

EDSC takes part in the following leagues:-

Tudor League

The Tudor League is for swimmers of all ages and consists of 6 galas held locally during the first 6 months of the year. The league comprises 8 local teams and is an introduction to competing. Swimmer selection is made by the club coaches. Upper time limits, which are usually set as the Kent County Championship qualifying times, are set for each event in order to restrict the level of competition. The first 5 rounds count towards the overall finish position in the league, with the 6th gala run as a separate competition whereby swimmers compete to win the Tudor Cup. The EDSC aim for this league is to introduce new swimmers to competition and to give as many swimmers as possible the opportunity to compete.

White Horse League

The White Horse League is for swimmers of all ages and consists of 4 galas held locally during the first 6 months of the year. The league comprises 8 local teams and picks up where Tudor League finishes in terms of standard. Swimmer selection is made by the club coaches, Upper time limits, are set for each event in order to restrict the level of competition. All 4 rounds count towards the overall finish position in the league. The EDSC aim for this league is to field the strongest team possible by selecting the fastest swimmers in each age group and stroke.

Kent Junior League

The Kent Junior League is for swimmers up to 13 years of age and consists of 3 galas held across the County in March, June and September. The league comprises 24 teams with the aim of finding out who is the club with the fastest junior team in the County. There are no upper time limits so the level of competition is not restricted. Swimmer selection is made by the club coaches. All 3 rounds count towards the overall finish position in the league. The EDSC aim for this league is to field the strongest team possible by selecting the fastest swimmers in each age group and stroke.

National Arena League

The National Arena League is for swimmers of all ages and consists of 3 galas held in October, November and December. EDSC currently compete in the National Arena League South, which comprises around 90 teams from the south of England but there are numerous other regions running their own competition at the same time. The ultimate aim of the league is to crown the best club in the country. There are no upper time limits so the level of competition is not restricted. Swimmer selection is made by the club coaches. All 3 rounds count towards the overall finish position on the league with top and bottom placed teams being promoted / relegated. The EDSC aim for this league is to field the strongest team possible by selecting the fastest swimmers in each age group.

Team Selection Policy

To have the opportunity to be selected to represent EDSC, you will be required to have the following attributes:

- You are a hard worker.
- You have great attendance.
- You have a great aptitude for your sport.
- You have a great attitude towards coaches, volunteers and your fellow teammates.
- You go the extra mile.
- You are a team player.
- You are injury free.

Team selection is done by the Coach responsible for the team event.

League	Coach
The Tudor League	Paul Graimes
The White Horse League	Damian Edmonds
Kent Junior League	Paul Graimes
National Arena League	Damian Edmonds

Selections will be made primarily on times recorded in Swim Club Manager from the current and previous season. Coaches will also take in to consideration:

- Behaviour and effort in training.
- Injuries/illness.
- Training attendance.

Swimmers may be selected for any number of event(s), understanding that what works best for the team may mean that an individual is not necessarily selected for their favoured event(s). Occasionally, swimmers may be selected to compete solely in relays, where it is considered, it will improve the team's point score.

Swimmers may not be selected under the following circumstances:

- If a swimmer has not adhered to the EDSC Code of Conduct.
- If a swimmer has withdrawn themselves in a previous rounds of the league in an unsatisfactory way.
- If a response is not given in a timely manner that the swimmer will / won't be able to attend.

Remember.... It's a huge honour and privilege to be selected to represent your club. Go EDSC!