett			1.14.82	3rd	
16	Boys 15/U 100m Backstroke	Stuart Cunningham			1.15.16	6th	
17	Girls Open 100m Butterfly	Emily White			1.15.11	5th	
18	Boys Open 100m Butterfly	Mark Russell			sb 1.04.65	3rd	
19	Girls 10/11 50m Butterfly	Lucy Jeffery			45.53	5th	
20	Boys 10/11 50m Butterfly	Lewis Hayes			39.13	3rd	
21	Girls 13/U 100m Backstroke	Ruby Verge			pb 1.17.91	3rd	
22	Boys 13/U 100m Backstroke	James Vick			pb 1.20.42	4th	
23	Girls 15/U 100m Butterfly	Emily Simmons			1.23.44	6th	
24	Boys 15/U 100m Butterfly	Daniel Wesley			1.13.97	6th	
25	Ladies Open 100m Backstroke	Caitlin Colman			1.18.19	5th	
26	Mens Open 100m Backstroke	Stuart Cunningham			1.14.65	6th	
27	Girls 10/11 50m Breaststroke	Madison Retour			pb 45.36	5th	
28	Boys 10/11 50m Breaststroke	Lewis Hayes			44.68	1st	
29	Girls 13/U 100m Butterfly	Georgia Burdett			1.29.79	5th	
30	Boys 13/U 100m Butterfly	Alex Song			1.16.70	2nd	
31	Girls 15/U 100m Freestyle	Jade Hughes			pb 1.08.32	4th	
32	Boys 15/U 100m Freestyle	Ben Hughes			1.03.80	5th	
33	Ladies Open 100m Breaststroke	Sarah-Louise Shattock-Gomez			pb 1.35.57	6th	
34	Mens Open 100m Breaststroke	Conor Middleton			1.18.66	5th	
35	Girls 10/11 50m Freestyle	Madison Retour			<i>moving at start</i>	no time	DQ
36	Boys 10/11 50m Freestyle	Connor Parker			36.38	5th	
37	Girls 13/U 100m Freestyle	Ruby Verge			pb 1.09.18	5th	
38	Boys 13/U 100m Freestyle	Alex Song			pb 1.08.49	3rd	
39	Girls 15/U 100m Breaststroke	Holly Fryett			1.29.54	5th	
40	Boys 15/U 100m Breaststroke	George Leigh			1.19.00	2nd	
41	Ladies Open 100m Freestyle	Emily White			1.07.11	6th	
42	Mens Open 100m Freestyle	Daniel Bassett			57.63	3rd	
43	Girls 9-11 4x50m Medley Relay	Rebecca T	Madison R	Lucy J	Abbey R	no time	DQ
44	Boys 9-11 4x50m Medley Relay	Lewis H	Connor P	Nathan B	Freddie C	2.53.15	3rd
45	Girls 13/U 4x50m Freestyle Relay	Georgia B	Jade L	Connie T	Ruby V	2.16.75	5th
46	Boys 13/U 4x50m Freestyle Relay	Luke T	James V	Alex S	Lewis H	2.10.01	3rd
47	Girls 15/U 4x50m Medley Relay	Holly F	Georgia B	Emily S	Jade H	2.26.80	5th
48	Boys 15/U 4x50m Medley Relay	Stuart C	George L	Daniel W	Ben H	2.11.18	5th
49	Ladies Open 6x50m Free Squadron	Caitlin C	Emily W	Holly F			
		Sarah-Lou SG	Ruby V	Jade H		3.06.81	5th
50	Mens Open 6x50m Free Squadron	Tommy C	Conor M	Daniel B			
		Paul N	Ben H	Mark R		2.43.98	4th
Round II of III Gala Result				Our League Postion is 15th out of 17			
1	Croydon Amphibians	245	12th	Dartford District	321	5	
2	Dover Lifeguard	210	13th	East Grinstead	292	5	
3	RTW Monson	203	14th	Beckenham B	280.5	3	
4	Elmbridge Phoenix	168	15th	Erith & District	241	3	
5	Erith & District	121	16th	Maidstone	294	2	
6	Gravesend & Northfleet	89	17th	Gravesend & Northfleet	189	2	